Cuban Inspired Menu

Soup and Salad

Avocado and Mango Salad Cuban Avocado and Watercress Salad Cuban Black Bean Soup Cuban Lentil Soup

Appetizers

Tostones
Cuban Sandwich Bites

entrees

Cuban Ropa Vieja Cuban Citrus Marinated Fish Cuban Mojo Marinated Pork

Sides

Cuban Rice and Beans
Cuban Yuca
Cuban Sweet Plantains
Harvest Medley
Sweet Potato and Russet Mash
Green Bean Almondine

Desserts

Mango and Coconút Chia Pudding
Cuban Tres Leches Cake
Guava and Cream Cheese Pastelitos
Cuban Flan
Tropical Guava Cheesecake Bars
Cuban Mojito Shortbread Cookies
Boniatillo (Cuban Sweet Potato Pudding)
Pastelitos de Coco (Coconút Pastries)

Avocado and Mango Salad

with Hibiscus Tea Vinaigrette

A refreshing salad featuring creamy avocado and sweet mango, dressed with a tangy hibiscus tea vinaigrette.

PREP TIME: 15 minutes

2 ripe avocados, diced 1 T lime juice 1 ripe mango, diced 1 t honey

1/4 C red onion, finely chopped Salt and pepper to taste

1/4 C Hibiscus tea, brewed and cooled 1 sm bunch fresh mint, chopped

2 T olive oil

PREPARE THE VINAIGRETTE In a bowl, whisk together Hibiscus tea, olive oil, lime juice, honey, salt, and pepper until well combined.

ASSEMBLE THE SALAD In a large bowl, combine diced avocado, mango, and red onion.

DRESS THE SALAD Pour the hibiscus tea vinaignette over the salad and toss gently to combine.

GARNISH WITH CHOPPED fresh mint before serving.

Cuban Avocado and Watercress Salad

with Citrus Green Tea Vinaigrette

A vibrant and refreshing salad featuring creamy avocado and peppery watercress, dressed with a zesty citrus green tea vinaigrette.

PREP TIME: 15 minutes

2 ripe avocados, sliced 1 T fresh orange juice 4 C watercress, washed and trimmed 1 T fresh lime juice

1 med red onion, thinly sliced 1 thoney

1/4 C Adagio Citrus Green Tea, brewed and Salt and pepper to taste

cooled 1 sm bunch fresh cilantro, chopped

2 Tolive oil

PREPARE THE VINAIGRETTE In a bowl, whisk together Adagio Citrus Green Tea, olive oil, orange juice, lime juice, honey, salt, and pepper until well combined.

ASSEMBLE THE SALAD In a large bowl, combine sliced avocado, watercress, and red onion.

DRESS THE SALAD Pour the citrus green tea vinaigrette over the salad and toss gently to combine.

GARNISH WITH chopped fresh cilantro before serving.

Cuban Lentil Soup

with Smoky Lapsang Souchong

A hearty and comforting lentil soup with a smoky depth of flavor from Lapsang Souchong tea.

PREP TIME: 15 minutes **COOK TIME:** 45 minutes

1 C dried lentils, rinsed 1 t oregano

1 med onion, chopped 1/4 C Adagio Lapsang Souchong Tea, brewed

2 cloves garlic, minced and cooled

1 med carrot, diced 4 C vegetable broth

1 med potato, diced 1 bay leaf

1 med green bell pepper, chopped Salt and pepper to taste

1 t cumin 1 sm bunch fresh parsley, chopped

PREPARE THE BASE In a large pot, heat olive oil over medium heat. Add onion, garlic, carrot, potato, and green bell pepper. Cook until softened.

ADD THE LENTILS Add lentils, cumin, oregano, Adagio Lapsang Souchong Tea, vegetable broth, and bay leaf.

SIMMER Bring to a boil, then reduce heat and simmer for 45 minutes or until the lentils are tender. Season with salt and pepper.

LADLE THE SOUP into bowls and garnish with chopped fresh parsley.

Cuban Black Bean Soup

with Citrus Green Mint Tea

A hearty and flavorful black bean soup infused with the bright notes of citrus green tea.

