

Transformation Prayer Ministry Training Seminar

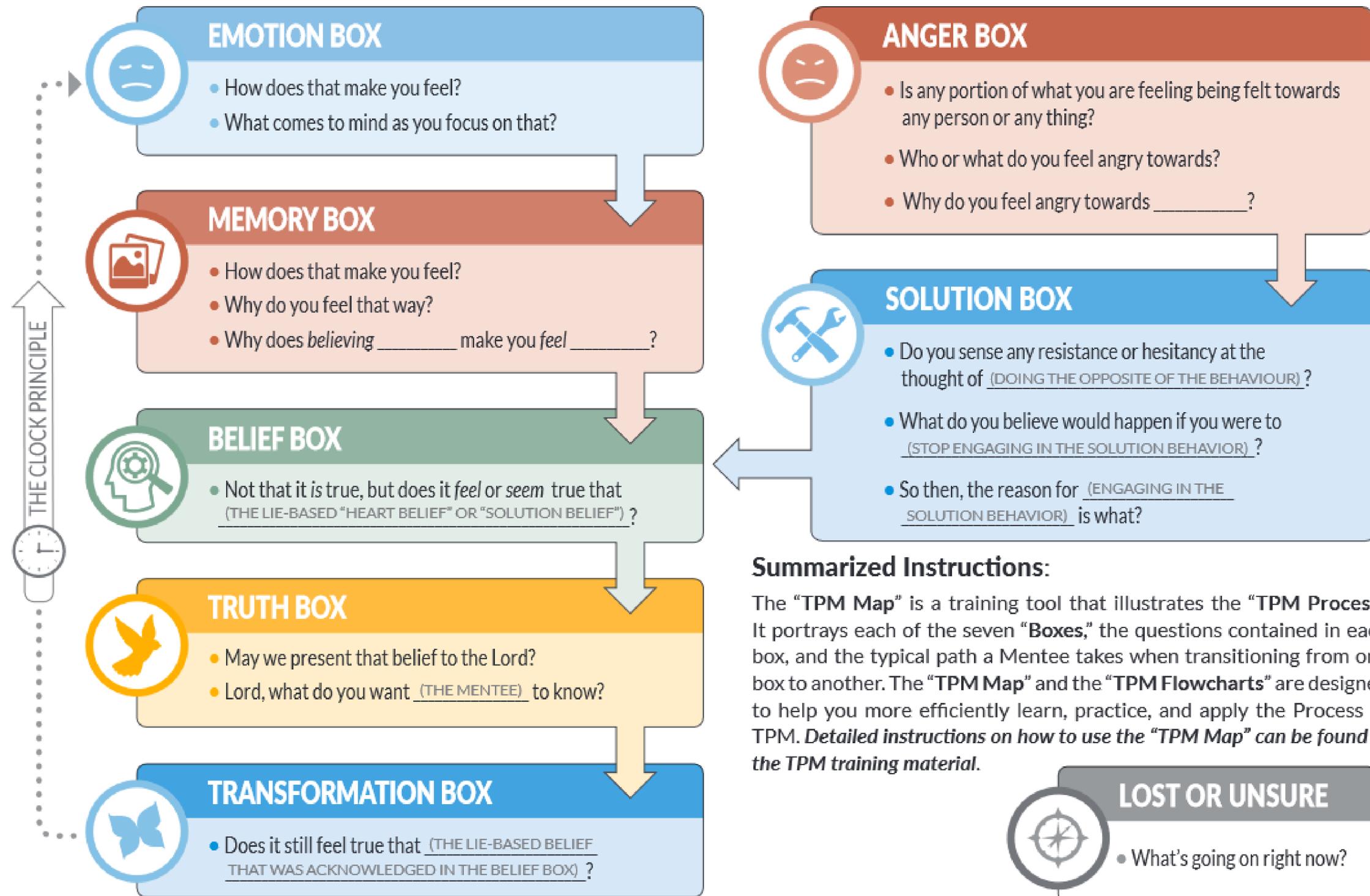
Pulse 100

May 2024

What Is TPM?

“Lord, what do You want me to know?”

TPM Process Map - "Mentor"



Summarized Instructions:

The "TPM Map" is a training tool that illustrates the "TPM Process." It portrays each of the seven "Boxes," the questions contained in each box, and the typical path a Mentee takes when transitioning from one box to another. The "TPM Map" and the "TPM Flowcharts" are designed to help you more efficiently learn, practice, and apply the Process of TPM. *Detailed instructions on how to use the "TPM Map" can be found in the TPM training material.*

What TPM is *NOT*

- **Counseling.** Mentors don't advise or diagnose. Mentors don't have to say anything aside from asking the questions on the TPM Map.
- **Mysticism.** The questions are straight-forward. The process is clear. It's as simple as following a flow-chart.
- **Guided Imagery.** The mentor does not guide or suggest. This is *your* journey, your relationship between you and God. Mentors follow; they do not lead.
- **Only for trauma.** I use TPM multiple times every day. It's an amazing process for letting God renew my mind in the truth every time a lie-based belief is triggered.

The Purpose of TPM

The Purpose of TPM

The purpose is NOT:

- to do ministry
- to alleviate pain
- to help troubled people

The Purpose of TPM

The purpose of TPM is to be transformed into the image of Christ, as evidenced by the effortless expression of the fruit of the Spirit.

Through TPM, we cooperate with God as He refines our faith, renews our minds, and transforms our lives.

The Purpose of TPM

“Do not be conformed to this world, but ***be transformed by the renewal of your mind***, that by testing you may discern what is the will of God, what is good and acceptable and perfect.” (Romans 12:2 ESV)

The Purpose of TPM

“Create in me a clean heart, O God, and **renew a right spirit within me.**” (Psalm 51:10 ESV)

“...and have put on the new self, which **is being renewed in knowledge** after the image of its Creator.” (Colossians 3:10 ESV)

“So we do not lose heart. Though our outer self is wasting away, **our inner self is being renewed** day by day.” (2 Corinthians 4:16 ESV)

The Purpose of TPM

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Through TPM, we cooperate with God as He refines our faith, renews our minds, and transforms our lives.

The Purpose of TPM

TPM is “positioning prayer.” Jesus gives. We merely position ourselves to receive.

Or as I tell people, I'm just the usher. I lead people to Jesus. Then I step back and watch Him work.

The Purpose of TPM

Hearing from the Holy Spirit is easy — when we aren't feeling the effects of lie-based beliefs.

When we feel anger at God, or we feel fear over what He may say, or we feel unworthy, etc., it is hard to hear from God. It is like putting in earplugs and wondering why you can't hear the person talking to you.

There is one place where God speaks clearly even through our false beliefs: into our pain. "**The LORD is near to the broken-hearted**" (Ps 34:18)

Jesus healed everyone who asked, regardless of belief. He heals to show us who He is, to make His truth immediate and undeniable.

The Purpose of TPM

We participate by positioning ourselves under His “mighty hand” so that after we “...have suffered for a little while, the God of all grace, who called [us] to His eternal glory in Christ, **will Himself perfect, confirm, strengthen and establish [us]**” so that we may **effortlessly and naturally** bear the fruit of His Spirit. (1 Peter 5:6-10)

The Purpose of TPM

We don't ask, "*What would Jesus do?*" This puts the focus on our knowledge and effort, as though we can do all the right things by just trying harder.

Rather, we ask "*Jesus, what do You want to do right now?*" Or, as we say in the TPM process, "*Lord, what do You want me to know?*"

God speaks, replacing lies with truth. This renews our minds, which transforms our lives.

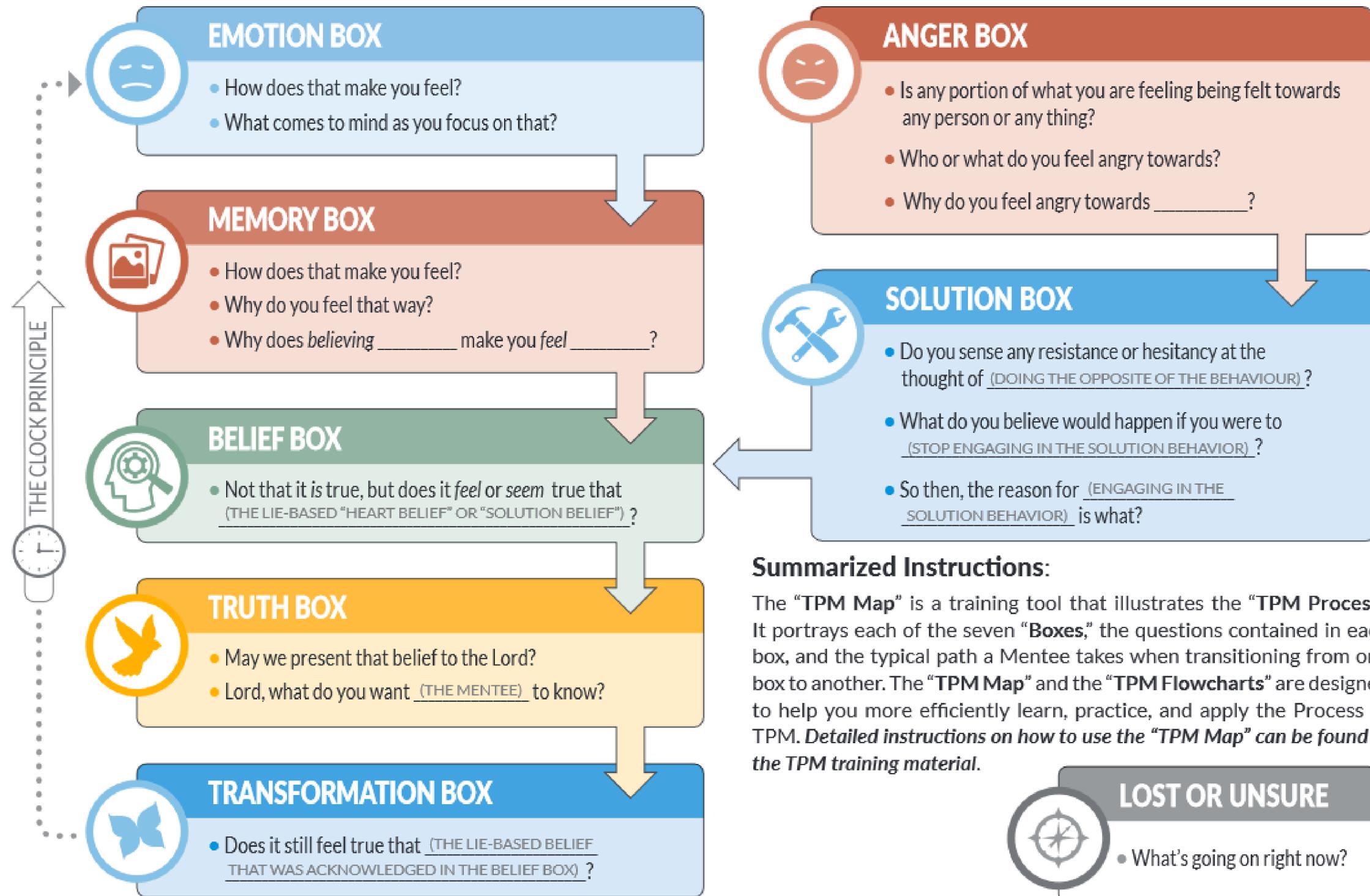
The Purpose of TPM

Rather than trying harder and harder, we submit to God's refining work. Instead of trying to change ourselves, we let God change us. By His work, we are "being transformed by the renewing of our minds" (Romans 12:2).

We expect that God "Himself [will] perfect, confirm, strengthen and establish" us (1 Peter 5:10).

The TPM Process offers a simple way to do this.

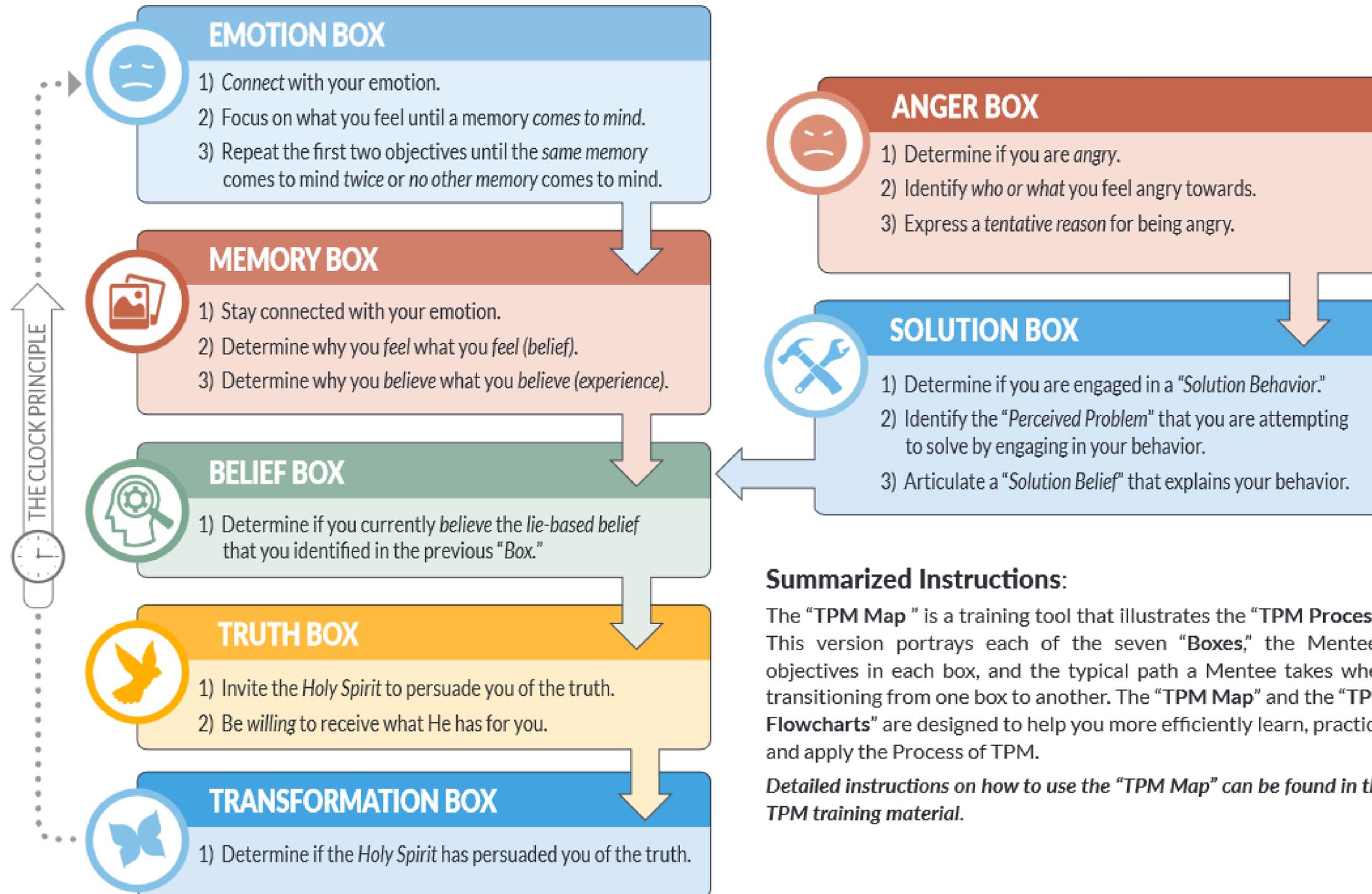
TPM Process Map - "Mentor"



