



# Afternoon Menu

Monday 21/10/19	Tuesday 22/10/19	Wednesday 23/10/19	Thursday 24/10/19	Friday 25/10/19
<ul style="list-style-type: none"> <li>• Honey &amp; vegemite sandwiches</li> <li>• Crisp Bread with Salsa &amp; Cheese shredded (Suggested by S.W)</li> </ul>	<ul style="list-style-type: none"> <li>• Wraps with Tuna, Cheese &amp; Tomatoes</li> <li>• Sour Cream &amp; Chives Rice cakes (Suggested by C.C)</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken &amp; Cheese sandwiches</li> <li>• Sao with cucumber sticks</li> </ul>	<ul style="list-style-type: none"> <li>• Make your own sandwich with Ham, tomatoes, 4 leaf salad &amp; Cheese (Shredded)</li> <li>• Seaweed crackers (Suggested by T.K)</li> </ul>	<ul style="list-style-type: none"> <li>• Cream cheese &amp; Honey sandwiches</li> <li>• Salada with carrot sticks &amp; Cheese</li> </ul>
Gluten free (G)/ Dairy free(D) / Vegetarian (V)				
(G) Gluten free bread (D) No Cheese	(G) Gluten free wraps (D) No cheese/plain rice cakes (V) Vegetarian Sausages	(G) Gluten free bread (D) No cheese/Serve Popcorn (V) Cheese Sandwiches	(G) Gluten free bread (D) Only Ham, No cheese (V) Beans	(G) Gluten free bread (D) No cream Cheese/Serve Honey Sandwich
A selection of seasonal fruit and vegetables offered everyday – See Seasonal Fruit and Vegetable List for more details				

**Please Note:** Always check the packaging for the dairy, soy, gelatine, gluten, nuts or sesame seeds before serving food and be aware of the children with food allergies