



APRIL NEWSLETTER



Planting Seeds for Prevention

Spring is a season of growth, renewal, and new beginnings. It reminds us that what we plant today shapes what we experience tomorrow. Prevention works the same way. It's about investing in people, knowledge, and support early so individuals and communities can grow stronger over time.



Early Education Matters

Prevention begins with knowledge. Teaching life skills, decision-making, and awareness at an early age helps young people build confidence and make healthier choices as they grow.

Consistency Creates Change

Growth doesn't happen overnight. Prevention requires consistency — showing up, reinforcing positive habits, and continuing the work even when progress feels slow.

Supporting Youth Development

When youth feel supported, seen, and guided, they are more likely to thrive. Mentorship, positive environments, and strong relationships all play a role in preventing challenges before they begin.

Prevention is Long-Term Work

Just like planting seeds, prevention takes time. The impact may not always be immediate, but with care and commitment, it leads to stronger individuals, healthier families, and more resilient communities.

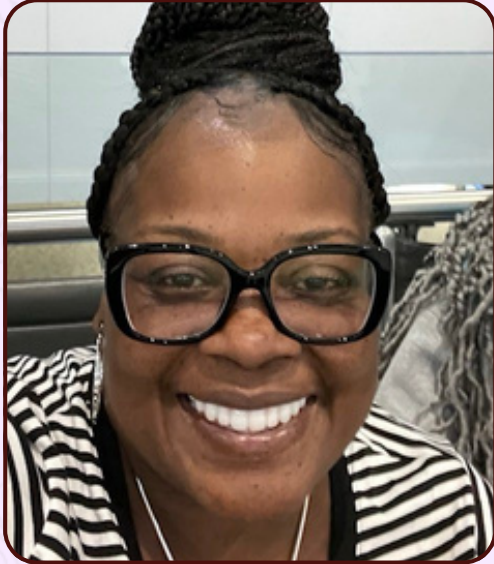


What we plant today shapes the future we grow tomorrow.



WOC Spotlight

Meet the Team



Name: Vera Harrison

WOC Position: Prevention Specialist

Time with WOC: 7 Years

Vera Harrison is a full-time Foster Care Supervisor and a part-time Prevention Specialist with Women of Colors. She has served as a facilitator of Botvin LifeSkills and Prime For Life for the past seven years, demonstrating a strong commitment to prevention education and community impact.

Ms. Harrison brings an extensive background in evidence-based parent program facilitation, including Parenting Wisely, Strengthening Families (Iowa State), Make Parenting a Pleasure, Adverse Childhood Experiences (ACES), Youth Mental Health First Aid, and a variety of other curricula. Her work reflects a deep dedication to equipping individuals and families with the tools needed to build healthier, more resilient lives.

She holds a Bachelor's degree in Family Life and Education from Spring Arbor University. In addition to her professional roles, Ms. Harrison is an active leader in her community, serving as a member of the Saginaw Public School District Board of Education and as a Volunteer Branch Counselor with Foresters Financial. She was also a dedicated member of the Great Start Collaborative Parent Coalition, where she served on the board until the coalition concluded its operations earlier this year.

Ms. Harrison is the proud mother of one son and grandmother to four grandchildren. She enjoys spending time with her family, volunteering in her community, and connecting with others. Known for her warmth and leadership, she is highly respected by both her colleagues and the individuals and families she serves.



If you had a superpower, what would it be?

I would have the power to extend time. There is never enough time to do everything I'd like to do. I would just blink my eyes and there would be time in my day to do anything I had to say no to because I couldn't fit it into my schedule.



President's Corner



Evelyn McGovern
President/Co-founder

As we welcome the spring season, we are reminded that growth begins with what we choose to plant. This time of year brings a sense of renewal, fresh energy, and the opportunity to move forward with intention. Prevention reflects that same spirit—requiring patience, consistency, and a commitment to investing in our youth and community early.

The seeds we plant today through education and connection will shape stronger, healthier outcomes for tomorrow. While growth may not always be immediate, the impact of prevention work is lasting and meaningful. At Women of Colors, we remain dedicated to nurturing that growth and continuing the work that builds lasting change in the lives we serve.

As we celebrate the season, we also extend warm wishes for a joyful spring and a Happy Easter to all who observe. May this time bring renewal, reflection, and continued connection within our community.

Did you know?


Spring was formerly referred to as lent, which was changed to springtime around the 1300s, and eventually was shortened to spring. Spring is derived from the time of year when plants begin to grow again or spring from the earth.

Women of Colors is grateful for the continued support of our partners, community members, and friends who make our mission possible. Your encouragement helps us create meaningful programs that strengthen families and uplift youth across our community. This month, we'd like to give special recognition to Midstate Health Network for their partnership in helping us share prevention resources and awareness through this newsletter. Together, we are building a healthier, stronger future.

MSHN
Mid-State Health Network

Get In Touch

**Have questions or donations?
Want to get involved?
We'd love to hear from you!**

 [womenofcolors.org](https://www.womenofcolors.org)

 1 (989) 270 - 1682

 3057 Davenport
Saginaw, MI 48602

**Let's Make A Difference
Together!**