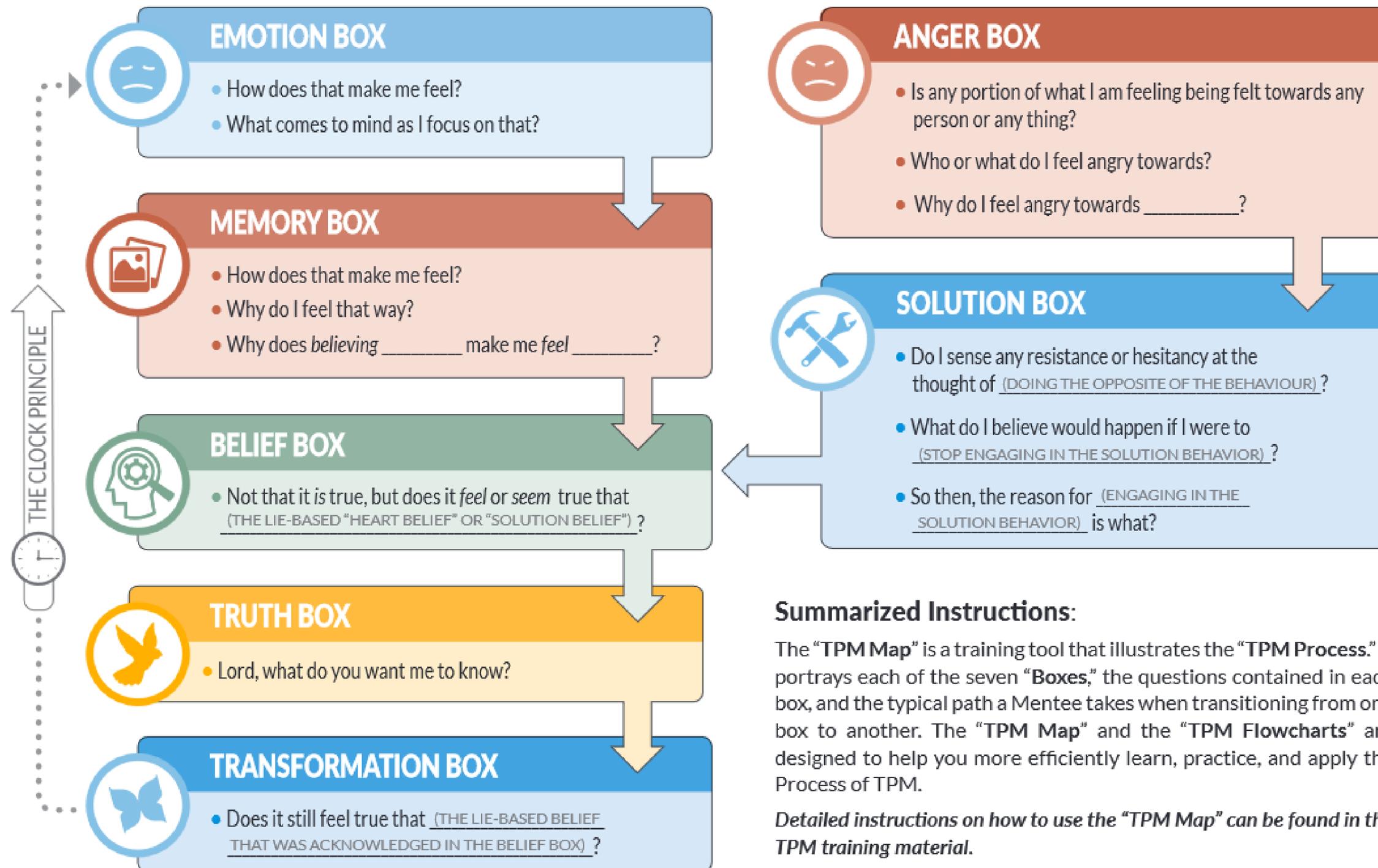
Summarized Instructions:

The "TPM Map" is a training tool that illustrates the "TPM Process." It portrays each of the seven "Boxes," the questions contained in each box, and the typical path a Mentee takes when transitioning from one box to another. The "TPM Map" and the "TPM Flowcharts" are designed to help you more efficiently learn, practice, and apply the Process of TPM. *Detailed instructions on how to use the "TPM Map" can be found in the TPM training material.*

TPM Process Map - "Objectives"



TPM Process Map - "Mentee"

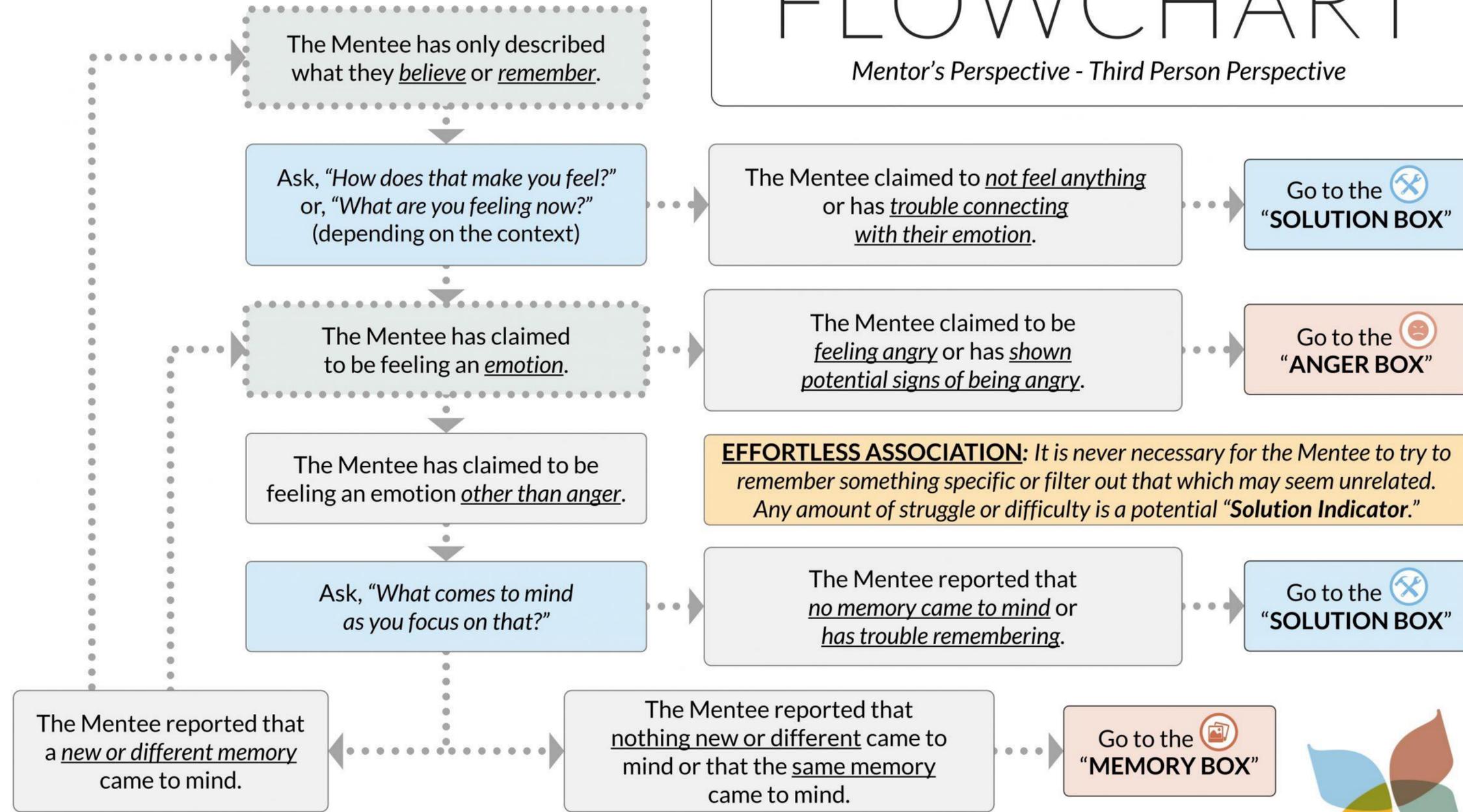


Summarized Instructions:

Beginning at the top-left of the flowchart (typically, in one of the boxes that has a dashed border), use the Mentee's most recent response/statement to determine what to do next in a TPM session. Detailed instructions on how to use this flowchart can be found in the TPM training material.

THE EMOTION BOX "FLOWCHART"

Mentor's Perspective - Third Person Perspective



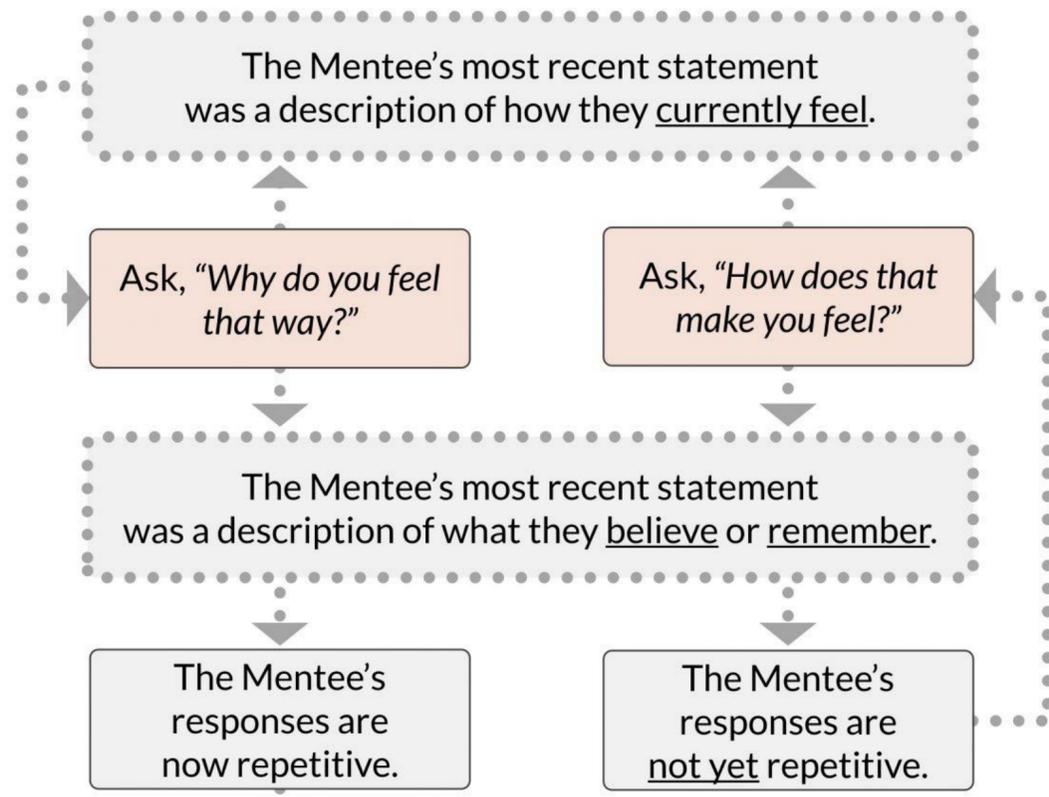
EFFORTLESS ASSOCIATION: It is never necessary for the Mentee to try to remember something specific or filter out that which may seem unrelated. Any amount of struggle or difficulty is a potential "Solution Indicator."

REPEAT UNTIL THE SAME MEMORY OR NOTHING NEW COMES TO MIND: As the Mentee focuses on what is felt, thoughts and memories should naturally begin coming to their mind. They should continue this pattern of focusing on emotion and allowing an associated memory to come to mind until the same memory comes to mind twice or until nothing new or different comes to mind. When this happens, they have accomplished their goals in the EMOTION Box.

THE MEMORY BOX

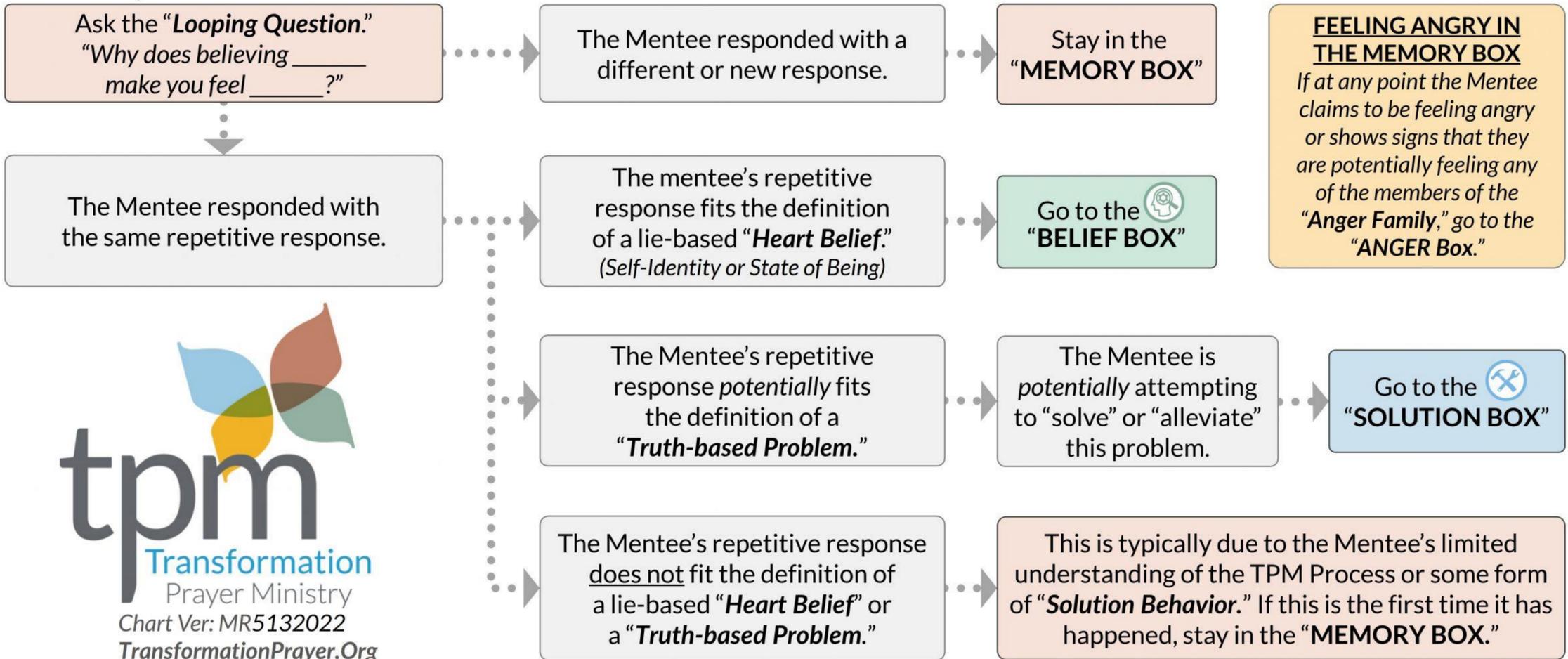
“FLOWCHART”

Mentor’s Perspective - Third Person Perspective

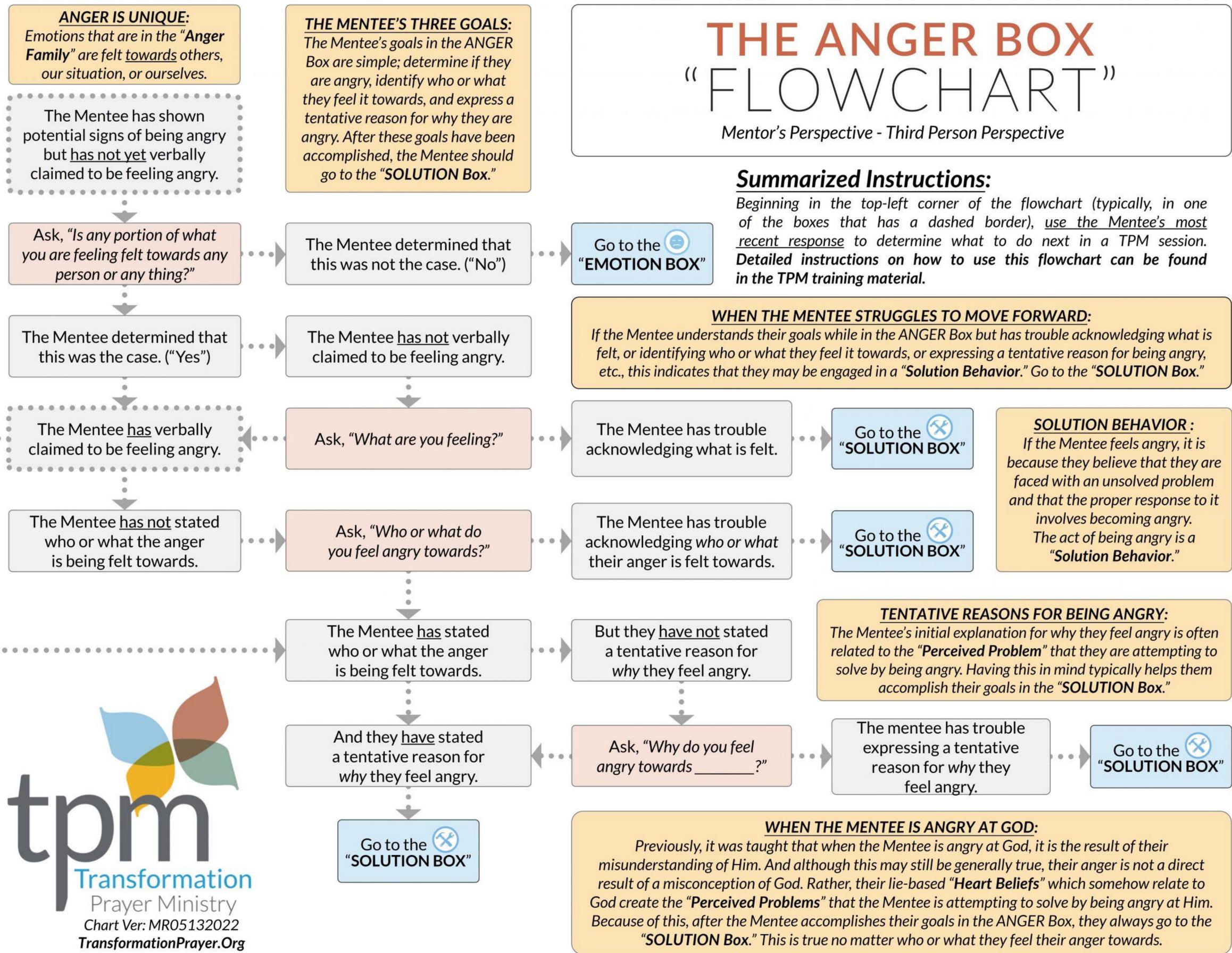


Summarized Instructions:
 Beginning at the top-left corner of the flowchart (typically, in one of the boxes that has a dashed border), use the Mentee’s response to the most recently asked question to determine what to do next in a TPM session. Detailed instructions on how to use this flowchart can be found in the TPM training material.

