



JUNE NEWSLETTER

A 'Thank You' to the Men in Our Lives



As June draws to a close, we want to take a moment to honor and thank the men who have shown up with strength, compassion, and consistency in our lives and our communities. To the fathers, grandfathers, stepfathers, uncles, big brothers, father figures, mentors, and men who lead with love—thank you. Thank you for the quiet sacrifices and the loud cheers. For the long talks and the short texts that remind us we're on your mind. For your protection, your provision, your presence. For setting examples, teaching lessons, and helping us feel safe enough to grow. In a world that often places pressure on men to be

stoic, we thank you for choosing gentleness, vulnerability, and patience. Your emotional presence matters just as much as your physical one. And for those of you who are doing the work to heal generational patterns and show up differently—we see you, and we are proud of you. To the men who are raising children with intention, supporting their partners with empathy, serving in their communities, and modeling integrity: you are needed, you are valued, and you are deeply appreciated. Happy Father's Day to the men who make love visible through action.

With gratitude,
Women of Colors

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**REFRESHMENTS, GIVEAWAYS &
GUIDED WELLNESS ACTIVITIES**

*Meet Women of Colors' Members,
Prevention Team, and Community
Advocacy and Resilience
Project Team.*

Thursday, July 17th
3057 DAVENPORT, SAGINAW
4:00pm - 6:30pm

**MICHIGAN HEALTH
ENDOWMENT FUND**



Evelyn McGovern
President/Co-founder

President's Corner

As we close out the month of June, I want to extend heartfelt gratitude to each of you who continues to walk alongside Women of Colors in our mission to uplift, educate, and empower.

This month, we celebrate the strength and care of the men in our lives—those who lead with purpose and love. Whether through family, mentorship, or service, your presence makes a lasting impact. Thank you for being a part of this community and for the many ways you continue to support the work we do. Let us move into the second half of the year with the same unity, courage, and compassion that has brought us this far.

DID YOU KNOW?

*Just 20 minutes outside can lower stress hormones and boost mood—no workout required!
A quick walk, some sunshine, or even sitting on the porch can make a real difference.*

STRONGER TOGETHER | **SAGINAW** **ADDICTION SUPPORT GROUP**

Formerly known as *Families Against Narcotics Support Group*, **Stronger Together** is here to help you cope. Join us at WOC for an addiction support group for family and friends of people struggling with addiction.


**1ST AND 3RD
TUESDAY OF
EVERY MONTH**

**3057 Davenport
Saginaw, MI
48602**

✉ stronger@faceaddictionnow.org

Get In Touch

Have questions or donations?
Want to get involved?
We'd love to hear from you!

 womenofcolors.org

 1 (989) 270 - 1682

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**Let's Make A Difference
Together!**