



JSC TAEKWONDO SCHEDULE (EFFECTIVE ON April 3rd, 2023)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:30pm~5:15pm Beginner White , Yellow, Orange(optional)	4:30pm~5:15pm Sparring Blue, Brown, Red	4:30pm~5:15pm Beginner White , Yellow, Orange(optional)	4:30pm~5:15pm Sparring Orange, Green, Purple	4:30pm~5:15pm White, Yellow Orange-No sparring	11:00am~ 11:45am White, yellow, Orange
5:15pm~6:00pm Intermediate Orange, Green, Purple	5:15pm~6:00pm White, Yellow Orange- No Sparring	5:15pm~6:00pm Intermediate Orange, Green, Purple	5:15pm~6:00pm White, Yellow Orange- No Sparring	5:15pm~6:00pm Sparring Age 9 and under	11:45am~12:45pm Green and up
6:00pm~7:00pm Advanced Blue, Brown, Red, Poom, Black	6:00pm~6:45pm Poom, Black	6:00pm~7:00pm Advanced Blue, Brown, Red, Poom, Black	6:00pm~6:45pm Poom, Black	6:00pm~7:00pm Sparring Age 10 and up	 TAE KWON DO
6:00pm~7:45pm Poom, Black	6:45pm~7:45pm Adults	6:00pm~8:00pm High- Performance	6:45pm~7:45pm Adults	6:00pm~8:00pm High- Performance	JSC TAEKWONDO Unit#20 12221 44 th Street SE Calgary , Alberta JSCTKD.COM
				Contact  Cell:403)978-6960 masterjjpark@gmail.com	