

Spinach and Feta Breakfast Wraps

A healthy and delicious breakfast wrap with spinach, feta cheese, and scrambled eggs, enhanced with the subtle flavor of Green Rooibos Bonita tea.

PREP TIME: 10 minutes

COOK TIME: 10 minutes

4 lg eggs
1/4 C brewed Green Rooibos Bonita tea,
cooled
1/4 C milk
1/2 t salt

1/4 t black pepper
1 C fresh spinach, chopped
1/2 C feta cheese, crumbled
4 whole wheat tortillas

WHISK THE EGGS, Green Rooibos Bonita tea, milk, salt, and pepper together.

COOK THE EGGS in a skillet over medium heat, stirring until scrambled.

ADD THE SPINACH and feta cheese to the eggs and stir until combined.

WARM THE TORTILLAS in a separate skillet.

FILL EACH TORTILLA with the egg mixture.

ROLL UP THE WRAPS and serve warm.