PREP TIME: 15 minutes **COOK TIME:** 45 minutes

1 lb dried black beans, soaked overnight 1/4 C Citrus Mint Green tea, brewed and

1 med onion, chopped cooled

2 cloves garlic, minced 4 C vegetable broth

1 med green bell pepper, chopped 1 bay leaf

1 med red bell pepper, chopped Salt and pepper to taste

1 t cumin 1 sm bunch fresh cilantro, chopped

1 t oregano 1 med lime, cut into wedges

PREPARE THE BASE In a large pot, heat olive oil over medium heat. Add onion, garlic, green bell pepper, and red bell pepper. Cook until softened.

ADD THE BEANS Drain and rinse the soaked black beans. Add them to the pot along with cumin, oregano, Citrus Mint Green tea, vegetable broth, and bay leaf.

SIMMER Bring to a boil, then reduce heat and simmer for 45 minutes or until the beans are tender. Season with salt and pepper.

LADLE the soup into bowls and garnish with chopped fresh cilantro. Serve with lime wedges on the side.

Tostones

with Mojo Sauce and Mango Tea

Crispy fried plantains served with a tangy mojo sauce infused with the tropical flavors of mango black tea.

PREP TIME: 15 minutes **COOK TIME:** 20 minutes

2 lg green plantains, peeled and sliced into 1-4 cloves garlic, minced inch rounds

Vegetable oil for frying

Salt to taste

1/4 C Mango tea, brewed and cooled

1/4 C olive oil

1/4 C fresh orange juice

2 T fresh lime juice

1 t cumin

1/2 t oregano

Salt and pepper to taste

1 sm bunch fresh cilantro, chopped

FRY THE PLANTAINS. Heat vegetable oil in a skillet over medium-high heat. Fry plantain slices until golden brown, about 2-3 minutes per side. Remove and drain on paper towels.

FLATTEN AND FRY AGAIN Using a flat object, gently flatten each plantain slice. Return to the skillet and fry again until crispy. Drain on paper towels and season with salt.

PREPARE THE MOJO SAUCE In a bowl, mix Mango tea, olive oil, orange juice, lime juice, garlic, cumin, oregano, salt, and pepper until well combined.

ARRANGE TOSTONES on a platter and serve with mojo sauce. Garnish with chopped fresh cilantro.

Cuban Sandwich Bites

with Wuyi Ensemble Tea

Mini versions of the classic Cuban sandwich, featuring smoky pork, ham, Swiss cheese, and pickles, with a hint of Wuyi Ensemble tea.

PREP TIME: 20 minutes **COOK TIME: 10 minutes**

1/2 lb roast pork, thinly sliced

1/4 C Wuyi Ensemble tea, brewed and cooled

1/2 lb ham, thinly sliced

1/4 lb Swiss cheese, sliced

1/4 C dill pickles, sliced 1/4 C yellow mustard

1 baguette, sliced into small rounds

2 T butter, melted

MARINATE THE PORK In a bowl, mix sliced roast pork with Wuyi Ensemble tea. Let marinate for 15 minutes.

ASSEMBLE THE BITES Preheat a griddle or skillet over medium heat. Spread mustard on each baguette slice. Layer with marinated pork, ham, Swiss cheese, and pickles. Top with another baguette slice.

GRILL THE BITES Brush the outside of each sandwich bite with melted butter. Grill until the bread is golden and the cheese is melted.

ARRANGE ON A PLATTER and serve warm.

Cuban Ropa Vieja

with Jackfruit and Rooibos Tea

A vegan twist on the classic Cuban dish, featuring shredded jackfruit simmered in a rich tomato sauce with the subtle sweetness of rooibos tea.

PREP TIME: 20 minutes COOK TIME: 40 minutes

2 cans (20 oz each) young jackfruit, drained and shredded

1 med onion, thinly sliced

1 med red bell pepper, thinly sliced1 med green bell pepper, thinly sliced

2 cloves garlic, minced

1 t cumin

1 t smoked paprika

1/4 C Rooibos Tea, brewed and cooled

1 can (15 oz) diced tomatoes

1/4 C tomato paste1/4 C vegetable brothSalt and pepper to taste

1 sm bunch fresh cilantro, chopped

PREPARE THE BASE In a large skillet, heat olive oil over medium heat. Add onion, red bell pepper, green bell pepper, and garlic. Cook until softened.