POTENTIAL SOLUTIONS IN THE MEMORY BOX
 If the Mentee seems to have trouble accomplishing their “Goals” in this “Box,” they may need additional orientation on what to do or they might be engaged in a “Solution.”



FEELING ANGRY IN THE MEMORY BOX
 If at any point the Mentee claims to be feeling angry or shows signs that they are potentially feeling any of the members of the “Anger Family,” go to the “ANGER Box.”

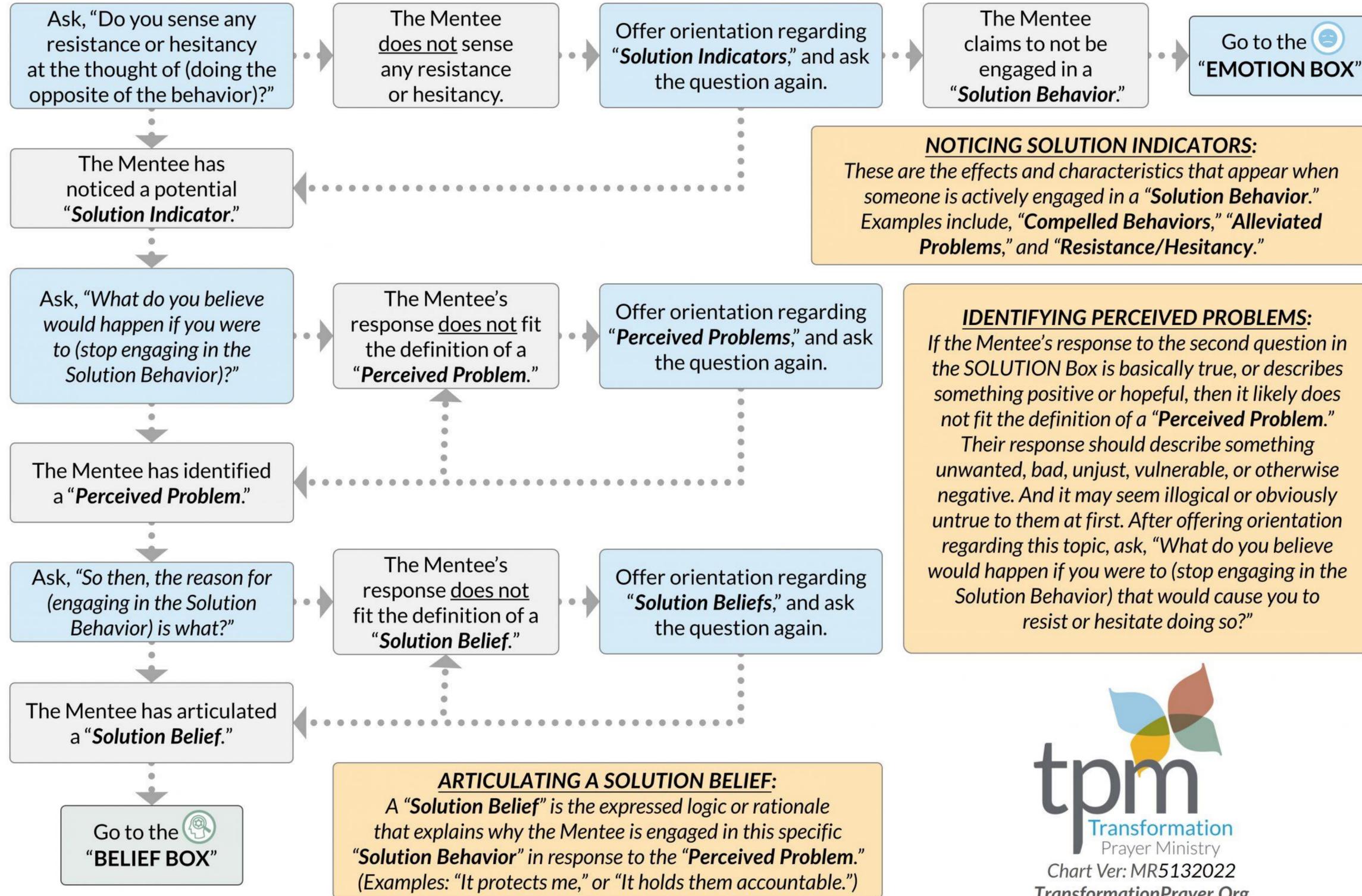


THE SOLUTION BOX "FLOWCHART"

Mentor's Perspective - Third Person Perspective

Summarized Instructions:

Beginning in the top-left corner of the flowchart, use the Mentee's most recent response to determine what to do next in a TPM session. Detailed instructions on how to use this flowchart can be found in the TPM training material.



TPM Principles

TPM Principles Overview

The TPM Principles explain what, how, and why things happen in a ministry session. They are the foundation stones. Everything we do in a ministry session rests upon these foundational principles.

These same principles should be implemented outside of the ministry environment as a means for understanding events in everyday life.



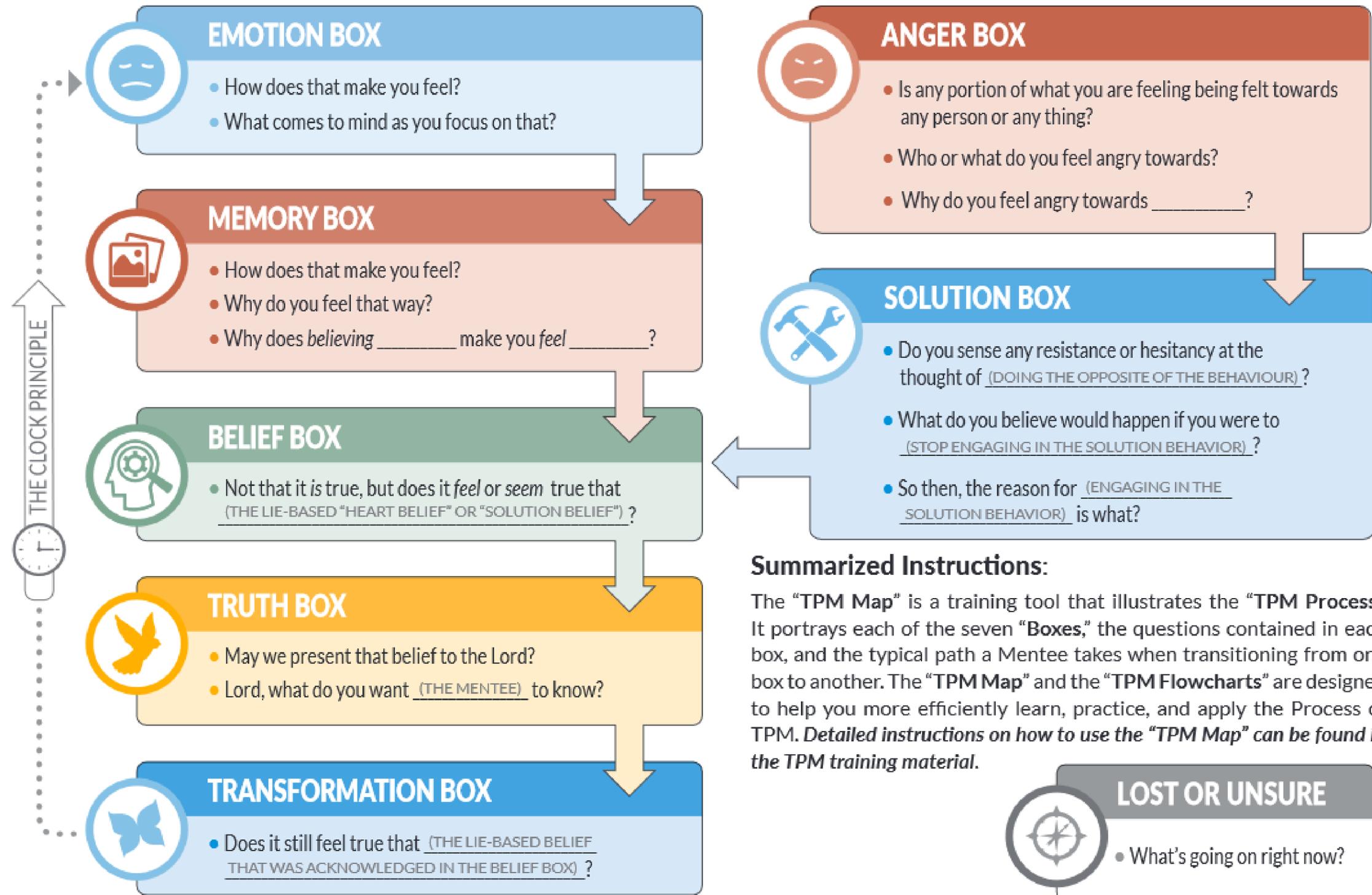
tpm **LIVE**
Episode Four

Principles of Emotion

We Feel Whatever We Believe

What we feel in any given moment is a direct reflection of what we believe in our hearts (heart-belief.) Emotions are not random or unexplainable; rather, they are the natural result of how we interpret events through our heart-beliefs.

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No person or thing causes us to feel what we feel

Blaming others, our situation, or God for our feelings merely keeps us in an endless cycle without any hope of finding freedom.

We feel what we believe. When we finally come to see that our painful emotions are caused by our own lie-based beliefs, we are in the right place for the Spirit to renew our minds with His truth resulting in transformed lives.

If it were true that others or our life situation were the cause of why we feel what we feel, there would be no hope of feeling differently until others or our world decides to change.

James 1:2-4 NIV

Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance. because you know that the testing of your faith produces perseverance. Let perseverance finish its work so that you may be mature and complete, not lacking anything.



EMOTIONAL FORGIVENESS

THE EMOTION PROCESS FLOWCHART
tpm



It is good to feel bad when we believe lies!

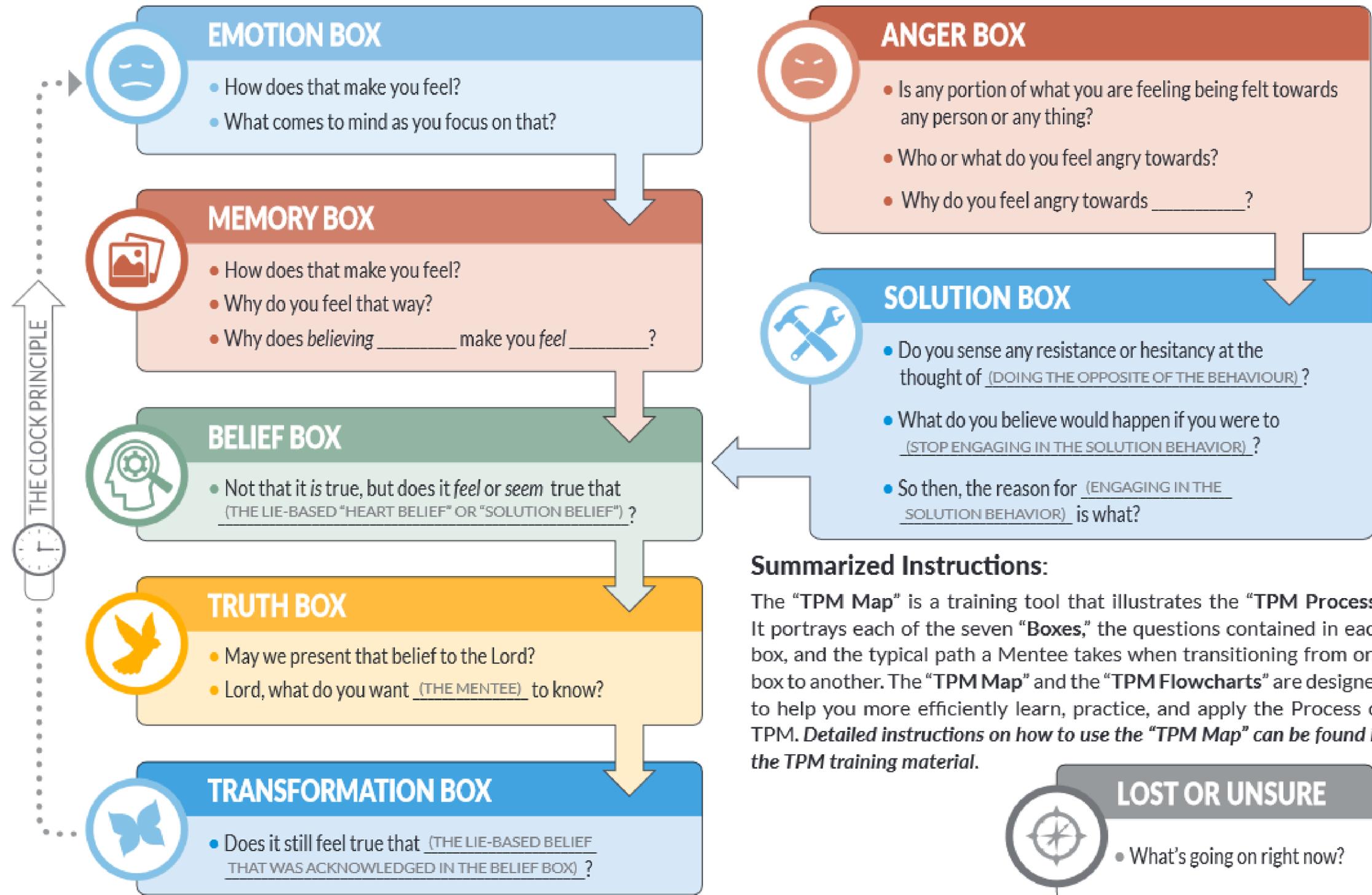
All pain was created by God and serves an important purpose. Without emotional pain, we would continually walk in deception and not be aware of it. When we are able to embrace negative emotion as a “friend” rather than something to overcome, we will be better positioned to receive what God has in store for us.

It is not good that we remain in lie-based negative emotion. But it is good that we feel bad when we believe lies, as this can motivate us to ask God to replace the lies we believe with His truth!

Romans 8:28 BSB

And we know that God works all things together for the good of those who love Him, who are called according to His purpose.

