



SDA + SIL Planning Checklist

Use this checklist to help prepare for Specialist Disability Accommodation (SDA) and Supported Independent Living (SIL) through the NDIS.

✅ Before You Apply

Make sure you understand your needs and what the NDIS can fund.

- ☐ Review your NDIS plan for goals about housing and independence
- ☐ Understand the difference between SDA (the home) and SIL (the support)
- ☐ Speak with your Support Coordinator or Local Area Coordinator (LAC)
- ☐ Consider living situation appropriate for you (eg. sharing with others)

📁 Gather Documentation

These documents support your eligibility for SDA and SIL.

- ☐ Occupational Therapist (OT) Functional Assessment
- ☐ Housing Assessment or Home and Living Evidence Form
- ☐ Behaviour Support Plan (if relevant)
- ☐ Roster of Care (for SIL funding)
- ☐ Quotes or information from SDA/SIL providers

✉️ Apply for Funding

You'll need to formally submit your request to the NDIS.

- ☐ Submit a Change of Circumstances or Plan Review request
- ☐ Attach supporting documents and reports
- ☐ Ensure your goals mention 'independent living' or 'safe housing'
- ☐ Work with your Support Coordinator throughout the process

👉 Choose Providers

Your SDA and SIL providers can be different – and that's okay.

- ☐ Check if the SDA provider is NDIS registered and has homes that match your needs
- ☐ Choose a SIL provider who matches your values and communication style
- ☐ Meet with support staff or request a trial period if possible
- ☐ Ask for a Service Agreement that clearly outlines responsibilities

🏠 Move In and Review

Once you're settled, keep track of what works and what doesn't.

- ☐ Organise a transition plan with your team
- ☐ Visit the SDA home before moving in
- ☐ Schedule regular check-ins with your SIL provider
- ☐ Keep notes for your next NDIS plan review