ADD THE JACKFRUIT Stir in shredded jackfruit, cumin, and smoked paprika. Cook for a few minutes until the jackfruit is well coated with the spices.

SIMMER Add Adagio Rooibos Tea, diced tomatoes, tomato paste, and vegetable broth. Bring to a simmer and cook for 30 minutes until the sauce is thickened. Season with salt and pepper.

GARNISH WITH chopped fresh cilantro before serving.

Cuban Citrus Marinated Fish

with Mango Black Tea

A flavorful and zesty fish dish marinated in a citrus and mango black tea blend, then grilled to perfection.

PREP TIME: 15 minutes **MARINATE TIME:** 30 minutes

COOK TIME: 10 minutes

4 white fish fillets (such as snapper or grouper)

1/4 C Mango tea, brewed and cooled

1 med orange, juiced and zested Salt and pepper to taste

1 med lime, juiced and zested 1 sm bunch fresh cilantro, chopped

2 cloves garlic, minced

PREPARE THE MARINADE In a bowl, mix Mango tea, orange juice, lime juice, garlic, olive oil, cumin, salt, and pepper.

1 Tolive oil

1 t cumin

MARINATE THE FISH. Place fish fillets in a resealable bag and pour in the marinade. Refrigerate for at least 30 minutes.

GRILL THE FISH. Preheat the grill to medium-high heat. Grill fish fillets for 4-5 minutes per side until cooked through and flaky.

GARNISH with chopped fresh cilantro before serving.

Cuban Mojo Marinated Pork

with Yunnan Noir Tea

A succulent and flavorful pork dish marinated in a traditional Cuban mojo sauce, enhanced with the rich notes of black tea.

PREP TIME: 20 minutes **MARINATE TIME:** 4 hours or overnight

COOK TIME: 2 hours

4 lb pork shoulder 1 T oregano

1/4 C Adagio Black Tea, brewed and cooled 1 t salt

1/2 C fresh orange juice1/2 t black pepper1/4 C fresh lime juice1/4 C olive oil

6 cloves garlic, minced 1 sm bunch fresh cilantro, chopped

1 T cumin

PREPARE THE MARINADE In a bowl, mix Adagio Black Tea, orange juice, lime juice, garlic, cumin, oregano, salt, pepper, and olive oil.

MARINATE THE PORK Place pork shoulder in a resealable bag and pour in the marinade. Refrigerate for at least 4 hours or overnight.

ROAST THE PORK Preheat the oven to 325°F. Place the marinated pork in a roasting pan and cover with foil. Roast for 2 hours or until the pork is tender and easily shredded.

SHRED THE PORK and garnish with chopped fresh cilantro before serving.

Cuban Rice and Beans

with Rooibos Tea

A classic Cuban side dish of rice and beans, infused with the subtle sweetness of rooibos tea.

PREP TIME: 10 minutes **COOK TIME:** 30 minutes

1 C long-grain white rice 1 t oregano

1 can (15 oz) black beans, drained and rinsed 1/4 C Adagio Rooibos Tea, brewed and

1 med onion, chopped cooled

2 cloves garlic, minced 2 C vegetable broth 1 med green bell pepper, chopped Salt and pepper to taste

1 t cumin 1 sm bunch fresh cilantro, chopped

PREPARE THE BASE In a large pot, heat olive oil over medium heat. Add onion, garlic, and green bell pepper. Cook until softened.

ADD THE RICE AND BEANS Stir in rice, black beans, cumin, oregano, Adagio Rooibos Tea, and vegetable broth. Bring to a boil.

SIMMER Reduce heat, cover, and simmer for 20 minutes or until the rice is tender. Season with salt and pepper.

FLUFF THE RICE with a fork and garnish with chopped fresh cilantro before serving.

Cuban Yuca

with Garlic Mojo and Hibiscus Tea

A traditional Cuban side dish of boiled yuca, served with a tangy garlic mojo sauce infused with hibiscus tea.

PREP TIME: 15 minutes **COOK TIME:** 25 minutes

2 lb yuca (cassava), peeled and cut into 6 cloves garlic, minced chunks 1/4 C fresh lime juice Salt and pepper to taste

1/4 C olive oil 1 sm bunch fresh parsley, chopped

COOK THE YUCA Boil yuca in salted water until tender, about 20 minutes. Drain and set aside.

