

## Afternoon Menu

Monday	Tuesday	Wednesday	Thursday	Friday
25/11/19	26/11/19	27/11/19	28/11/19	29/11/19
<ul> <li>Honey &amp; vegemite sandwiches</li> <li>Vita-Weat with cheese</li> </ul>	<ul> <li>Make your own sandwich with Ham, tomatoes, Lettuce &amp; Cheese (Shredded)</li> <li>Cheese crackers (Suggested by J.C &amp; J.M)</li> </ul>	<ul> <li>Chicken &amp; Cheese Sandwiches</li> <li>Cracker Squares &amp; Carrot sticks</li> </ul>	<ul> <li>Wraps with Tuna,</li> <li>Tomatoes &amp; Cheese</li> <li>Organic Rice cakes</li> </ul>	<ul> <li>Salad Sandwiches</li> <li>Delites with         Cucumber sticks &amp;         Avocado dip     </li> </ul>
Vegetarian (V)/Gluten free (G)/ Dairy free(D)				
(G) Gluten free bread (D) No cheese	(V) Beans (G) Gluten free bread (D) No cheese crackers/ serve seaweed crackers	(V) Cheese sandwiches (G) Gluten Free Bread	<ul><li>(V) Vegetarian Sausages</li><li>(G) Gluten free Wraps</li><li>(D) No Cheese</li></ul>	(G) Gluten free bread (D) No Avo dip/ serve Hommus
A selection of seasonal fruit and vegetables offered everyday – See Seasonal Fruit and Vegetable List for more details				

<u>Please Note:</u> Always check the packaging for the dairy, soy, gelatine, gluten, nuts or sesame seeds before serving food and be aware of the children with food allergies