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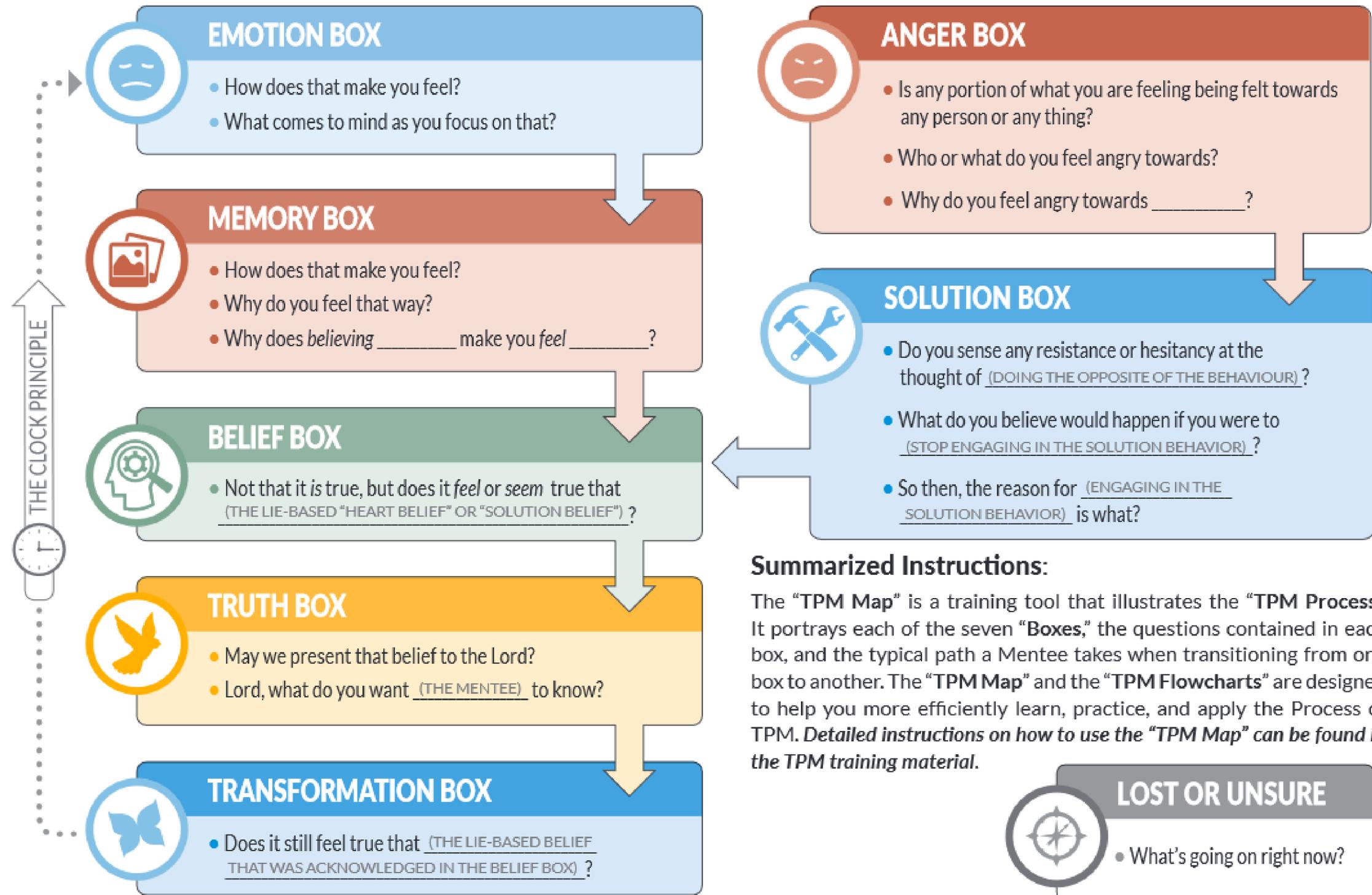
Emotions can be suppressed, but not controlled

We cannot truly control emotions, determine when they will surface, or ever change them. We can temporarily suppress them, distract ourselves from them and make excuses for them, but they will remain as long as the belief that is causing them remains.

We should not try to change what we feel. Rather, **we should use our emotions to help us to identify what we believe that is causing us to feel what we feel.**

Our emotions are the outcome of what we believe. If we believe lies we will feel what the lies feel like. When we know the truth in our hearts, we will feel what the truth feels like. It really is that simple.

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Principles of Memory

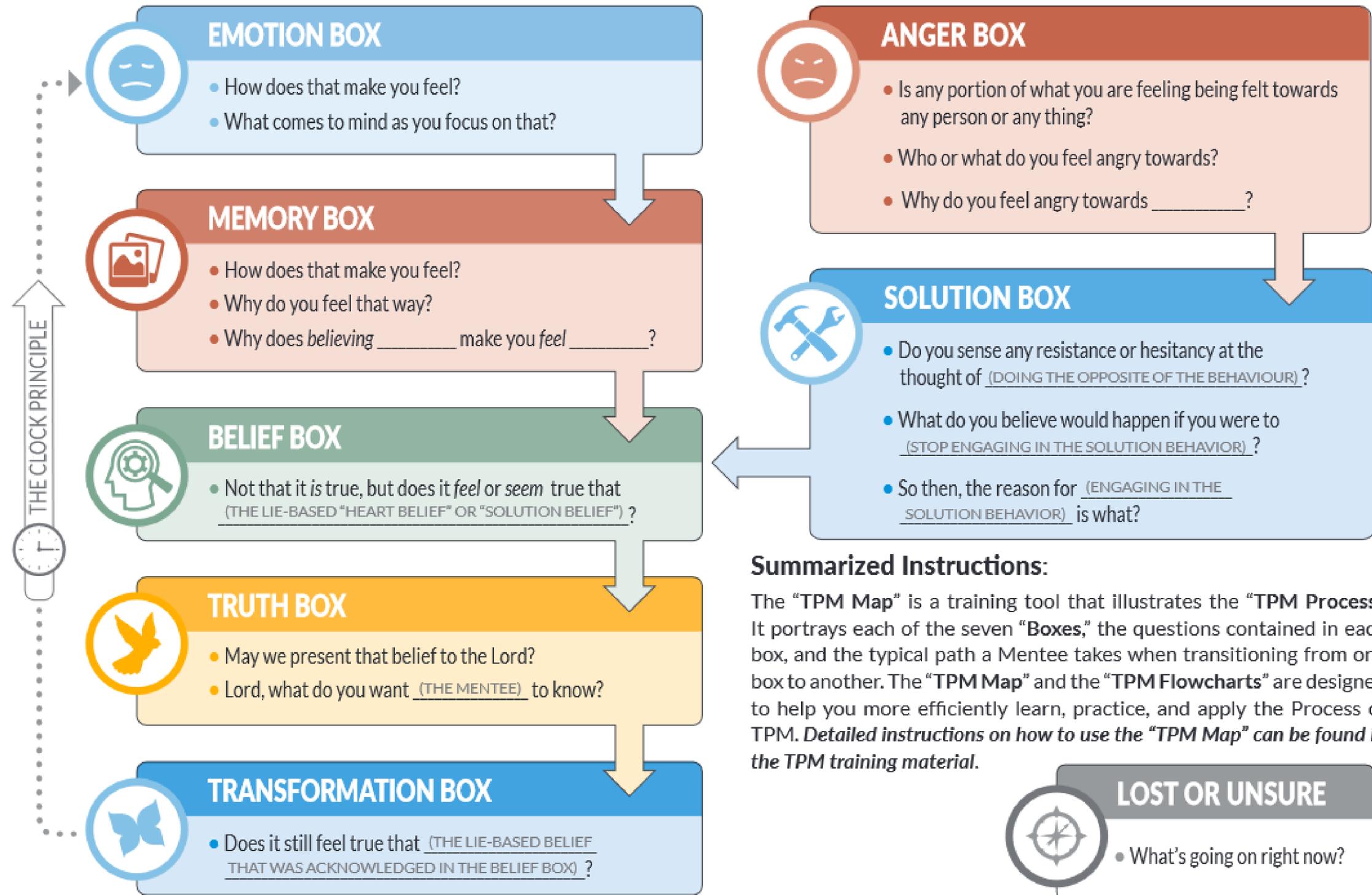
Memory answers “what?” and “why?”

The purpose of memory is to help us answer two important questions:

- *“What belief is causing me to feel what I feel?”*
- *“Why do I believe it?”*

The memory provides us with the context in which our current belief was established. Without memory we have no means by which we can know how we came to believe the lies that we currently believe.

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There are no painful memories

Each of us experience painful events throughout our lives. But none of the pain we feel when we remember these experiences is coming from the past.

Memory does not cause any of us to feel anything that we feel. We feel what we believe right now. Memory triggers our current beliefs, causing us to feel what we currently believe.

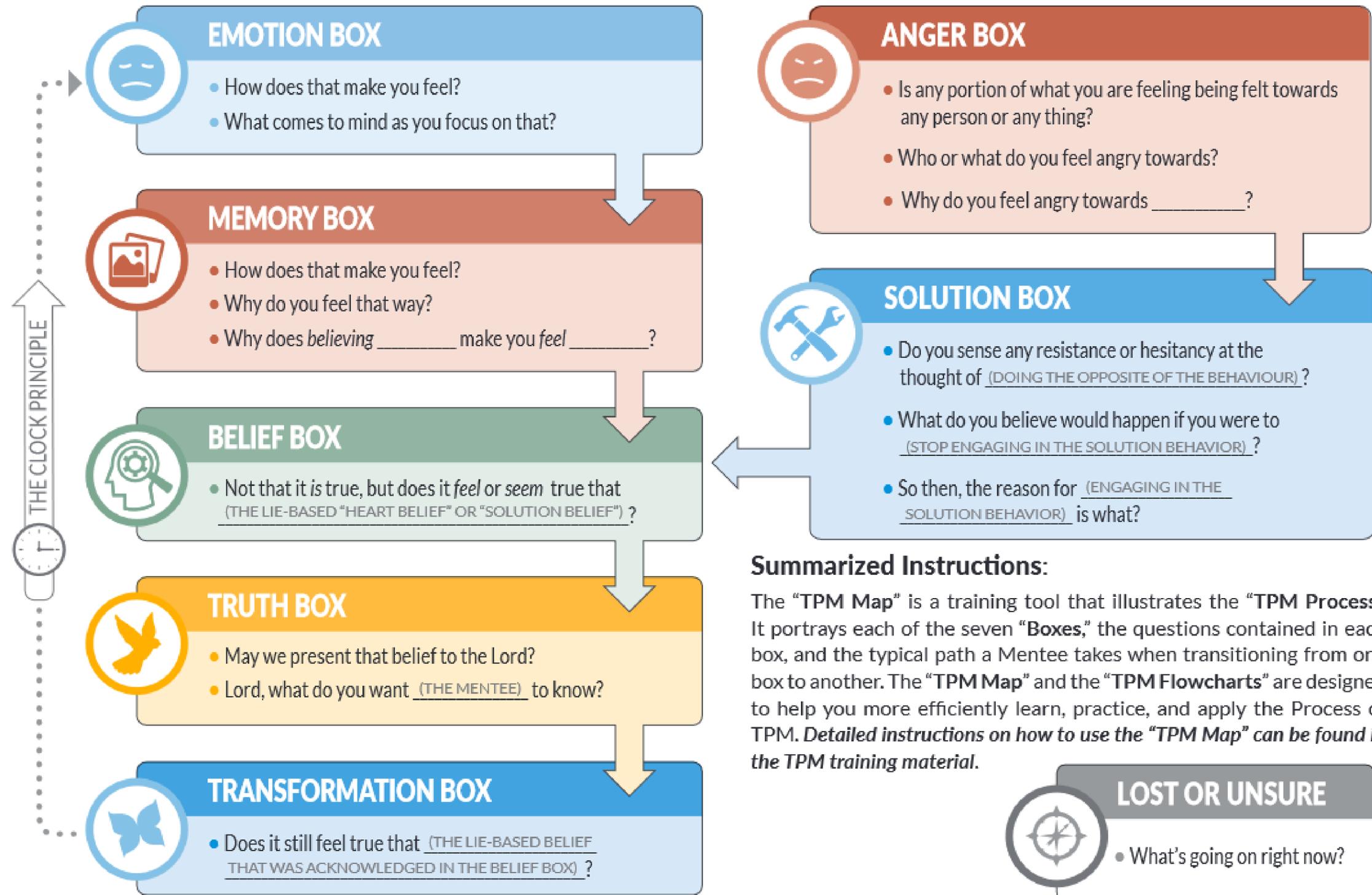
If our past were the source of our pain, there would be no freedom from the pain, since we cannot change the past. But if the pain comes from our current beliefs, we can find relief by changing our beliefs.

Wearing the right “glasses” makes all the difference

If we feel badly when we remember a past experience, it is only because we are viewing it through the “lens” of our current lie-based beliefs.

As God begins to replace these lies with truth in our hearts, the painful emotions will disappear because we will interpret them through the “lens” of truth.

TPM Process Map - "Mentor"



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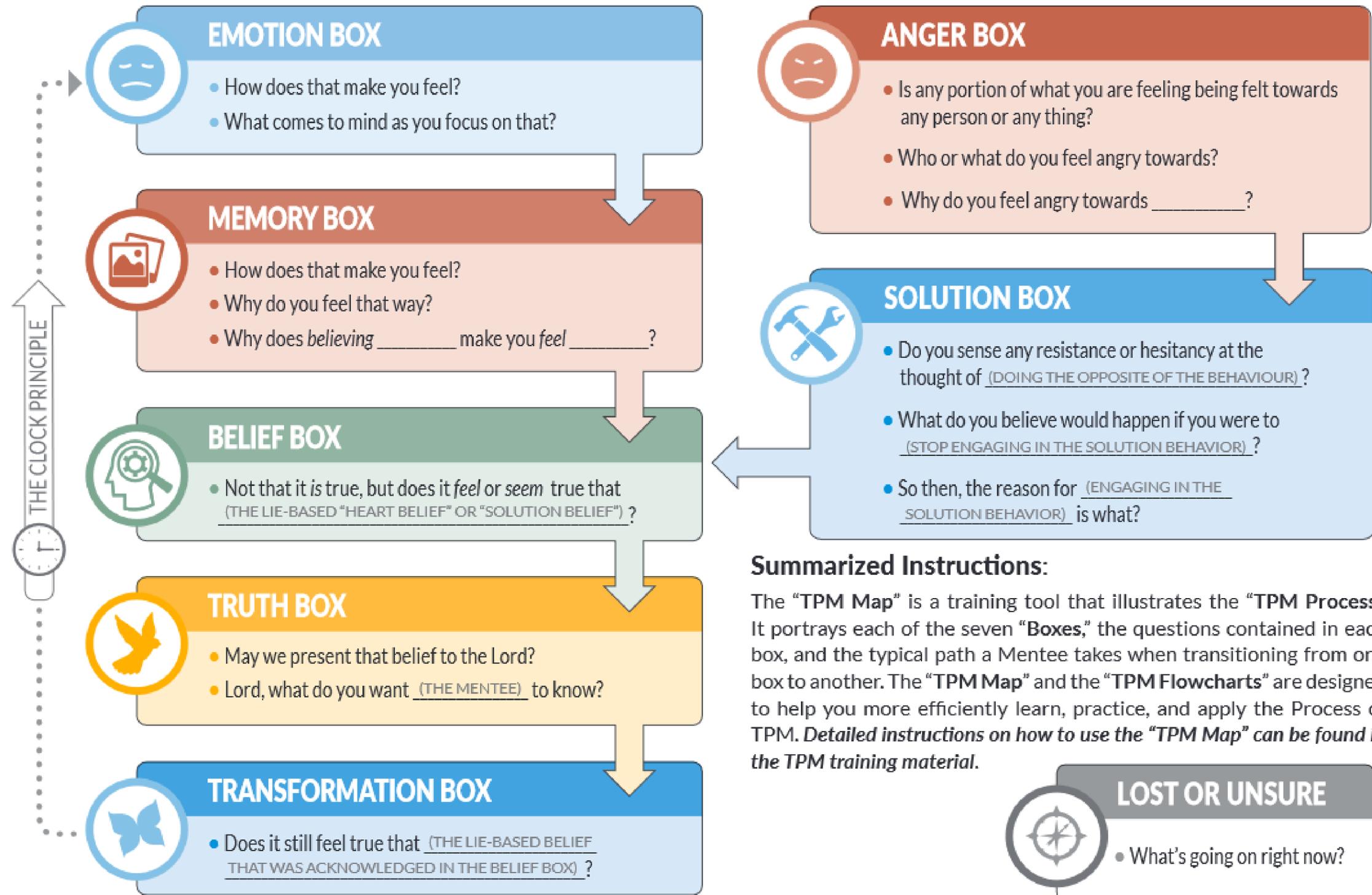
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Remembering does not require effort

If we find ourselves struggling to remember something, it is because we do not *want* to remember it. If we are feeling negative emotion and no memory comes to our minds, then we are indeed avoiding remembering. By not remembering, we avoid the problem. We may believe that doing so might keep us from being overwhelmed, keep what happened from being real, or keep something suppressed and out of sight.

