**EFT Research, References and Resources**

**Research and Clinical Studies (More than 50 Peer Reviewed Studies)**

[**http://www.eftuniverse.com/research-and-studies/eft-research**](http://www.eftuniverse.com/research-and-studies/eft-research)

**EFT Universe website**

[**www.eftuniverse.com**](file:///C%3A%5CUsers%5CFred%5CDesktop%5CTRAINING%20WORKSHOPS%5CTri-County%20Trng%202-1-14%5Cwww.eftuniverse.com)

**Free Training Guides and Resources**

[**http://www.emofree.com/**](http://www.emofree.com/)

**Association for Comprehensive Energy Psychology website**

[**http://www.energypsych.org/?**](http://www.energypsych.org/)

**Treating Veterans with EFT - Video**

[**https://www.youtube.com/watch?v=B4hhMm8qsCs**](https://www.youtube.com/watch?v=B4hhMm8qsCs)

**Six Days at the VA Hospital, Gary Craig (Video)**

[**http://www.youtube.com/watch?v=-bQq3cOAKY4**](http://www.youtube.com/watch?v=-bQq3cOAKY4)

**OPERATION: Emotional Freedom - The Answer (Video)**

[**http://www.amazon.com/OPERATION-Emotional-Freedom-The-Answer/dp/B00BUU0WJI/ref=sr\_1\_2?ie=UTF8&qid=1390853505&sr=8-2&keywords=operation%3AEmotional+Freedom**](http://www.amazon.com/OPERATION-Emotional-Freedom-The-Answer/dp/B00BUU0WJI/ref%3Dsr_1_2?ie=UTF8&qid=1390853505&sr=8-2&keywords=operation%3AEmotional+Freedom)

**EFT for PTSD, Gary Craig (e-Book, 292 pages)**

[**https://play.google.com/store/books/details?id=VVulyHPxrSAC**](https://play.google.com/store/books/details?id=VVulyHPxrSAC)

**Why Tapping Works, R. Ruden, MD, PhD**

[**http;//www.healing the mind.net/html/Why\_tapping\_works.html**](file:///C%3A%5CUsers%5CFred%5CDesktop%5CTRAINING%20WORKSHOPS%5CTri-County%20Trng%202-1-14%5Chttp%3B%5Cwww.healing%20the%20mind.net%5Chtml%5CWhy_tapping_works.html)

**Psychological trauma symptom improvement in veterans using emotional freedom techniques: a randomized controlled trial.** [**Church D**](http://www.ncbi.nlm.nih.gov/pubmed?term=Church%20D%5BAuthor%5D&cauthor=true&cauthor_uid=23364126)**, et al.**

“90% of the EFT group no longer met PTSD clinical criteria vs. 4% in the (control group).”

[**http://www.ncbi.nlm.nih.gov/pubmed/23364126**](http://www.ncbi.nlm.nih.gov/pubmed/23364126)

**Twelve more studies on the Association for Comprehensive Energy Psychology website**

[**http://www.energypsych.org/?page=PTSDStudies&hhSearchTerms=%22EFT+and+studies%22**](http://www.energypsych.org/?page=PTSDStudies&hhSearchTerms=%22EFT+and+studies%22)

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