


JSC TAEKWONDO SCHEDULE (EFFECTIVE from Monday September 16, 2024)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:20pm-5:05pm White, Yellow 5yr and up		4:20pm-5:05pm White, Yellow 5yr and up	4:45-5:45pm All belt sparring	4:20pm-5:05pm ALL BELT POOMSAE	11am- 11:30am 5yr and under
5:10pm-5:55pm Orange, Green	5:00-6:00pm All Belt sparring	5:10pm-5:55pm Orange, Green	5:45-6:15pm 5yr and under	5:05pm-6:35pm HP Grade 6 and under (Youth)	11:30am-12:30pm All belts
6:00pm-6:45pm Purple, Blue, Brown	6:05-6:50pm White, Yellow 5yr and up	6:00pm-6:45pm Purple, Blue, Brown	6:15pm-7:00pm White, Yellow 5yrs and up	6:40-8:30pm HP Grade 7 and up (Cadet, Junior and Senior)	 JSC TAE KWON DO
6:45-7:30pm Red-Poom	7:00-8:00pm Black Belt Adult class	6:45-7:30pm Red-Poom	7:00-8:00pm Black Belt Adult class		JSC TAEKWONDO U20-12221 44 th ST SE Calgary AB 403)978-6960 masterjjpark@gmail.com jsctkd.com
7:30pm-8:30pm Black Belt		7:30pm-8:30pm Black Belt			