If there is no reason for us to not remember, then our minds will do what they are designed to do. They will associate what we feel with the belief and memory connected to it. This is an effortless process called association that will occur unless deliberately thwarted.

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The truth only feels true when we believe it in our hearts

We can intellectually agree with what the Bible says, while still feeling that the lie is true and the truth is not. When this is the case, we do not yet believe the truth with our hearts. We are double-minded.

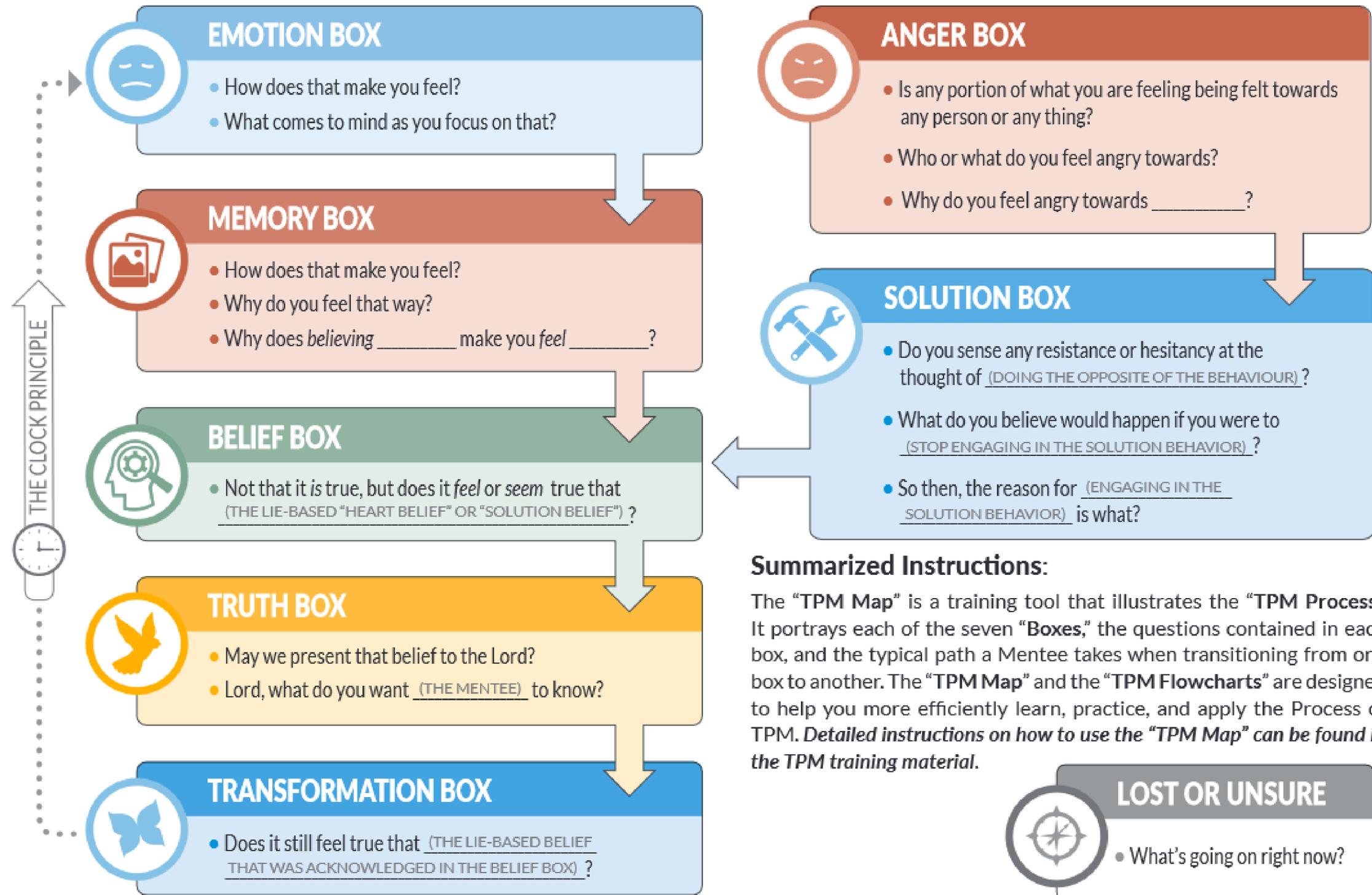
I can agree intellectually that God loves me. Yet emotionally, I can feel like God doesn't care about me. If it does not feel true that God loves me, I don't yet believe it in my heart.

Once we believe the truth with our hearts we cannot stop believing it

Though we might choose to rebel against God and walk away from Him, we cannot stop believing once we are convinced of the truth within our hearts. We may “exchange the truth for a lie” and live lawlessly, but in our heart of hearts, we will still believe.

However, it is possible that our belief in the Gospel was merely an intellectual agreement, but was not believed with the heart. If this is so, then it is very possible that someone may come along and intellectually talk us out of our intellectual agreement.

TPM Process Map - "Mentor"



Principles of Truth

Only the Spirit can convince us of the truth

Once we believe something with our hearts, it becomes implanted—whether it is a lie or the truth. Only the Spirit can talk us out of it.

When the Holy Spirit shines truth into our hearts, the lie will cease to feel true. Changing what we intellectually believe is possible through receiving a reliable and provable facts, but only the Holy Spirit can change what we believe in our hearts. If we believe a lie with our hearts, even reliable and proven facts will not counteract it.

The Trust and Authority Principle

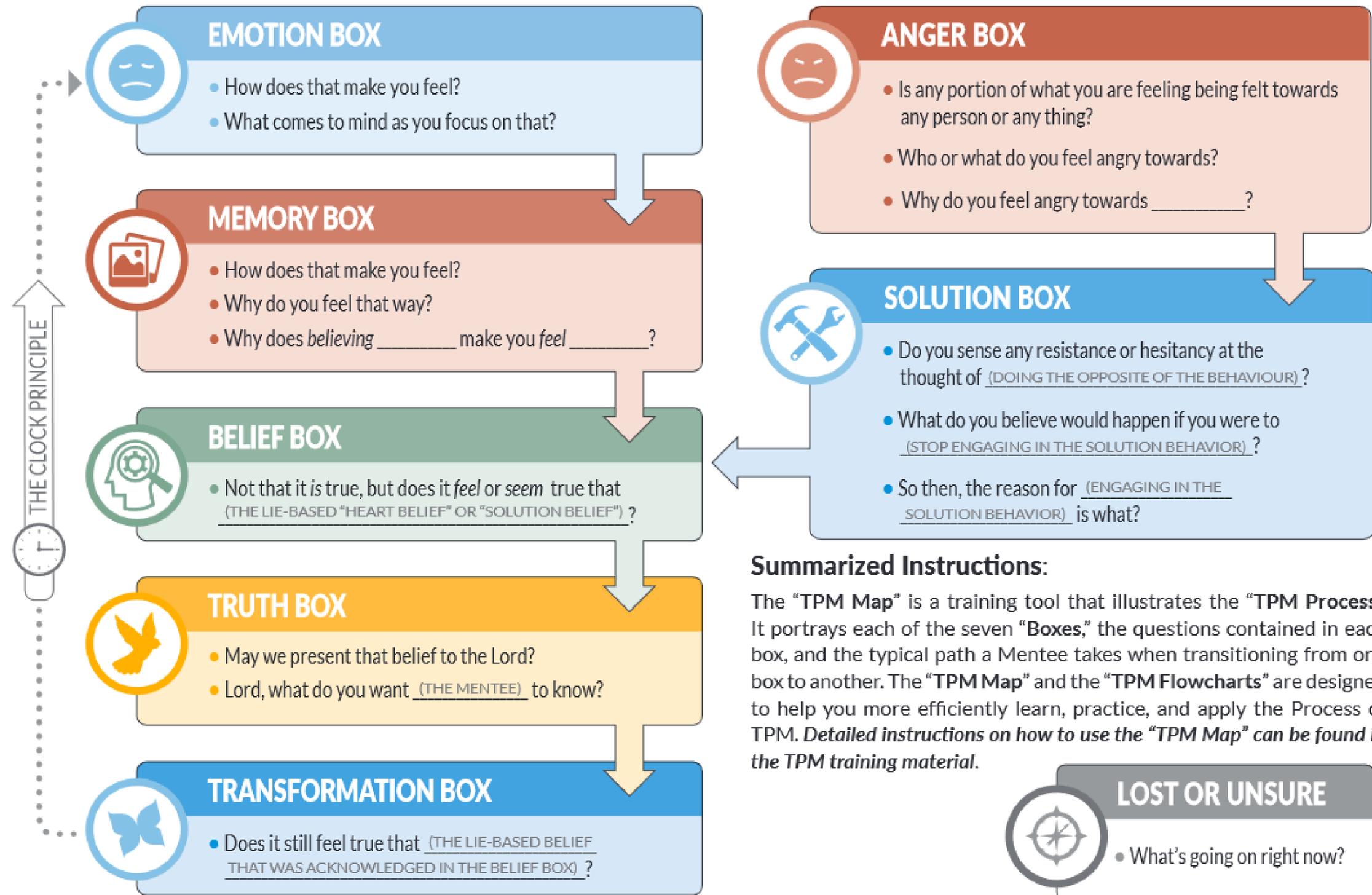
When someone we trust, whom we believe holds a higher authority of knowledge than we do, makes the truth known to us, we will be instantaneously persuaded to believe it.

If I believe that my own authority supersedes the one offering me the truth, or if I do not trust them, then I will not be persuaded by them.

We cannot change our own beliefs, even if we want to. Try to change your belief that $2+2=4$, or that you need to breathe to live. We cannot.

If we trust God by asking Him to speak, He can instantly persuade us of the truth, because He has the highest authority.

TPM Process Map - "Mentor"



The Trust and Authority Principle

This principle is why we do not counsel people during TPM. We could tell people the biblical truth that speaks straight to their situation — but we lack the authority to persuade them in their heart. They may agree intellectually, yet the lie will still feel true.

We ask God to speak, as only He can persuade us of the truth in our hearts.

A tale of two atheists...

The substance of faith is what we believe with our hearts

Faith is whatever we believe with our hearts.

Every human walks by faith, all the time. We live according to what we believe in our hearts.

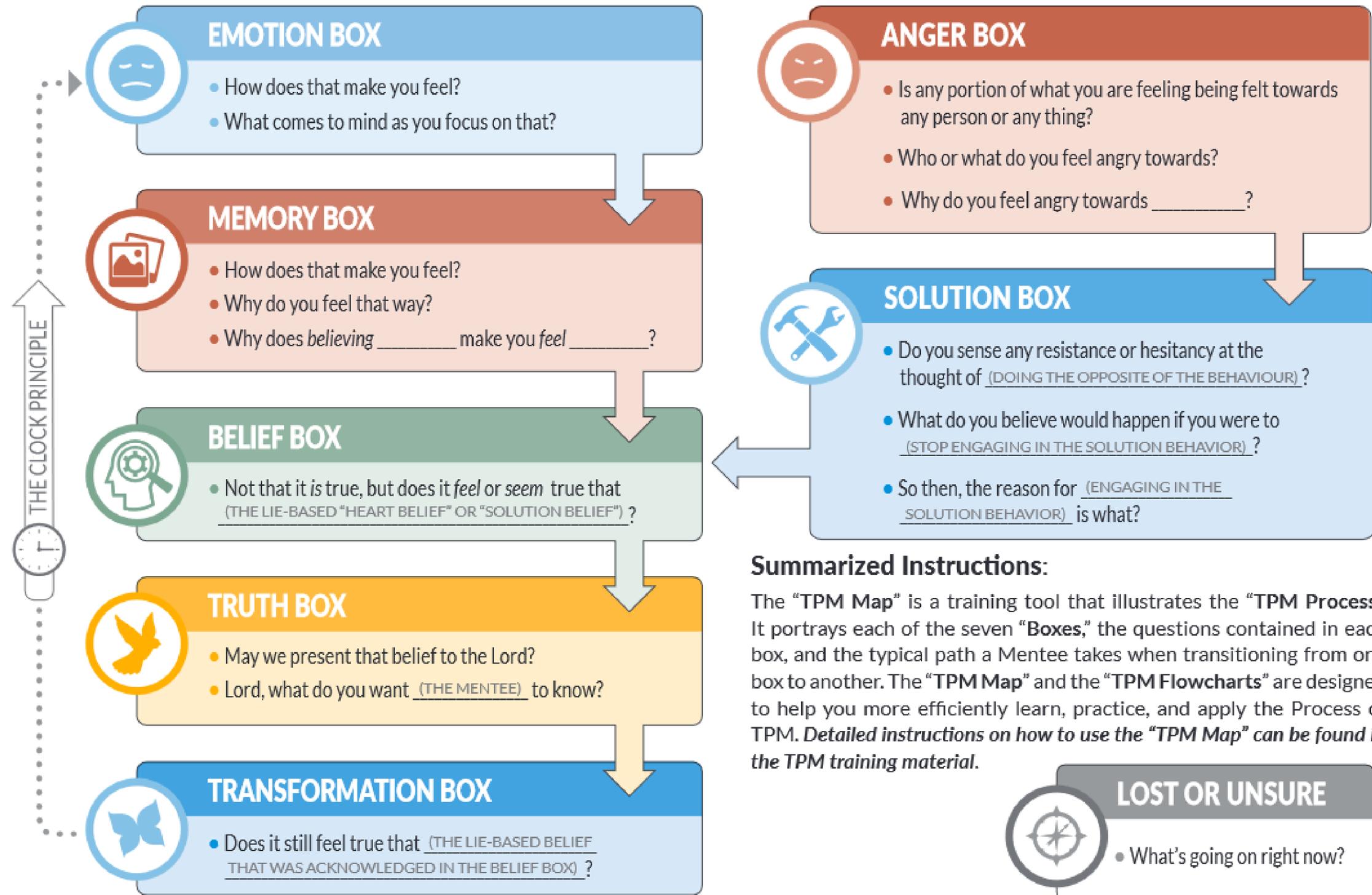
However, not all faith reflects the truth. This is why the Bible says that our faith needs to be tested or purified as with fire. Lie-based beliefs are the basis of an impure faith that God desires to purify with truth.

What we feel in the midst of our difficulty is an expression of our heart-belief

We feel what we believe. We might suppress feelings in calmer times, but times of testing bring our true beliefs to the surface. If we feel anger, anxiety, stress, etc. during difficult times, they are revealing beliefs we've always had, but suppressed.

Trials and difficulties are the primary means through which God exposes our lie-based beliefs. They provide the context by which He shows us what is true. Because this is so, we can trust our emotions to expose what we believe in our hearts.

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Truth is truth

The truth is the truth no matter what your circumstance might otherwise suggest.

The truth often does not feel true or even seem true. Your emotional state will often run completely contrary to the truth, but the truth is still the truth.

This principle is an anchor for our souls. Though our ship may seem to be adrift, with no land in sight, the truth is still the truth. Jesus is still walking on the water and will bring us safely home.