PREPARE THE MOJO SAUCE In a skillet, heat olive oil over medium heat. Add garlic and cook until fragrant. Stir in Hibiscus tea and lime juice. Season with salt and pepper.

POUR THE MOJO SAUCE over the cooked yuca and garnish with chopped fresh parsley before serving.

Cuban Sweet Plantains

with Cinnamon and Vanilla Oolong Tea

Sweet and caramelized plantains with a hint of cinnamon and the warm flavors of Vanilla Oolong tea.

PREP TIME: 10 minutes **COOK TIME:** 15 minutes

4 ripe plantains, peeled and sliced 2 T brown sugar 2 T unsalted butter 1 t cinnamon 1/4 C Vanilla Oolong tea, brewed and cooled 1/4 t salt

PREPARE THE PLANTAINS In a large skillet, melt butter over medium heat. Add plantain slices and cook until golden brown on both sides.

ADD THE FLAVORS Stir in Vanilla Oolong tea, brown sugar, cinnamon, and salt. Cook until the plantains are caramelized, and the sauce is thickened.

TRANSFER TO a serving dish and serve warm.

Harvest Medley

with Spiced Apple Chai Tea Glaze

A colorful and flavorful medley of harvest vegetables, including butternut squash, honeynut squash, delicata squash, apples, pears, and Brussels sprouts, all glazed with a spiced apple tea reduction.

PREP TIME: 20 minutes **COOK TIME:** 40 minutes

2 C butternut squash, cubed 4 C Brussels sprouts, halved

2 C honeynut squash, cubed 2 T olive oil

2 C delicata squash, sliced 1 T Spiced Apple Chai Tea

2 lg apples, sliced 1/4 C maple syrup

2 lg pears, sliced Salt and pepper to taste

PREPARE THE GLAZE: Brew the Spiced Apple Chai Tea in 1/4 C hot water and let it steep for 5 minutes. Mix the brewed tea with maple syrup.

ROAST THE VEGETABLES: Preheat the oven to 400°F. Toss the butternut squash, honeynut squash, delicata squash, apples, pears, and Brussels sprouts with olive oil, salt, and pepper. Spread on a baking sheet and roast for 30 minutes.

GLAZE AND FINISH: Drizzle the spiced apple tea glaze over the roasted vegetables and roast for an additional 10 minutes.

Sweet Potato and Russet Mash

with Cinnamon Rooibos Chai

A creamy and comforting blend of sweet potatoes and russet potatoes, enhanced with the warm flavors of cinnamon rooibos tea.

PREP TIME: 15 minutes **COOK TIME:** 25 minutes

3 lg sweet potatoes, peeled and cubed 1/2 C milk 3 lg russet potatoes, peeled and cubed 4 T butter

1 T Cinnamon Rooibos Chai tea Salt and pepper to taste

COOK THE POTATOES: In a large pot, bring water to a boil. Add sweet potatoes and russet potatoes, and cook until tender, about 20 minutes. Drain well.

INFUSE THE MILK: Brew the Cinnamon Rooibos Chai tea in 1/2 C hot milk and let it steep for 5 minutes.

MASH THE POTATOES: In a large bowl, mash the potatoes with the infused milk, butter, salt, and pepper until smooth and creamy.

Green Bean Almondine

with Green Bean Almondine Tea

A classic side dish of tender green beans tossed with toasted almonds and a bright Lemon Verbena tea infusion.

PREP TIME: 10 minutes **COOK TIME:** 15 minutes

1 lb green beans, trimmed1/4 C sliced almonds, toasted1 T Green Bean Almondine tea

2 T butter Salt and pepper to taste

INFUSE THE BUTTER: Brew the Green Bean Almondine tea in 1/4 C hot water and let it steep for 5 minutes. Melt the butter and mix it with the brewed tea.

COOK THE GREEN BEANS: In a large pot, bring water to a boil. Add green beans and cook until tender, about 5 minutes. Drain and transfer to a serving bowl.

TOSS AND SERVE: Toss the green beans with the Green Bean Almondine tea butter, toasted almonds, salt, and pepper.

