

JSC TAEKWONDO

U#20-12221 44<sup>th</sup> STREET SE CALGARY AB

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[jsctkd.com](http://jsctkd.com)

**Orange:**

**Monday 4:30~5:20**

**Tuesday 5:30~6:20**

**Wednesday: 4:30~5:20**

**Thursday :** if you have sparring gear come at **4:30~ 5:30pm**

if you don't have sparring gear come at **5:35~6:20**

**Friday:** If you have sparring gear come at **5:20pm~6:30pm**

if you dont have sparring gear come at **4:30~ 5:15pm**

**Yellow:**

**Monday 4:30~5:20**

**Tuesday 5:30~6:20**

**Wednesday: 4:30~5:20**

**Thursday: 5:35~6:20**

**Friday: 4:30~5:15**

**WHITE:**

**Monday 4:30~5:20**

**Tuesday 5:30~6:20**

**Wednesday: 4:30~5:20**

**Thursday: 5:35~6:20**

**Friday: 4:30~5:15**

**Green:**

**Monday 5:30~6:30**

**Tuesday 4:30~ 5:20**

**Wednesday 5:30~6:30**

**Thursday 4:30~5:35pm**  
sparring

**Friday 5:20~6:30** sparring

**Summer  
Schedule**

July 25~August 26

**Adults:**

**Monday 5:30~6:30**

**Wednesday 5:30~6:30**

**Purple:**

**Monday 5:30~6:30**

**Tuesday 4:30~ 5:20**

**Wednesday 5:30~6:30**

**Thursday 4:30~5:35pm** sparring

**Friday 5:20~6:30** sparring

**Adults:**

**Monday 5:30~6:30**

**Wednesday 5:30~6:30**

**Poom &Black**

**Monday 5:30~6:30**

**Tuesday 4:30~ 5:20**

**Wednesday 5:30~6:30**

**Thursday 4:30~5:35pm** sparring

**Friday 5:20~6:30** sparring

**Blue:**

**Monday 5:30~6:30**

**Tuesday 4:30~ 5:20**

**Wednesday 5:30~6:30**

**Thursday 4:30~5:35pm** sparring

**Friday 5:20~6:30** sparring



**Brown**

**Monday 5:30~6:30**

**Tuesday 4:30~ 5:20**

**Wednesday 5:30~6:30**

**Thursday 4:30~5:35pm** sparring

**Friday 5:20~6:30** sparring

**Red**

**Monday 5:30~6:30**

**Tuesday 4:30~ 5:20**

**Wednesday 5:30~6:30**

**Thursday 4:30~5:35pm**

sparring

**Friday 5:20~6:30** sparring