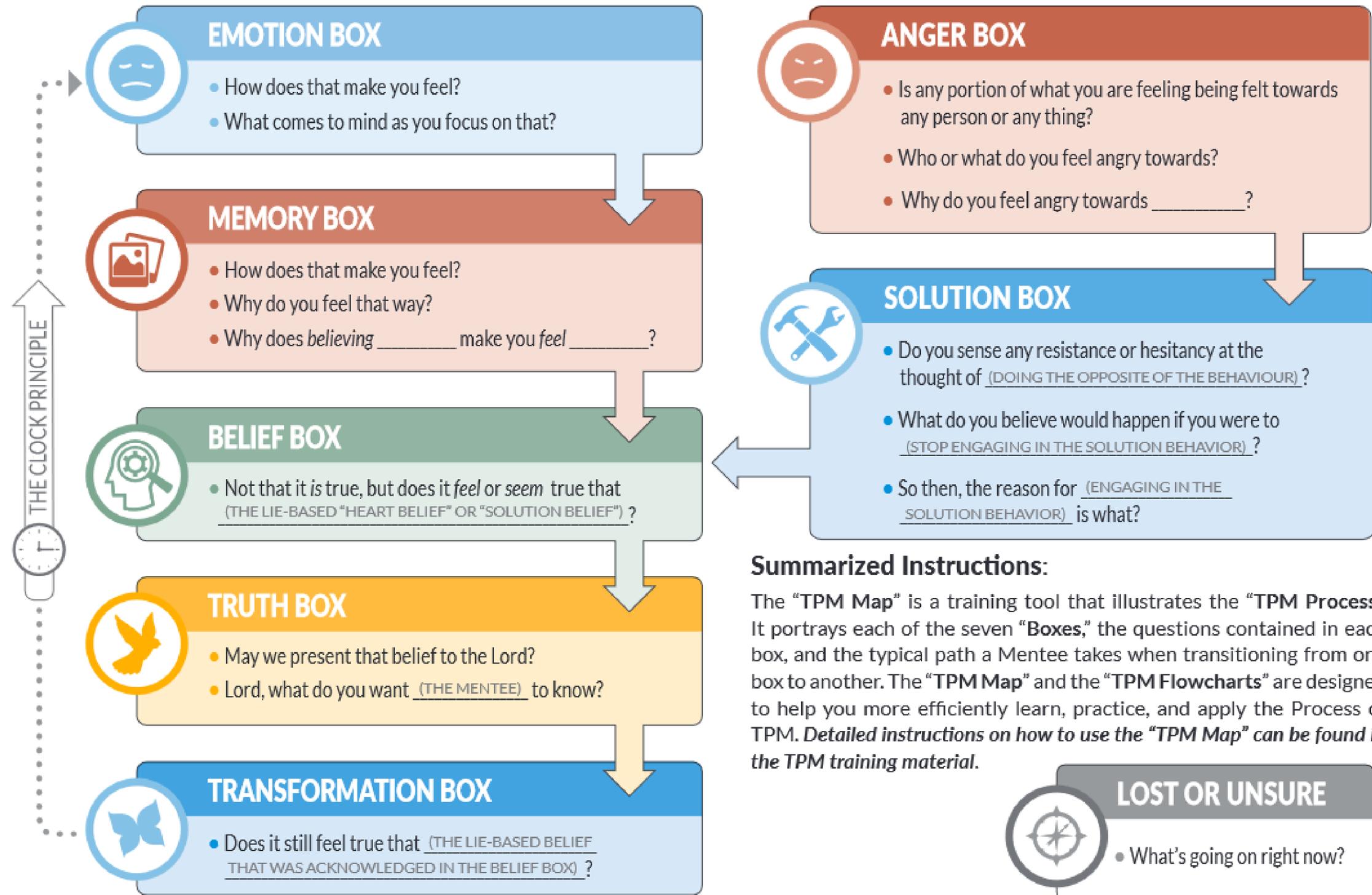
Principles of Transformation

You can't transform yourself

Much of what we define as spiritual behavior could be equally accomplished by an unbeliever. God is looking for transformation (what He accomplishes in us) as opposed to controlled behavior (what we do.) TPM assists in true Spirit-driven transformation. When we choose to position ourselves under God's hand, He replaces the lies we believe with His truth.

Our only effort is to submit ourselves to His faith-refining process. Transformation is permanent, whereas conformity requires constant work with questionable results.

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We need the refiner's fire to purify our faith

Difficulties, trials, and tribulation are all part of the “refiner’s fire” that exposes the impurities in our faith, bringing them to the surface where we can see them, and allowing God to remove them. Emotions reveal these impurities since they are products of our beliefs.

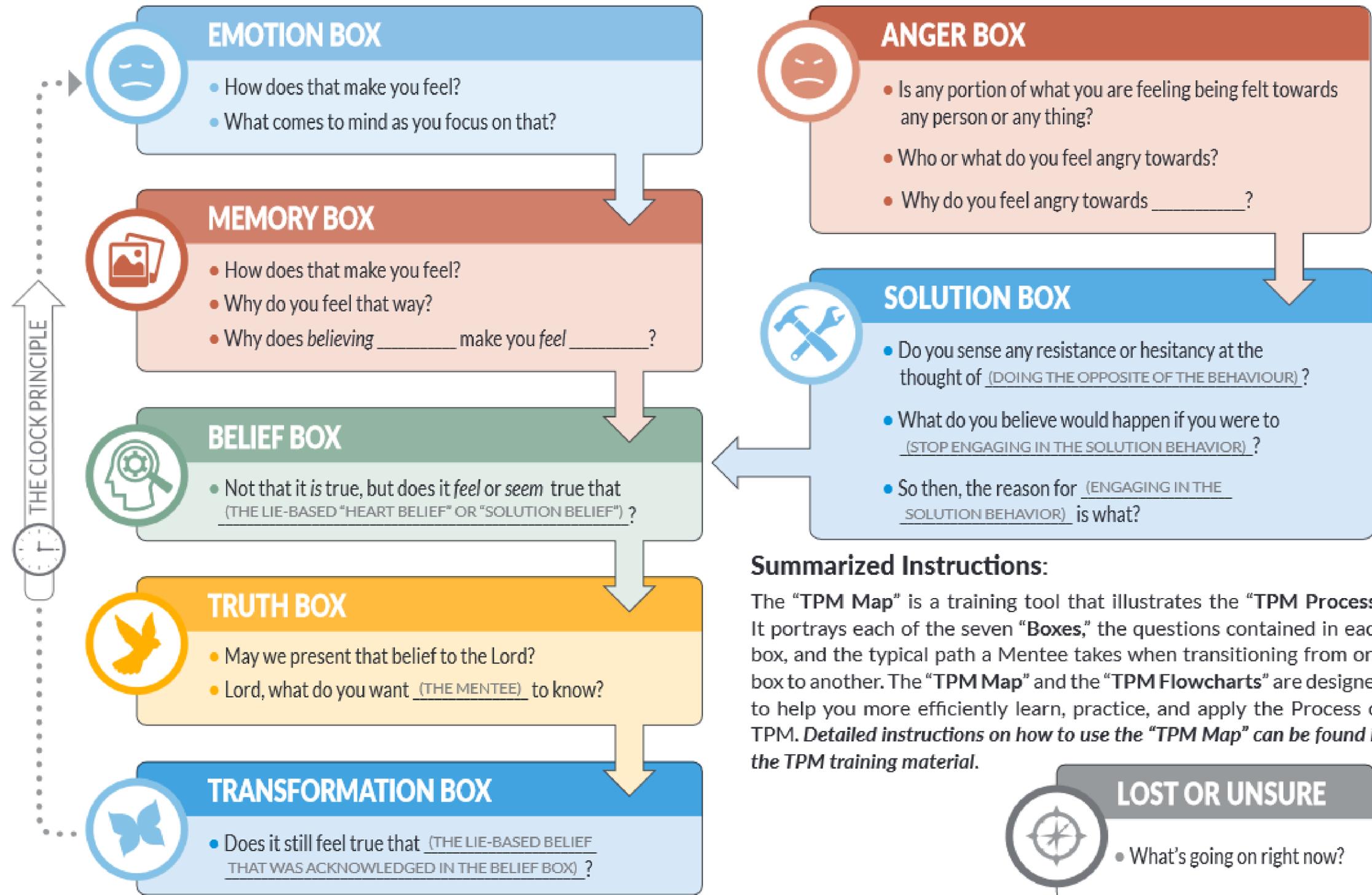
We forfeit much benefit unless we view the fire as an opportunity to be transformed into His likeness, rather than something to “get through.”

Christlikeness effortlessly follows transformation

A person cannot bear fruit of the Spirit (the inner development of godly character and behavior) without the transforming work of the Spirit. It is the fruit *of the Spirit*, not the fruit of our effort.

As the Spirit renews our minds, He transforms us into the image of Christ. The fruit of the Spirit appears as a by-product of believing the truth in our hearts. As we believe the truth, it produces the fruit of love, joy, and peace.

TPM Process Map - "Mentor"

