

The Menla Puja called the Lapis Lazuli River. It is a jewel extracted from the treasury of the clear expanse of the mind of all the Lamas, gathered from the sky of the Dharmakaya.

Glorious and precious Root Lama who sits on a lotus-moon seat on the crown of my head, through your great kindness, having taken me as your disciple, grant me the accomplishments of the Body, Speech and Mind of the Buddhas.

Hung. On the northwest border of the country of Uddiyana, On the pollen-bed of a lotus flower, Endowed with the most marvelous realization, You are renowned as The Lotus-Born, and are surrounded by your circle of many Dakinis. Following after you, perfecting myself, I pray that you will come and bless me. Please shower this excellent place with your blessings. Please grant the four empowerments to this excellent accomplisher. I pray for the dispelling of both obstacles and the heretical views. Please bestow the general and excellent siddhis.

OM AH HUNG BEZRA GURU PEMA SIDDHI HUNG
OM AH HUNG BEZRA GURU PEMA TOD TRENG TSOL BEZRA SAMAYA DZA DZA
SARVA SIDDHI PALA HUNG
HARI MAHA RI NI SARA DZA HRIYA TSITA
HRING HRING DZA DZA

Lama and assembly of dakinis, we who have aspiration to the enlightenment of the spiritual sons: Bless my body with your wisdom body. Bless my speech with your wisdom speech. Bless my mind with your wisdom mind. Bless the four empowerments. By blessings, cleanse the four streams. By blessings purify the four streams. By your blessings may we obtain the four bodies.

OM AH HUNG BEZRA GURU PEMA DEWA DAKINI KAYA ABHIKENTSA OM
WAKA ABIKENTSA AH
TSITA ABHIKENTSA HUNG
SARVA ABHIKENTSA HRI

(The Prayer)

NAMO BEKANDZE MAHA RADZAYE

Possessing the treasure of an ocean of qualities and merit, the blessings of your inconceivable compassion appease the afflictions and pain of beings. I pray to you, light of lapis lazuli. Those born in the realm of hungry ghosts, who were bound by extreme avarice, upon hearing your name are born as generous humans. I pray to the victor,

Medicine Buddha. Those beings born in the realm of hell, because of immorality and abuse of others, upon hearing your name take a higher rebirth. I pray to the king of medicine. Those whose health and life are undone by discord and slander of all sorts, upon hearing your name cannot be harmed. I pray to the king of healing. I pray to Tsenlek, Serzang and Drimay Nangwa, to Nyanggenme, Chopal and Chodrakyang, to Ngonkyen Gyalpo and Drayang Gyalpo and to the royal Shakyamuni. I pray to the completely perfect mandala of Jampal, Kyabdrol and Chana Dorje, to Brahma, Indra and the four kings of the four directions, to the twelve great chiefs of the Nochins, and others. I pray to the collection of volumes of the holy Dharma, to the Sutras of prayers of the seven tathagatas, the cycle of Sutras on Medicine Buddha, the texts by the great Abbot Shiwatso, and so on, to Loppon Gyallon, the Bodhisattvas and all the holy Lamas of the lineage. May the blessings of praying like this dissipate the many dangers and sicknesses, and having quenched all fears of the lower realms at death, bless me to be born in Dewachen.

In the three Rare and Precious Ones, in the Three Roots, in all those who are the place of refuge, I take refuge./ In order to establish all beings in Buddhahood, I raise the Supreme Bodhichitta. (3X)

This cloud of offerings filling the whole earth and sky, which emanates from the primordially a pure expanse of space, mandalas with all the precious possessions of the King of the Universe, together with offering goddesses, made it become exhaustless.

Pudza Ho. (This mantra make offerings exhaustless)

May all beings be happy and be free from suffering, their happiness never diminishing, may they stay in equanimity. (3X)

OM SOBAWA SHUDA SARWA DHARMA SOBAWA SHUDO HANG

(By this mantra all becomes void)

