

# Sweet Potato and Black Bean Breakfast Burritos

A hearty and filling breakfast burrito with sweet potatoes, black beans, and the warm flavor of Spiced Apple Chai tea.

**PREP TIME:** 15 minutes

**COOK TIME:** 20 minutes

1 T olive oil  
1 med sweet potato, diced  
1/2 C black beans, drained and rinsed  
1/2 C red bell pepper, diced  
1/2 C brewed Spiced Apple Chai tea, cooled

4 lg eggs  
1/4 C shredded cheddar cheese  
4 whole wheat tortillas  
1/4 C salsa  
1/4 C chopped cilantro  
Salt and pepper to taste

**HEAT THE OLIVE OIL** in a large skillet over medium heat.

**SAUTÉ THE SWEET POTATO** until tender.

**ADD THE BLACK BEANS** and bell pepper and cook until heated through.

**POUR IN THE SPICED APPLE CHAI TEA** and cook until the liquid is mostly evaporated.

**WHISK THE EGGS** and cook in a separate skillet until scrambled.

**COMBINE THE SWEET POTATO MIXTURE** with the scrambled eggs.

**WARM THE TORTILLAS** in a separate skillet.

**FILL EACH TORTILLA** with the egg mixture.

**TOP WITH SALSA** and cilantro before serving.