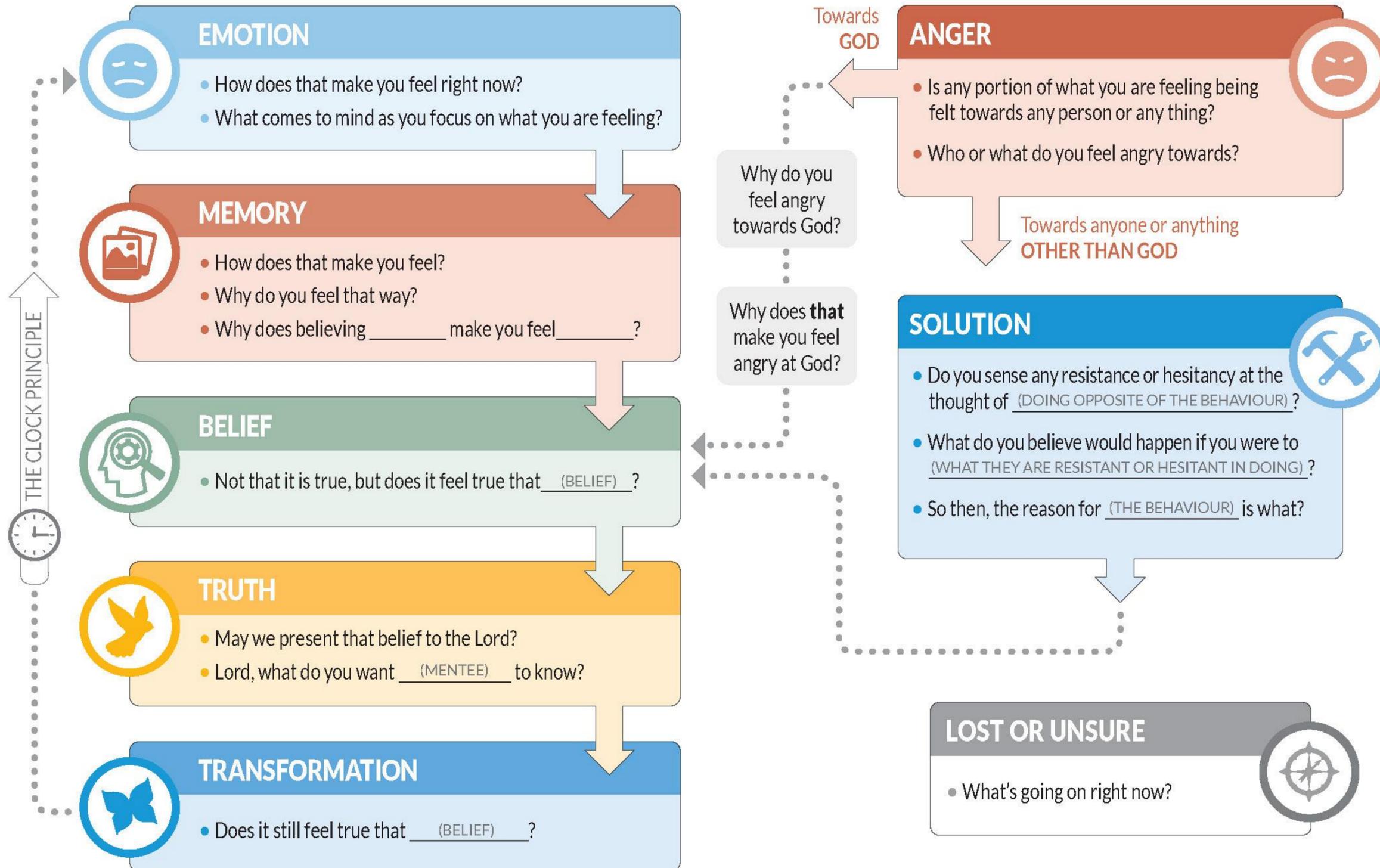


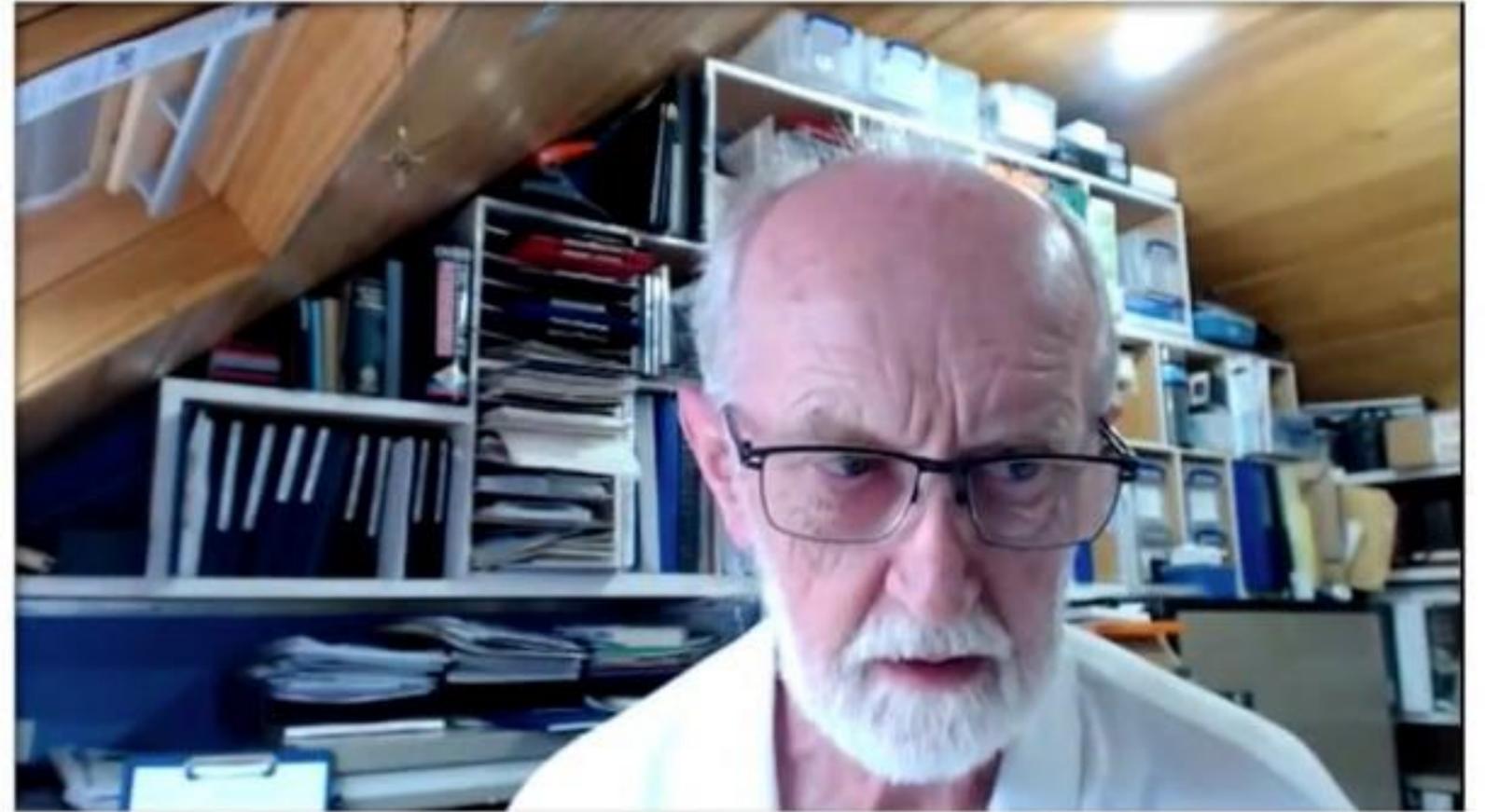
TPM Process

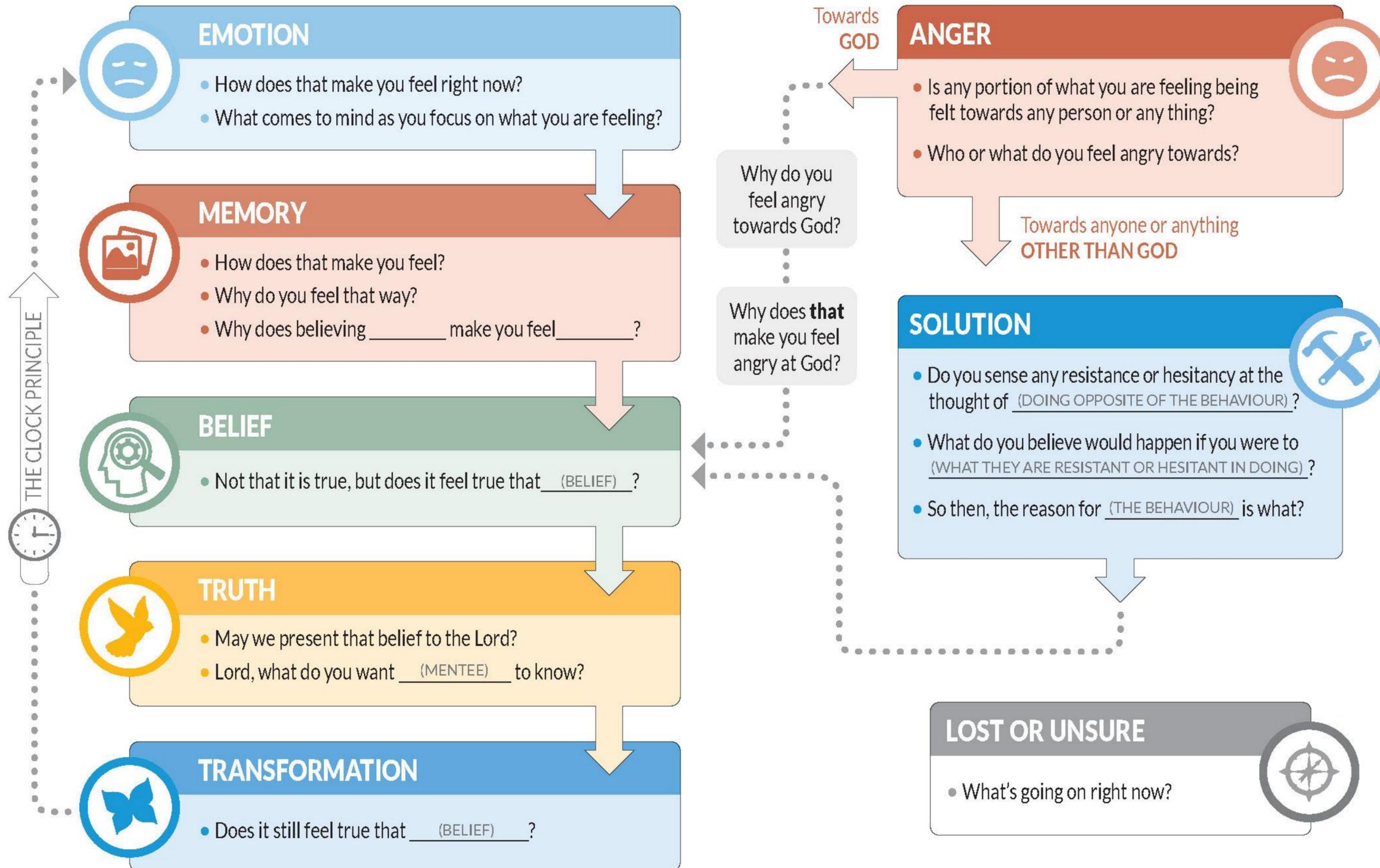
The Three Roles

TPM can be done individually, between yourself and God. It can also be done with others. When you work through TPM with others, there are three main roles:

- **The Mentor.** This person follows the Map and ask the questions.
- **The Mentee.** This person answers the questions.
- **The Prayer Partner/Mentee #2.** This person prays and learns.



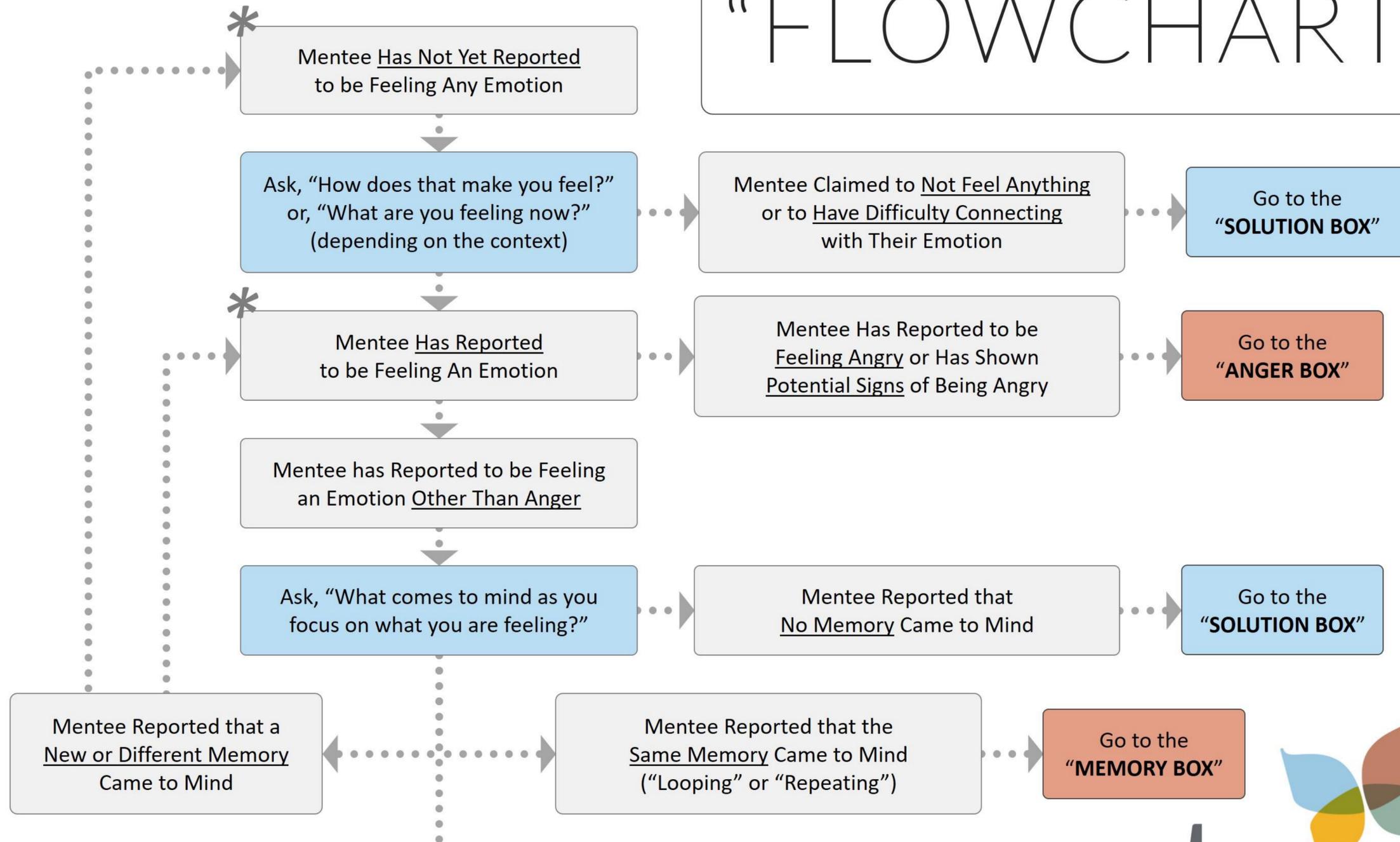




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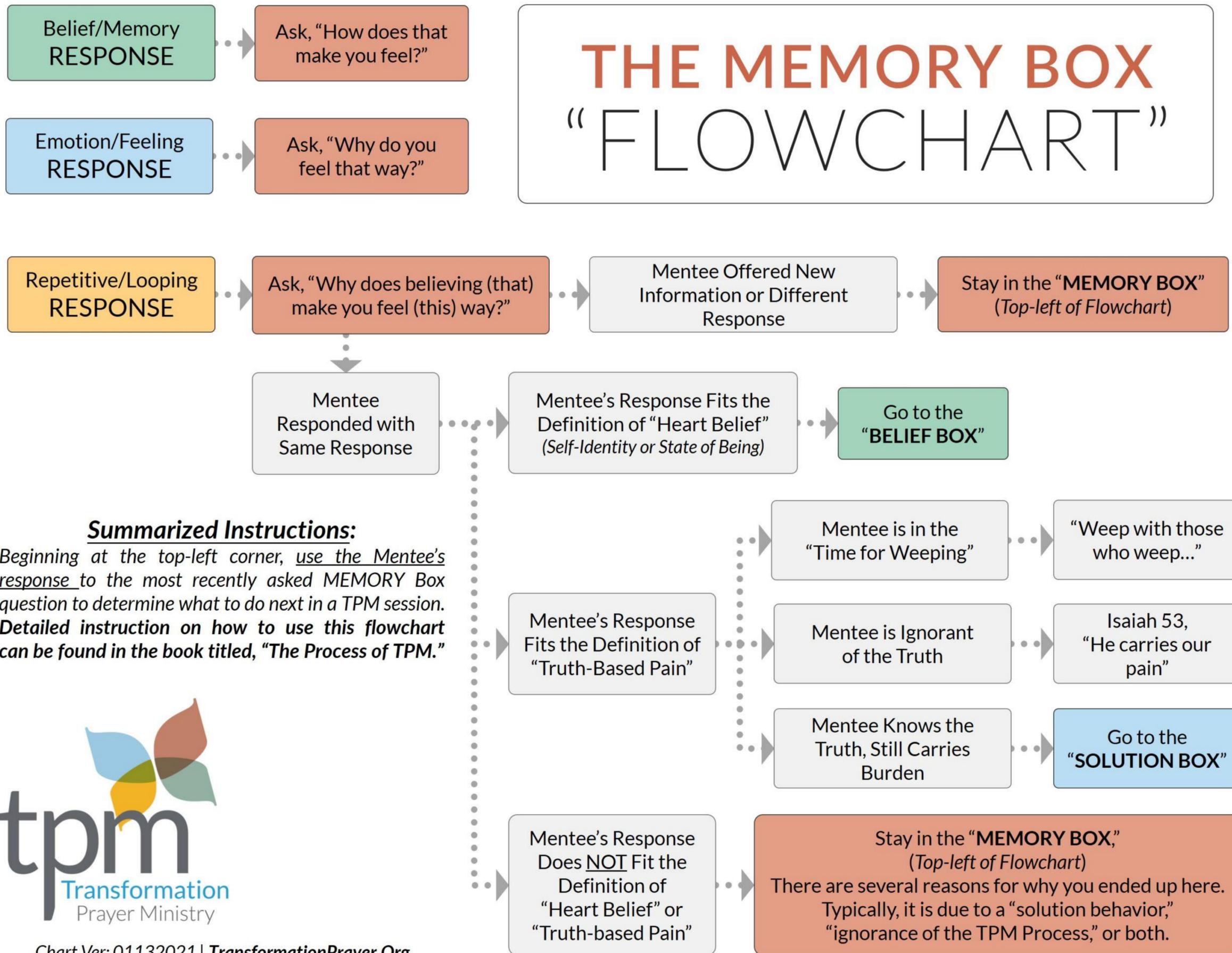
Beginning on the left side of the flowchart (typically, in one of the boxes marked with an asterisk), use the Mentee's most recent response to determine what to do next in a TPM session. Detailed instruction on what to do while in the EMOTION Box can be found in the book titled, "The Process of TPM."

THE EMOTION BOX "FLOWCHART"



SHORT TERM CONCESSION: If the Mentee seems to be struggling with the purpose of this question, and there is no opportunity to offer proper orientation, you might ask, "Does a memory come to mind as you focus on what you are feeling?"

THE MEMORY BOX “FLOWCHART”



Summarized Instructions:
 Beginning at the top-left corner, use the Mentee's response to the most recently asked MEMORY Box question to determine what to do next in a TPM session. Detailed instruction on how to use this flowchart can be found in the book titled, "The Process of TPM."



Heart Beliefs

Typically, God speaks His truth when we're focusing on heart beliefs.

Heart beliefs are state-of-being beliefs: **who I am** and **who God is**.

They can also relate to **the situation you're in**.

Examples:

Who I Am belief: "I'm worthless." "I'm just a failure."

Who God Is belief: "God doesn't love me." "God failed me."

Situation belief: "It's hopeless." "Anything I do will fail."

Assumptions and Conclusions

Often in the Memory Box, before you read Heart Belief, you'll pass through several Assumptions and Conclusions.

Heart beliefs are state-of-being beliefs: **who I am** and **who God is**.

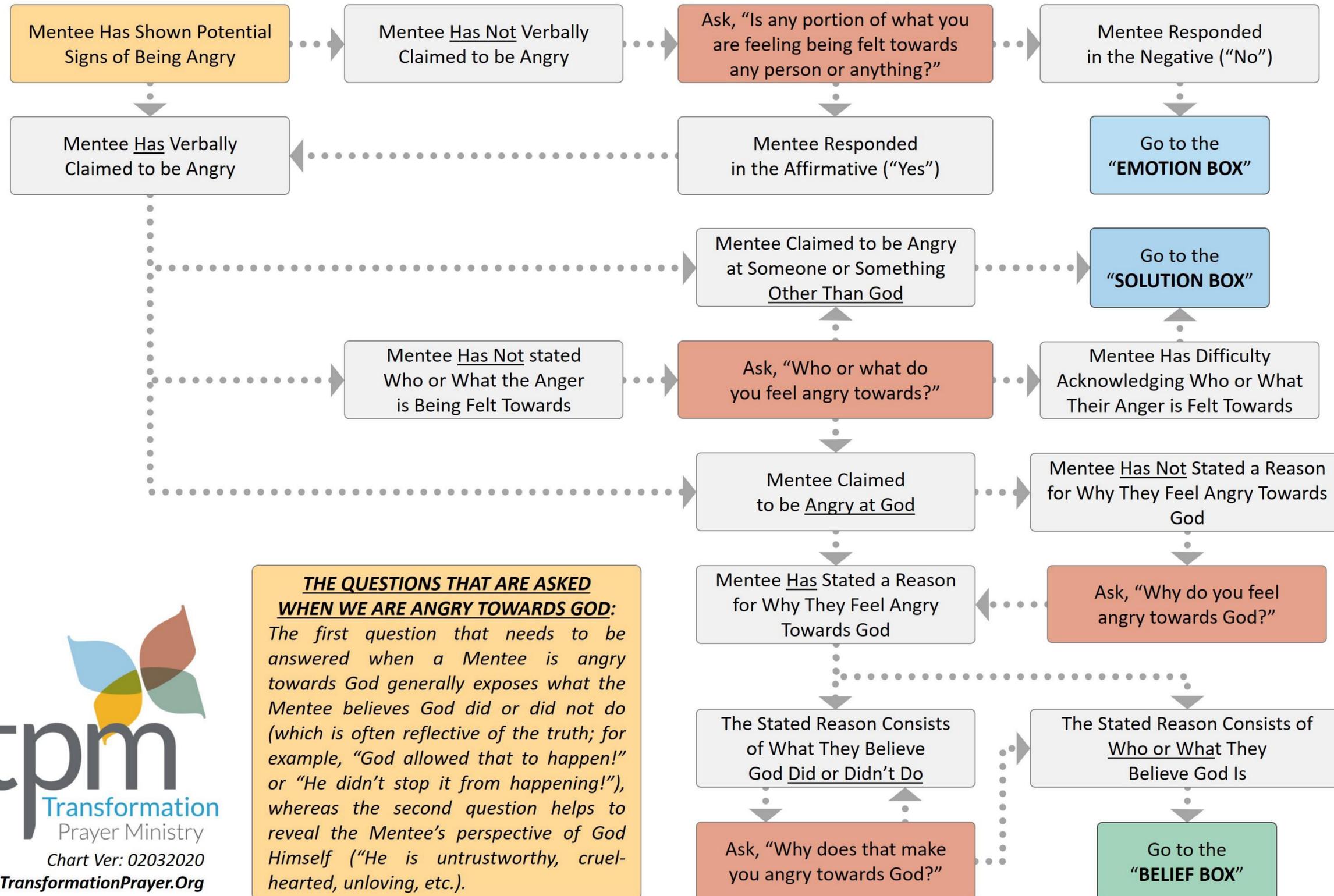
Assumption and Conclusions are anything short of that. Believing "My dad hated me" is an assumption or conclusion. If we asked God for truth there, God may not say anything, because it may be true.

