



# Afternoon Menu

| Monday<br>10/2/20  | Tuesday<br>11/2/20   | Wednesday<br>12/2/20  | Thursday<br>13/2/20   | Friday<br>14/2/20   |
|--|--|---|---|---|
| <ul style="list-style-type: none"> <li>• Honey &amp; vegemite sandwiches</li> <li>• Crisp Bread with Salsa &amp; Cheese shredded<br/>(Suggested by I.S)</li> </ul> | <ul style="list-style-type: none"> <li>• Wraps with Tuna, Cheese &amp; Tomatoes</li> <li>• Water Crackers</li> </ul> <p>(Suggested by E.K &amp; S.W)</p> | <ul style="list-style-type: none"> <li>• Chicken &amp; Cheese sandwiches</li> <li>• Sao with cucumber sticks &amp; Avocado Dip</li> </ul> | <ul style="list-style-type: none"> <li>• Make your own sandwich with Ham, tomatoes, 4 leaf salad &amp; Cheese (Shredded)</li> <li>• Seaweed crackers</li> </ul> | <ul style="list-style-type: none"> <li>• Cream cheese &amp; Honey sandwiches</li> <li>• Salada with carrot sticks &amp; Cheese</li> </ul> |
| Gluten free (G)/ Vegetarian (V)/ Dairy free(D)   |  |   |   |   |
| (G) Gluten free bread<br>(D) No Cheese   | (G) Gluten free wraps<br>(V) Vegetarian Sausages<br>(D) No cheese/plain rice cakes   | (G) Gluten free bread<br>(V) Cheese Sandwiches<br>(D) No cheese/Serve Popcorn   | (G) Gluten free bread<br>(V) Beans<br>(D) Only Ham, No cheese   | (G) Gluten free bread<br>(D) No cream Cheese/Serve Honey Sandwich   |
| <b>A selection of seasonal fruit and vegetables offered everyday</b> – See Seasonal Fruit and Vegetable List for more details                                      |  |   |   |   |

**Please Note: Always check the packaging for the dairy, soy, gelatine, gluten, nuts or sesame seeds before serving food and be aware of the children with food allergies**