



Afternoon Menu

Monday 22/7/19	Tuesday 23/7/19	Wednesday 24/7/19	Thursday 25/7/19	Friday 26/7/19
<ul style="list-style-type: none"> Honey & vegemite Sandwiches Mixed Crackers with carrot sticks & Avocado dip 	<ul style="list-style-type: none"> Make your own sandwich with Ham, tomatoes, coleslaw & Cheese (Shredded) Country cheese 	<ul style="list-style-type: none"> Chicken & Cheese sandwiches Shapes & hommus <p>(Suggested by E.H)</p>	<ul style="list-style-type: none"> Wraps with Tuna, tomatoes & Cheese Salada & Cucumber Sticks <p>(Suggested by N.W & E.OD)</p>	<ul style="list-style-type: none"> Butter, Tomato & Salad sandwiches Delites with cucumber sticks & Cheese(Blocked)
Vegetarian (V)/Gluten free (G)/ Dairy free(D)				
(G) Gluten free bread (D) No Avocado Dip/serve hommus	(G) Gluten free bread (V)No Ham/Serve Beans (D) No Cheese	(G) Gluten free bread (V) Cheese Sandwiches (D) No cheese/serve chicken sandwiches	(G) Gluten free Wrap (V) Vegetarian Sausages (D) No Cheese	(G) Gluten free bread (D) No Cheese
A selection of seasonal fruit and vegetables offered everyday – See Seasonal Fruit and Vegetable List for more details				

Please Note: Always check the packaging for the dairy, soy, gelatine, gluten, nuts or sesame seeds before serving food and be aware of the children with food allergies