Cranberry Orange Relish

with Hibiscus Tea

A zesty and refreshing cranberry orange relish, infused with the vibrant flavors of hibiscus tea.

PREP TIME: 10 minutes **COOK TIME:** 5 minutes

2 C fresh cranberries 1 T Hibiscus Tea 1 Ig orange, peeled and segmented 1/4 C water 1/2 C sugar

PREPARE THE TEA: Brew the Hibiscus tea in 1/4 C hot water and let it steep for 5 minutes.

MAKE THE RELISH: In a food processor, combine cranberries, orange segments, sugar, and the brewed Hibiscus tea. Pulse until finely chopped and well combined. Chill before serving.

Cuban Mojito Shortbread Cookies

These buttery shortbread cookies are infused with the refreshing flavors of a classic Cuban mojito, perfect for a tropical treat.

PREP TIME: 15 minutes **COOK TIME:** 15 minutes

1 C butter, softened
1/2 C powdered sugar
2 C flour
1 T wediterranean Mint tea
1 T lime zest
1 T fresh mint, chopped
1 t rum extract
1/4 t salt

PREPARE THE DOUGH: Brew the Mediterranean Mint Tea in 1/4 C hot water and let it steep for 5 minutes. In a large bowl, cream butter and powdered sugar until light and fluffy. Add flour, brewed tea, lime zest, fresh mint, rum extract, and salt. Mix until combined.

SHAPE AND BAKE: Preheat the oven to 350°F. Roll the dough into small balls and place on a baking sheet. Flatten slightly with a fork. Bake for 15 minutes or until the edges are lightly golden. Cool on a wire rack.

Boniatillo (Cuban Sweet Potato Pudding)

A creamy and luscious pudding made from sweet potatoes, a traditional Cuban dessert that's both comforting and delicious.

PREP TIME: 10 minutes **COOK TIME:** 30 minutes

2 lg sweet potatoes, peeled and cubed
1 C sugar
1/2 t ground cinnamon
1/4 t ground cloves
1/2 C water
1 t Cinnamon tea
1/4 t salt
1 t vanilla extract

COOK SWEET POTATOES: In a large pot, bring water to a boil. Add sweet potatoes and cook until tender, about 20 minutes. Drain and mash until smooth.

MAKE THE PUDDING: Brew the Cinnamon tea in 1/2 C hot water and let it steep for 5 minutes. In a saucepan, combine mashed sweet potatoes, sugar, brewed tea, ground cinnamon, ground cloves, salt, and vanilla extract. Cook over medium heat, stirring constantly, until thickened, about 10 minutes. Cool before serving.

Pastelitos de Coco (Coconut Pastries)

Flaky puff pastry filled with sweet coconut, these pastelitos are a beloved Cuban treat that's perfect for any occasion.

PREP TIME: 20 minutes **COOK TIME:** 20 minutes

2 puff pastry sheets, thawed 1 T Coconut tea 1 C shredded coconut 1 t vanilla extract

1/2 C sugar 1/4 C water 1/4 C water

PREPARE THE FILLING: Brew the Coconut tea in 1/4 C hot water and let it steep for 5 minutes. In a saucepan, combine shredded coconut, sugar, brewed tea, and water. Cook over medium heat until the mixture thickens, about 10 minutes. Stir in vanilla extract.

ASSEMBLE AND BAKE: Preheat the oven to 375°F. Cut puff pastry into squares and place a spoonful of coconut filling in the center of each square. Fold the pastry over to form a triangle and seal the edges with a fork. Brush with beaten egg. Bake for 20 minutes or until golden brown.

Mango and Coconut Chia Pudding

with Hibiscus Tea

A refreshing and light chia pudding with tropical mango and coconut flavors, infused with the tangy notes of hibiscus tea.

PREP TIME: 10 minutes **CHILL TIME:** 4 hours or overnight

1/4 C chia seeds
1 ripe mango, diced
1 C coconut milk
1/4 C shredded coconut

1/4 C Hibiscus tea, brewed and cooled 1 sm bunch fresh mint (optional, for garnish)

1 Thoney

PREPARE THE PUDDING In a bowl, mix chia seeds, coconut milk, Hibiscus tea, and honey until well combined.

CHILL Cover and refrigerate for at least 4 hours or overnight until the mixture thickens.

