

Writing your dream life worksheet

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1. What is your DREAM? What do you want? Make this as detailed as possible and keep coming back to this each day to build on it. Once you can see an image inside your head it's amazing how the universe conspires with you to create it...
2. Define your dream, make it as clear as possible. Where do you want to live, what do you want to do each day? Where will you live?
3. Declare your dream to those who care. Tell your wife, husband or partner, share the vision with your family and friends. The more you tell other people and get them involved in it the more pressure you will put on yourself to perform. (Human beings will do more to not look bad in front of other people than they will to improve themselves).

4. Daily actions. Take the big picture then break it down into this current year and then break it down into different months and then into different weeks and days till you get a daily action plan.
5. Deliver. It's your time, commit, do the work, get through it and achieve your dreams.