


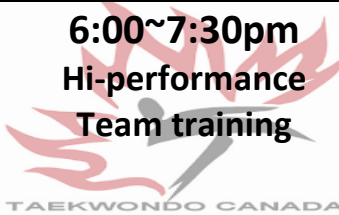
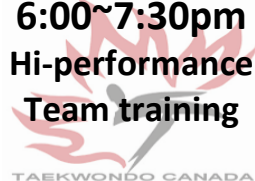
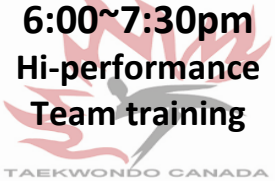




JSC TAEKWONDO SCHEDULE 2022~2023(Effective on Nov 7th,2022)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:30~ 5:15pm BEGINNER White, Yellow	4:30~5:30pm  Sparring Orange, green, purple, Blue, Brown	4:30~ 5:15pm BEGINNER White, Yellow	4:30~5:30pm  Sparring Orange, green, purple, Blue, Brown	4:30~ 5:15pm White, Yellow (Orange- NO sparring)	11am~11:45am White, yellow (NO high belts)
5:15~6:00pm Intermediate Orange, Green, Purple	5:30~6:15pm White, Yellow (Orange- No Sparring)	5:15~6:00pm Intermediate Orange, Green, Purple	5:30~6:15pm White, Yellow (Orange- No Sparring)	 5:15~6:15pm Sparring Orange and up	12 Noon~12:45pm Orange and up
6:00~7:00pm ADVANCED Blue, Brown, Red Poom, Black	6:15~7:00pm Red, Poom, Black Demo training	6:00~7:00pm ADVANCED Blue, Brown, Red Poom, Black	6:15~7:00pm Red, Poom, Black Demo training	6:00~7:30pm Hi-performance Team training 	
6:00~7:30pm Hi-performance Team training 	7:00~8:00pm Black, Adults	6:00~7:30pm Hi-performance Team training 	7:00~8:00pm Black, Adults		
				Contacts:  403)978-6960 masterjjpark@gmail.com	JSC TAEKWONDO Unit#20 12221 44 th Street SE Calgary AB Jsctkd.com