

Matcha Green Tea Milkshake

1 C Brewed and Chilled Matcha Green tea
2 C Matcha Green tea Ice Cream (recipe below)
1/2 C Milk

1/4 C Fresh Spinach (optional, for color)
Whipped Cream (for topping)
Matcha Powder (for garnish)

BLEND all ingredients until smooth.

TOP with whipped cream and a sprinkle of matcha powder.

Matcha Green Tea Ice Cream

2 C Heavy Cream
1 C Whole Milk
3/4 C Sugar

2 T Matcha Powder
1 t Vanilla Extract
1 C Brewed and Chilled Matcha Green tea

With Ice Cream Maker:

PREP TIME: 15 minutes

FREEZE TIME: 4 hours

MIX all ingredients in a bowl until sugar is dissolved.

POUR into ice cream maker and churn according to manufacturer's instructions.

FREEZE for at least 4 hours.

Without Ice Cream Maker:

PREP TIME: 15 minutes

FREEZE TIME: 6 hours

MIX all ingredients in a bowl until sugar is dissolved.

POUR IT into a shallow dish and place in the freezer.

STIR every 30 minutes until the mixture is frozen and creamy, about 6 hours.