


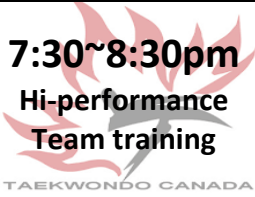
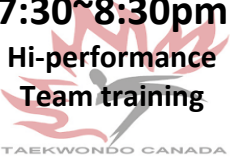

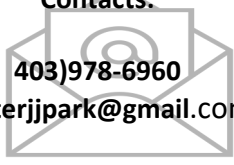


JSC TAEKWONDO SCHEDULE 2022~2023(Effective on September 6,2022)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:30~ 5:15pm White, Yellow	4:30~5:15pm Orange, Green, Purple, Blue	4:30~ 5:15pm White, Yellow	4:30~5:30pm Sparring Orange and up 	4:30~ 5:15pm White, Yellow	11am~11:45am White, yellow (no high belts)
5:30~6:15pm Orange, Green, Purple, Blue	5:30~6:15pm White, Yellow	5:30~6:15pm Orange, Green, Purple, Blue	5:35 ~6:20pm White, Yellow	5:30~6:30pm Sparring Orange and up 	12 Noon~12:45pm Orange and up
6:30~7:15pm Blue, Brown, Poom, Black	6:30~7:15pm Blue, Brown, Poom, Black	6:30~7:15pm Blue, Brown, Poom, Black	6:30~7:30 pm Adults		1:00pm~3pm Hi-performance Team training 
7:30~8:30pm Hi-performance Team training 	7:30~8:30pm Black, Adults	7:30~8:30pm Hi-performance Team training 			
				Contacts:  403)978-6960 masterjjpark@gmail.com	JSC TAEKWONDO Unit#20 12221 44 th Street SE Calgary AB Jsctkd.com