



Afternoon Menu

Monday 16/9/19	Tuesday 17/9/19	Wednesday 18/9/19	Thursday 19/9/19	Friday 20/9/19
<ul style="list-style-type: none"> Honey & vegemite sandwiches Delites with carrot sticks & Guacamole 	<ul style="list-style-type: none"> Make your own sandwich with Ham, tomatoes, lettuce & Cheese (Shredded) Multigrain Corn Thins (Suggested by C.B) 	<ul style="list-style-type: none"> Chicken & Cheese Sandwich Rosemary Crackers & Tzatziki <p>(Suggested by I.F & M.R)</p>	<ul style="list-style-type: none"> Wholemeal pita pockets with Tuna, carrot Salad & Cheese Cracker Squares 	<ul style="list-style-type: none"> Cream Cheese & Honey sandwiches Jatz clix & Cucumber sticks
Vegetarian (V)/Gluten free (G)/ Dairy free(D)				
(G) Gluten free bread	(G) Gluten free bread (V) Beans/No ham (D) No cheese	(G) Gluten free bread (V) Cheese Sandwiches (D) No Cheese	(G) Gluten free Pita (V) Vegetarian sausages (D) No cheese	(G) Gluten free bread (D) No Cream Cheese/ Serve Honey sandwiches
A selection of seasonal fruit and vegetables offered everyday – See Seasonal Fruit and Vegetable List for more details				

Please Note: Always check the packaging for the dairy, soy, gelatine, gluten, nuts or sesame seeds before serving food and be aware of the children with food allergies