



Afternoon Menu

Monday 15/7/19	Tuesday 16/7/19	Wednesday 18/7/19	Thursday 19/7/19	Friday 20/7/19
<ul style="list-style-type: none"> Honey & vegemite Sandwiches Crisp Bread & salsa 	<ul style="list-style-type: none"> Wraps with Tuna, 4 salad leaf, Tomatoes & Cheese Multi grain vita-weat (Suggested by C.M & P.S) 	<ul style="list-style-type: none"> Make your own sandwich with Ham, tomatoes, beetroot slaw & Cheese (Shredded) Multigrain corn Thins 	<ul style="list-style-type: none"> Chicken & Cheese sandwiches Cruskits with cucumber sticks & Sour cream 	<ul style="list-style-type: none"> Cream Cheese & Honey sandwiches Brown Rice crackers with carrot sticks & Cheese(Blocked)
Vegetarian (V)/Gluten free (G)/ Dairy free(D)				
(G) Gluten free bread	(G) Gluten free Wraps (V) Beans –No Tuna	(G) Gluten free bread (V) Vegetarian Sausages (D) No cheese	(G) Gluten free bread (V) Cheese/Honey Sandwiches (D) No Sour Cream	(G) Gluten free bread (D) No Cheese
A selection of seasonal fruit and vegetables offered everyday – See Seasonal Fruit and Vegetable List for more details				

Please Note: Always check the packaging for the dairy, soy, gelatine, gluten, nuts or sesame seeds before serving food and be aware of the children with food allergies