SPOON THE chia pudding into bowls and top with diced mango and shredded coconut. Garnish with fresh mint, if desired.

Cuban Tres Leches Cake

with Vanilla Oolong Tea

A rich and indulgent tres leches cake soaked in a mixture of three milks, enhanced with the warm flavors of Vanilla Oolong tea.

PREP TIME: 20 minutes **CHILL TIME:** 2 hours

COOK TIME: 30 minutes

1 C all-purpose flour 1 t vanilla extract

1 1/2 t baking powder 1/4 C Vanilla Oolong tea, brewed and cooled

1/4 t salt 1 can (12 oz) evaporated milk

5 lg eggs, separated 1 can (14 oz) sweetened condensed milk

1 C sugar, divided 1 C heavy cream

1/3 C milk 1 C whipped cream (for topping)

PREPARE THE CAKE. Preheat the oven to 350°F. Grease and flour a 9x13 inch baking dish. In a bowl, mix flour, baking powder, and salt. In another bowl, beat egg yolks with 3/4 cup sugar until pale and fluffy. Stir in milk, vanilla extract, and Vanilla Oolong tea. Gradually add the flour mixture.

BEAT THE EGG WHITES In a separate bowl, beat egg whites until soft peaks form. Gradually add the remaining 1/4 cup sugar and beat until stiff peaks form. Fold the egg whites into the batter.

BAKE Pour the batter into the prepared baking dish and bake for 25-30 minutes until a toothpick inserted into the center comes out clean. Let cool.

SOAK THE CAKE In a bowl, mix evaporated milk, sweetened condensed milk, and heavy cream. Poke holes all over the cooled cake and pour the milk mixture over it. Refrigerate for at least 2 hours.

TOP WITH WHIPPED cream before serving.

Guava and Cream Cheese Pastelitos

with Rooibos Orange Tea

Flaky pastries filled with sweet guava and creamy cheese, infused with the subtle sweetness of Rooibos Orange tea.

PREP TIME: 20 minutes **COOK TIME:** 20 minutes

1 package puff pastry, thawed
1/2 C guava paste
1/2 C cream cheese, softened
1 lg egg, beaten

1/4 C Rooibos Orange tea, brewed and 1 T water

PREPARE THE FILLING In a bowl, mix guava paste, cream cheese, Rooibos Orange tea, and sugar until smooth.

ASSEMBLE THE PASTELITOS Preheat the oven to 400°F. Roll out the puff pastry and cut into squares. Place a spoonful of the filling in the center of each square. Fold the pastry over to form a triangle and seal the edges with a fork.

BAKE Place the pastelitos on a baking sheet and brush with a mixture of beaten egg and water. Bake for 15-20 minutes until golden brown.

LET COOL SLIGHTLY before serving.

Cuban Flan

with Caramelized Orange and Yin Hao Long Zhu Jasmine Tea

A creamy and smooth Cuban flan with a caramelized orange topping, infused with the delicate flavors of Yin Hao Long Zhu Jasmine tea.

PREP TIME: 20 minutes CHILL TIME: 4 hours or overnight

COOK TIME: 1 hour

1 C sugar 1 can (12 oz) evaporated milk

1/4 C water 1/2 C whole milk

1/4 C Yin Hao Long Zhu Jasmine tea, brewed 5 lg eggs

and cooled 1 t vanilla extract

1 can (14 oz) sweetened condensed milk 1 med orange, zested

PREPARE THE CARAMEL In a saucepan, combine sugar and water. Cook over medium heat until the sugar dissolves and turns a deep amber color. Pour the caramel into a 9-inch round baking dish, tilting to coat the bottom evenly.

PREPARE THE CUSTARD In a blender, combine Yin Hao Long Zhu Jasmine Tea, sweetened condensed milk, evaporated milk, whole milk, eggs, vanilla extract, and orange zest. Blend until smooth.

BAKE THE FLAN Pour the custard mixture over the caramel in the baking dish. Place the dish in a larger baking pan and fill the pan with hot water halfway up the sides of the dish. Bake at 350°F for 1 hour or until the flan is set.

CHILL Let cool, then refrigerate for at least 4 hours or overnight.

RUN A KNIFE around the edges of the flan to loosen it. Invert onto a serving plate and serve chilled.