

## Emergency Domestic Violence Shelters in Houston

1. **Houston Area Women's Center (HAWC)**
    - **Services:** 24-hour crisis hotline, emergency shelter, counseling, and advocacy.
    - **Phone:** 713-528-2121 (24/7 Hotline)
    - **Website:** [HAWC](#)
    - **Email:** [info@hawc.org](mailto:info@hawc.org)
  2. **When to Call:** Call HAWC if you are in immediate danger, need a safe place to stay, or require support and resources related to domestic violence.
  3. **The Montrose Center**
    - **Services:** Emergency shelter for LGBTQ+ individuals fleeing domestic violence, plus support services.
    - **Phone:** 713-529-0037
    - **Website:** [Montrose Center](#)
    - **Email:** [info@montrosecenter.org](mailto:info@montrosecenter.org)
  4. **When to Call:** Contact the Montrose Center if you identify as LGBTQ+ and are facing domestic violence or need emergency shelter services.
  5. **Crisis Assistance Center**
    - **Services:** Provides shelter, food, and resources for families in crisis, including domestic violence situations.
    - **Phone:** 281-801-7360 (after-hours, contact through the main office at 281-358-0633)
    - **Website:** [Crisis Assistance Center](#)
  6. **When to Call:** Call if you are experiencing an immediate crisis and need assistance with shelter or basic needs.
  7. **The Salvation Army – Family Residence**
    - **Services:** Offers shelter for families fleeing domestic violence and comprehensive support services.
    - **Phone:** 713-650-6530
    - **Website:** [The Salvation Army](#)
    - **Email:** [contact@uss.salvationarmy.org](mailto:contact@uss.salvationarmy.org)
  8. **When to Call:** Call if you need emergency shelter for yourself and your children due to domestic violence.
  9. **Women's Resource Center**
    - **Services:** Provides support for women in crisis, including shelter and counseling for domestic violence survivors.
    - **Phone:** 713-529-8571
    - **Website:** [Women's Resource Center](#)
    - **Email:** [info@wrc.houston.org](mailto:info@wrc.houston.org)
  10. **When to Call:** Reach out if you need immediate help or shelter due to domestic violence or abuse.
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## When to Call a Domestic Violence Shelter

You should call a domestic violence shelter if:

- **You Are in Immediate Danger:** If you feel threatened or unsafe due to your partner's actions or threats, it's crucial to seek help right away.
- **You Need Shelter:** If you have nowhere safe to go and need a place to stay, shelters can provide emergency accommodations.
- **You Need Support and Resources:** If you're unsure about your options or need emotional support, these organizations can help you navigate the next steps.
- **You Are Considering Leaving:** If you're planning to leave an abusive situation, shelters can offer safety planning and resources for a smooth transition.

## Signs You Should Reach Out

- **Physical Abuse:** If you have been hit, pushed, or physically harmed in any way.
- **Emotional or Psychological Abuse:** If you are being manipulated, controlled, or threatened verbally or emotionally.
- **Financial Control:** If your partner is restricting your access to money or resources, making you dependent on them.
- **Isolation:** If you feel isolated from friends and family, or if your partner is preventing you from seeing loved ones.

## Remember:

- **You Are Not Alone:** Many women face similar situations, and these shelters are there to help you.
- **Confidentiality:** Shelters typically keep your information confidential and will not disclose your location without your consent.
- **Support Is Available:** You can call even if you are unsure about what to do next. The staff at these shelters are trained to help you through this difficult time.

If you feel that you are in danger or need immediate assistance, don't hesitate to reach out to any of these shelters for support. You deserve to be safe and have the resources to escape a violent situation.