


JSC TAEKWONDO SCHEDULE (EFFECTIVE from Tuesday, May 21, 2024)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:30pm-5:15pm White, Yellow 5yr and up	5:00-5:45pm Hi-Performance Blue, Brown, Red	4:30pm-5:15pm White, Yellow 5yr and up	5:00-6:00pm All belt sparring	5:00pm-5:30pm 5yr and under (make up only)	11am- 11:30am 5yr and under
5:15pm-6:00pm Orange, Green Purple	5:45pm-6:30pm All belt sparring (HP Included)	5:15pm-6:00pm Orange, Green Purple	6:00pm-6:30pm 5yr and under	5:30pm-6:30pm Sparring All Belt	11:30am-12:30 All belts
6:00pm-6:45pm Blue, Brown, Red	6:30pm-7:15pm White, Yellow Orange	6:00pm-6:45pm Blue, Brown, Red	6:30pm-7:15pm White, Yellow 5yrs and up	6:30pm-8:00pm Poom and Black Demo practice	 <p style="text-align: center;">JSC TAE KWON DO</p>
6:45-7:30pm Poom and Black HP	7:15-8:15pm Adult class	6:45-7:30pm Poom and Black HP	7:15-8:15pm Adult class	<p style="text-align: center;">JSC TAEKWONDO U20-12221 44th ST SE Calgary AB 403)978-6960 masterjipark@gmail.com jsctkd.com</p>	
7:30pm-8:30pm Hi-Performance		7:30pm-8:30pm Hi-Performance			