But if the person believes "I'm worthless" because they could never please their dad, that is approaching a heart belief, because it deals with who I am.

THE ANGER BOX "FLOWCHART"

Summarized Instructions:

Beginning in the top-left corner of the flowchart, use the Mentee's most recent response to determine what to do next in a TPM session. **Detailed instruction on what to do while in the ANGER Box can be found in the book titled, "The Process of TPM."**



Becoming Aware of our “Triggers”

When we are “triggered,” it means something has touched a lie-based belief in our hearts, bringing its emotion to the surface.

When we understand TPM, being “triggered” becomes a beneficial tool as we grow in Christ. When we are triggered, we run through the Map, expose the lie-based belief, ask the Lord to speak to it, and let Him replace that lie with truth.

Once He does, the same thing that triggered us no longer does.

The Shield of Faith

This is the Shield of Faith.

Before, a fiery dart triggered you. It hurt.

But you used the pain to expose the lie. God spoke to it, replacing the lie with truth.

The next time the enemy fires that fiery dart, it bounces off the shield of faith you have in the truth that God spoke. The lie doesn't hurt anymore, because the truth feels more true than the lie.

If someone tries to say the sky is green instead of the blue it really is, does that affect you? No, because that lie feels less true than the truth.

Paradigm Shifts

From Performance to Genuine Transformation

Transformation comes from the Holy Spirit as He persuades us of the truth. It is not something that we do, but what occurs when the “spirit of our minds” are renewed with the truth. The expected outcome of genuine transformation is the effortless expression of the fruit of the Spirit.

In other words: **the fruit of the Spirit is not a to-do list.** It is the effortless outflowing of the Holy Spirit working His transformation in your life. **It is the fruit *of the Spirit*, not the fruit of your effort.**

“be transformed by the renewing of your mind” (Romans 12:2)

“You took off your former way of life, the old self that is corrupted by deceitful desires; **you are being renewed in the spirit of your minds;** you put on the new self, the one created according to God’s likeness in righteousness and purity of the truth.” (Ephesians 4:22-24 HCSB)

Ephesians 4:23

New International Version

to be made new in the attitude of your minds;

New Living Translation

Instead, let the Spirit renew your thoughts and attitudes.

English Standard Version

and to be renewed in the spirit of your minds,

Berean Study Bible

to be renewed in the spirit of your minds;

Amplified Bible

and be *continually* renewed in the spirit of your mind [having a fresh, untarnished mental and spiritual attitude],

From Toxic Emotions to Trustworthy Friends

Negative emotions are beneficial, not problematic.

Many people believe that negative emotions are harmful and even toxic and, therefore, they do all they can to avoid feeling them.

We have discovered that all emotions were created by God and are purposeful. When we learn to embrace what we feel and use our emotions as a way to help identify our lie-based heart beliefs, we can benefit and move in the direction of truth and freedom.



From Enduring to Benefitting

The goal of our life difficulties is not to endure them, but rather to benefit from them.

The truth is, everyone survives and gets through every fiery trial no matter what they may do. Enduring a trial is a given that all people do whether they are believers or not.

Getting through is not the goal. God's intent for the heat of the fire is to bring about the purification of our faith. The trials of life are the primary means through which God is refining our faith and renewing our minds with the end goal of transforming our lives.

From Blaming the Past to Owning the Present

Our past is not the reason we feel what we feel in the present, nor is our past causing us any current troubles.

There really are no painful memories. There are only lie-based beliefs through which we remember our past.

When we know the truth in our hearts, we will be able to experience any memory with the peace of Christ. When we know the truth, we will not only view the past differently, we will also be able to rightly interpret the present.

From Double-mindedness to a Purified Faith

It is possible to hold two or more opposing beliefs at the same time: one with the intellect and another with the heart. I can believe I need to forgive while feeling that I want to stay mad at them.

When God purifies our faith, He moves us from being double-minded to the place where our minds and hearts are synchronized. This is only possible when the Spirit Himself convinces our hearts of the truth.

From Battle to Victory

The Lord's victory is our victory. They are one and the same.

The Biblical mandate is that we enter into the rest that the Lord has offered us. Battle and victory cannot co-exist. If we find ourselves struggling it is not because of an absence of victory but the absence of the truth. To the degree that we know the truth in our hearts, we will walk in His victory. Our faith is our victory. "This is the victory that has overcome the world — our faith" (1 John 5:4).

For whoever enters God's rest also rests from his own work, just as God did from His.

Let us, therefore, make every effort to enter that rest, so that no one will fall by following the same pattern of disobedience. For the word of God is living and active. Sharper than any double-edged sword, it pierces even to dividing soul and spirit, joints and marrow. It judges the thoughts and intentions of the heart

Hebrews 4:10-12 BSB

From Satan as Imposing Threat to Beneficial Tool

We have an enemy that wants to destroy us. However, even though the devil desires to do so, he cannot touch us. Satan is a limited creature operating in well-defined parameters established by God his Creator.

Satan is a part of the grand design that God has for His Church. In a sense, he is a “tool” in the hand of God to bring about good for His people. God causes all things to work together for His good, including the influences of the evil one. Demons are “lie detectors,” exposing the lies we believe. They are also notorious problem solvers, ready to provide us a shortsighted solution to our lie-based pain. Nonetheless, we are always in executive control and only need to resist the devil in order to send him running.

From Sinning to Letting Go of Sinful Solutions

We are all prone to sin. More often than not, our sinful behavior is a solution to a perceived problem.

The problem we seek to solve is usually related to the pain we feel. Our lie-based beliefs cause pain. We then seek to avoid, medicate, or act out our pain on others, all of which is sin. It perpetuates the problem instead of resolving it.

If we cannot come up with a pain management solution, the devil is always ready to provide one. This is the essence of what occurs when we are being tempted. In TPM we focus on identifying the lies we believe, which removes the pain, which removes the need to “solve” it through sin.

Extended Discussions

Truth-Based Pain

Some pain derives from truth. Losing a loved one is painful, based on the truth that you are separated from them now.

In these situations, often no lie-based belief needs to be renewed. But a greater truth can override the painful truth.

God may say “Your child is with Me,” which is a greater truth. It provides peace that overrides the pain.

Truth-Based Pain

Often, people do not let go of truth-based pain easily. The loss of a child is just as painful three years, five years, ten years, twenty years later.

While the original loss is certainly one of the most painful things a person can experience, if the pain continues past the season of mourning, a solution is likely at work.

Typically, it's the refusal to let God carry the grief.

Surely he has borne our griefs
and carried our sorrows;
yet we esteemed him stricken,
smitten by God, and afflicted.
But he was pierced for our transgressions;
he was crushed for our iniquities;
upon him was the chastisement that brought us peace,
and with his wounds we are healed.

Isaiah 53:4–5

Truth-Based Pain

If people are unwilling to let go of their pain, then keeping it is a Solution. Follow the standard Solution Box questions.

For example, you may ask, “What do you believe would happen if you let the pain go?”

They may respond, “If I let the pain go, it’s like I’m saying his death was okay.” Or, “If I let the pain go, then I’m losing the only connection I have left to her.”

Ask the third question to summarize this into a belief, then let the Lord speak to it.

Demonization and Manifestations

If we don't allow demons to manifest, they won't. The person is in executive control. Any demons present only have access because the person is allowing it.

If a demon appears, ignore it. Address the human. Use the TPM process to identify why they're giving access to the demon, then ask the Lord to speak there. Once He does, the access is closed, and the demon disappears.

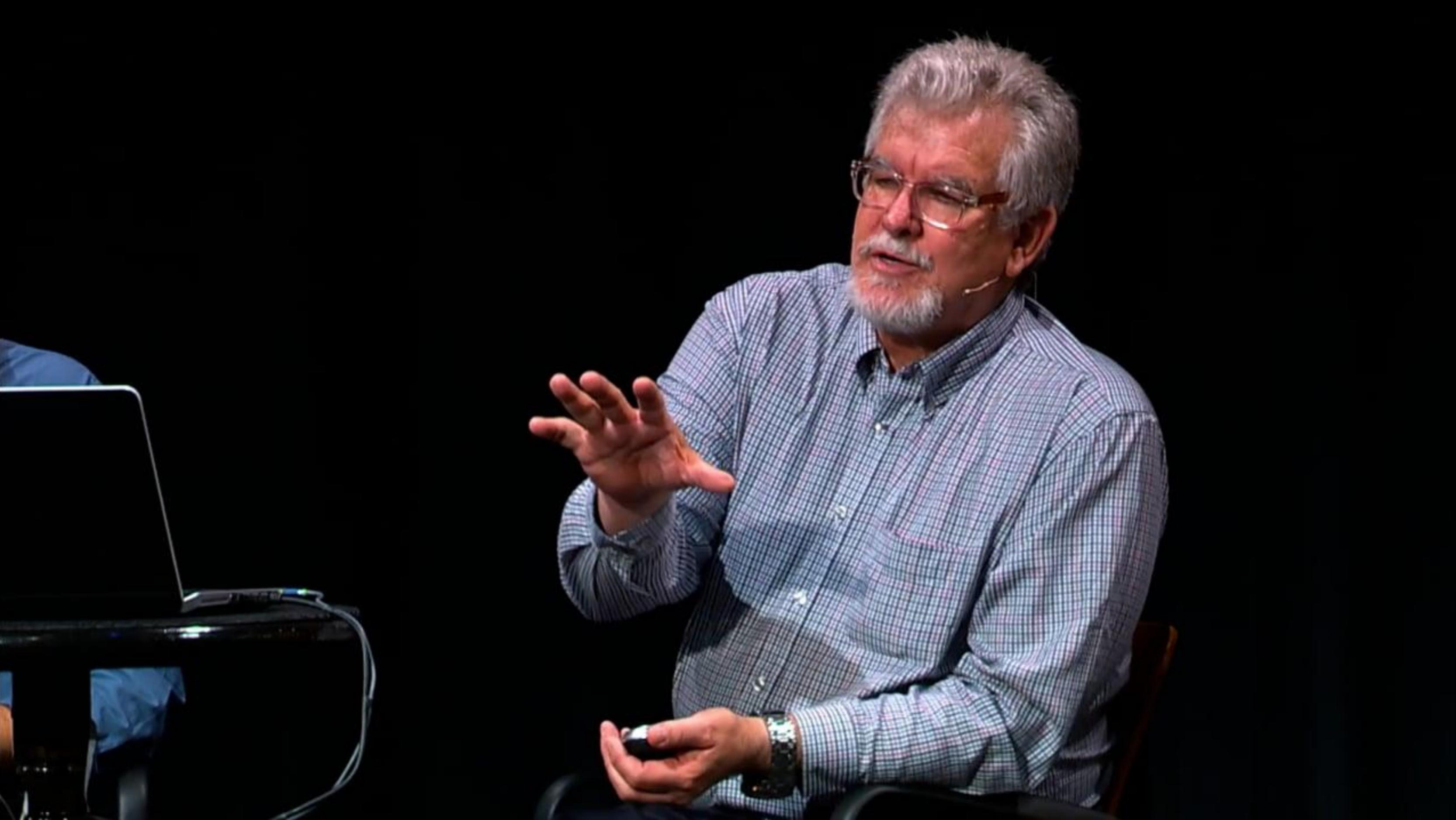
Demonization and Manifestations

Satan doesn't realize it, but he is serving a purpose. God uses him to expose our lie-based beliefs. When the devil identifies a lie we believe, he'll attack it relentlessly. That lets us notice the lie, bring it to God, and receive truth. Once the lie is replaced by truth, the devil loses access.

Every time a demon attacks, it's a chance for mind-renewal and growth. God works all things together for good — even demonic attacks.

Demonization and Manifestations

The only power the devil has over you is the lies you believe. Once the Lord replaces the lies with truth, the devil loses all power over you.



Mental Illness

Can TPM work on people with mental illness?

Yes. TPM works on everybody, as long as they have the ability to understand and answer questions.

Mental Illness

Can TPM cure a mental illness?

It depends on why the illness is present.

If a person feels depressed because they believe lies about themselves, then TPM can alleviate that depression by letting God replace those lies with truth.

If a person feels depressed because of a chemical imbalance in the brain, TPM cannot alleviate that.

Guilt and Shame

Guilt and shame can be appropriate or inappropriate.

God designed us to feel appropriately guilty when we sin. This intended to drive us to God to ask forgiveness, repent, and choose a different path. If you're feeling guilty, TPM can lead you to the reason why, letting God give you His perspective. This enables you to understand the situation clearly and repent as needed.

At other times, we may feel inappropriate guilt. We may feel guilt as a solution (such as, "I hide behind guilt so God won't punish me"). In these times, God can replace these lies with truth and free us from the burden of inappropriate guilt and shame.

Will TPM Work with Non-Believers?

The Scriptures are filled with stories of God speaking to people who do not yet submit to Him as King.

TPM will work with anyone who is willing to ask God to speak.

If they do not yet follow Christ, TPM can be a powerful method of evangelism. After they hear from God and experience His transformation, you can ask, “Do you want to begin a personal relationship with the God who just healed you?”

swifthope.com/cohort

- Help keep each other accountable and encourage each other as you work through the material
- Serve as a Prayer Partner for existing sessions to watch God at work and learn TPM by seeing it done
- Practice facilitating TPM on me or each other
- Eventually facilitate sessions yourself with me watching and providing feedback

Kyle Davison Bair

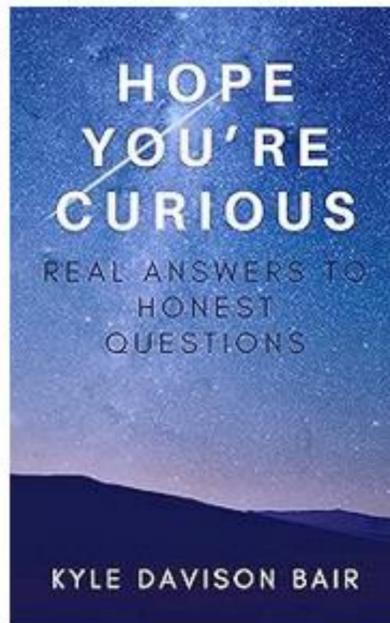
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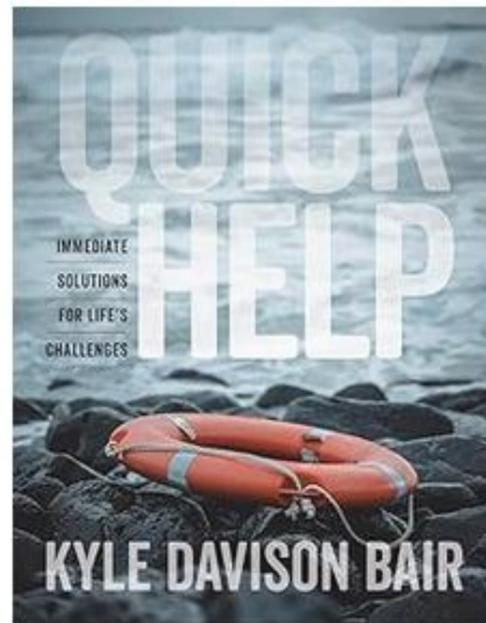
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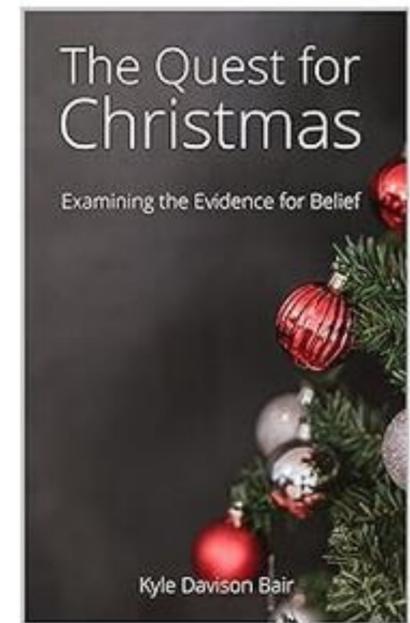
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