From the mists of this world of the Three Thousands (the full extent about our universe made of thousands of worlds) is transformed into a dazzlingly beautiful palace. In this appears a lion throne on which is a lotus and moon on which appears the seed syllable HUNG. (it appears simultaneously one's own Lotus and moon throne.) It is light blue and from it appears the form of Menla the color of the Lapis Lazuli mountain radiating light. He is arrayed in the three Dharma robes of a monk. His right hand is in the mudra of supreme generosity, holds the Arura, (the Principal medicine plant), his left hand is in the meditation mudra, resting in his lap holding a begging bowl. He is complete with the

marks and signs of a Buddha. He sits in the full Lotus posture. Around the Mela which is in front of one, on the Lotus petals, are the seven Buddhas Tub Wang, etc. (the seven other Menla) and the books of the Dharma. Behind them are the 16 bodhisattvas, and behind them again, the Protectors of the 10 directions and the 12 leaders of the Nochin Demons, each with his own entourage. Each of the four Gates of the mandala is guarded by one of the four Great Kings. the three letters (OM, AH, HUNG) are at the three places (forehead, throat, heart) of Menla and light radiates out from the Hung in his heart inviting each of the Buddhas in the Eastern direction to come from his own Buddha - field. and this way innumerable Yeshe-pas are invoked. They desolve into the Menla in front of one and into the Menla who is oneself.

Hung, you the whole assembly of Menla Deities, having been invited to this place, please let your blessing fall here. Please give those who are karmically ready (Kalden) and we have faith in the Supreme Empowerment. Please clear away obstacles that lead us astray and endanger our lives

MAMO MAHA BEKANZE SA PA RI WA RA BENZA SAMAYA DZA DZA BENZA
SAMAYA TIGTA HLEN
OM HUNG TRAM HRI ABIKENZA HUNG

HUNG. Flowers, incense, butter lamps, perfume, forms, sounds, fragrant smells, tastes and feelings, I offer to the Deity. May our two accumulations be completed.

ARGOM PADING PUPE DUPE ALOKE GENDE NEWIDE SHABDA RUPA SHABDA
GENDE RASA SAPAR SHE TRATITSA HUNG (offering mandala)

HUNG, the principal offering, like the Supreme King, is white mustard; this and the others of the Eight Principal Auspicious Substances I offer to the Deity. May the two accumulations be utterly completed.

MANGALAM AH TA SIDDHI HUNG

The principal offering, like the Supreme King is the vase; this and the Eight Auspicious Symbols, I offer to the Deity. May the two accumulations of beings be completed.

MANGALAM KUMBA HUNG

HUNG The Principal Offering, Like the Supreme King, is the Jewel; this and the others of the Seven Jewels (that are the root of all that is pleasing to the senses), may the two accumulations be completed.

OM MANI RATNA HUNG

HUNG The principal of all offerings is the Perfect Mountain with the four continents and the islands. This I offer to the Deity. May the two accumulations be utterly completed.

OM RATNA MANDALA HUNG

HUNG With my perfumed bathing water, Tathagata, please bathe your body. Although you are the Deity and without stain, please do this as an auspicious sign of the purification of our sins and veils.

OM SARWA TATHAGATA ABISHE KASA MAYA SHRIYA HUNG

HUNG With This soft white perfumed cloth please dry your Buddha's body. Although you are without stain, please do this as an auspicious sign of are becoming free from suffering

OM KAYA BISHA DHA NI HUNG

HUNG With these beautiful saffron robes please close your Buddha's body. Although your body is not cold, please do this as an auspicious sign of our body's Radiance increasing.

OM BENZRA WASTRA AH HUNG

HUNG You, whose body is like the Lapis Lazuli Mountain and color, please clear away the sickness and suffering from beings. To you, Who are surrounded by an entourage of eight Bodhisattvas , you, th eDeity who holds the precious medicine, I bow and render praise.

To Tsen Lek, Rin Da, Ser Zang, Nga Ngen Me, Cho Drak Gyatso, Cho Lo Shakya Tub, the Holy Dharma, the sixteen Bodhisattvas, and the others, all these, the Three Precious Rare and Perfect Ones, I prostrate and render praise. To you, who are surrounded by Brahma, Indra and the Kings guarding the 10 directions, the 12 Nochin

Demons with their servants, the Rishis with the knowledge of medicine both human and divine I prostrate and render praise.

Visualization: Then in the heart of yourself and the Menla in front of you, the Garland of the Mantra begins to turn around the letter HUNG (clockwise).

TAYATA OM BEKANZE BEKANZE MAHA BEKANZE RADZA SAMUNGATE SOHA



I confess all sins and faults and dedicate all virtue to Enlightenment. May there be the good fortune of freedom from all sickness, demons and suffering. All you mundane gods please return to your homes, Benza Mum (mantra of dismissal).

Wisdom Deities with whom you have a bond (Damtsig) all dissolve into you. All is good in the vast expanse of primordial Purity. How wonderful.

Meditation

A Short Prayer to Sang-gye Menla

The Victor, the “Thus Gone”, the Defeater of the Enemy, the Completely Purified, the Perfected Buddha, Menla, the King of Lapis Lazuli Light, I prostrate to you.

(Repeat Mantra)

Dedication

