



CAREER OPPORTUNITIES

Date: June 3, 2022

Position: Recreation Assistant

Reports To: Recreation Therapist

Hours: Monday-Friday, 8:30-4pm (some evenings & weekends)

Location: Adult Day Services
(& other sites, as needed)

Region: North York

Wage: Starting at \$22.85

[Aptus Treatment Centre](#) delivers holistic, person-centered quality services to people who have intellectual disabilities, their families, and the community. Being a part of our team means that you will have continuous opportunities to learn and develop skills, share your interests with others and build positive, supportive working relationships with highly valued staff teams, students and volunteers. We welcome applications from exceptional, qualified candidates and look forward to meeting you.

Position Summary:

The Recreation Assistant will deliver goal-oriented recreation programming as designed by the Recreation Therapist to meet the recreation/leisure needs of the people we support as well as maximize the confidence, independence and community involvement by providing opportunities for skill development in the following domains: social, physical, spiritual, emotional and cognitive. The Recreation Assistant will provide the logistical, functional, operational and administrative support required for the delivery of all Recreation Therapy programs and events.

Key areas of focus will be:

- Day-to-day delivery of recreation-based programs;
- Program development, coordination and delivery;
- Program observation and reporting, as well as providing input based on observations to conduct assessments and tracking client's progress;
- Feedback in completing evaluations;

Duties and Responsibilities *(including, but not limited to):*

- Developing program descriptions and delivering evidence-based TR programming centered upon a continuum model of care, which takes into consideration strengths and abilities of each service recipient.

- Working independently and interdependently as part of the clinical team at Aptus Treatment Centre.
- Assisting people supported to gain skills needed to achieve maximum independence and become involved in their community.
- Working with person/family/friends/community partners to build and/or restore person's natural leisure support system.
- Filling out daily and weekly program plans correctly and getting them approved by the Recreation Therapist.
- Ensuring adherence to program plans as outlined.
- Under the direction of the Recreation Therapist, facilitating the ongoing provision of meaningful therapeutic recreation programs, meeting the goals of the people supported and ensuring individuals' goals and intervention plans are met.
- Providing options for program adaptations to meet the needs of the person supported using their knowledge of the Dual Diagnosis population.
- Delivering programs and interventions in a variety of community settings.
- Demonstrating an understanding of the methods used to evaluate programs and interventions and providing feedback to the Recreation Therapist to assist in evaluations.
- Reporting leisure-related feedback to the Recreation Therapist on a day-to-day basis.
- Understanding of how to access and review research relevant to recreation therapy and applying evidence-based research to professional practice under the direction of the Recreation Therapist.
- Accessing community recreation participation opportunities and supporting appropriate partnerships with a range of community service providers.
- Guiding and directing Direct Support Professionals, Team Leads, students and volunteers as required.
- Contributing to the understanding of the purpose of recreation therapy among Direct Support Professionals, students, volunteers, and other care partners.
- Demonstrating the organization's Mission, Vision and Values through active participation in recreation programming.
- Participating in active professional development related to recreation therapy.
- Understanding the methods of assessment, evaluation and documentation used by the Recreation Therapist and contributing to the documentation process by providing information to the Recreation Therapist as appropriate/directed.
- Maintaining and monitoring recreation equipment, resources and facilities.
- Providing feedback to the Recreation Therapist regarding resource management to ensure adequate program supplies are available.
- Supporting a workplace that embraces diversity, encourages teamwork and complies with all applicable and regulatory requirements.

Qualifications:

1. Post-secondary education in Therapeutic Recreation or equivalent preferred.
2. Professional member in good standing with Therapeutic Recreation Ontario or other recreation-related organizations (e.g. Canadian Therapeutic Recreation Association, Recreation Professionals of Ontario, Parks and Recreations Ontario, etc.) preferred.
3. Minimum two (2) years direct experience supporting children and adults with dual-diagnosis, mental health, development disabilities in a mental health facility and/or community-based setting.

4. Minimum one (1) year experience in program planning, implementation and documentation of recreation-based programs.
5. Strong understanding of disability issues, resources and legislation relevant to supporting people with a developmental disability (including human rights and poverty).
6. Knowledgeable of barriers to community participation and inclusion.
7. Proven ability to deliver effective recreation participation programs.
8. Demonstrated ability to successfully facilitate groups using a collaborative approach.
9. Ability to be creative and resourceful to find opportunities for improvement and to address challenges.
10. Results-oriented approach to work independently and undertake tasks needed to accomplish work objectives and deliver quality, consistent and timely results.
11. Excellent interpersonal and communication skills and demonstrated cross-cultural awareness and sensitivity required.
12. Demonstrated analytical and organizational skills and ability to prioritize varied workload.
13. Models and promotes core ethical practice and Aptus Values (Choice, Respect, Integrity, and Inclusion) and reflects an optimistic and positive attitude.
14. Demonstrated ability and experience working cooperatively and collaboratively within an interdisciplinary team setting as well as externally to the organization.
15. Working knowledge of common behavioural therapy interventions.
16. Strong ability to cope with stressful situations and manage crises.
17. Demonstrated confidence and ability to effectively adapt and change.
18. Reliable, cooperative and motivated team player who shows initiative.
19. Reliability to be present and perform physical demands of the position.
20. Proficient with computers: MS Office, internet searches, etc.
21. Must have valid First Aid/CPR as well as CPI training, with the ability to do restraints if needed.
22. Has a valid G2/G Driver's License in Ontario and demonstrates an acceptable driving record.
23. A clear Vulnerable Sector Police Check (including a Criminal Background Check).
24. Ability to work flexible hours, as required.

Reporting to: Recreation Therapist

Start Date: To Be Determined

Aptus is committed to providing a diverse, equitable, and inclusive workplace where everyone feels safe and accepted as their authentic selves. We actively seek qualified candidates who share our commitment to equity and inclusion, and contribute to the diversification of ideas and perspectives that help us innovate and provide the best possible care to our clients.

We welcome applications from people of all ancestries, national origins, races, creeds, colours, religions, genders, gender identities or expressions, sexual orientations, genetics, abilities, ages, body sizes, veteran status, or any other characteristics that make each of us different.

PLEASE NOTE: *To protect the health and safety of our staff, the people we support and their families and in the interest to follow strong public health measures, it is a requirement of employment at Aptus to be fully vaccinated against COVID-19 in accordance with our Vaccination Policy.*

Please Quote Job Posting: RecAsst

Please send your letter of application and current resume to jobs@aptustc.com.

We thank all interested applicants, however, we will only contact those who best meet the requisite skills, experience and qualifications. Aptus is committed to providing a diverse, equitable, and inclusive workplace where everyone feels safe and accepted as their authentic selves. We actively seek qualified candidates who share our commitment to equity and inclusion and contribute to the diversification of ideas and perspectives that help us innovate and provide the best possible care to our clients.