

3 POUNDS OF PRESSURE — YOUTH LEADERSHIP PROGRAM

My Successful Blueprint

Fall Cohort · October 6 – November 14, 2026

FORMAT	LENGTH	TIME
Virtual (Zoom)	6 Weeks · Tue & Thu	7:30–9:00 PM

WHAT TO EXPECT

Each session builds toward financial independence, understanding personal finance, the basics of business, wealth-building principles, and how to manage cash and credit responsibly.

SESSION SCHEDULE

WEEK	DATE	TIME	SESSION
Wk 1	Tue, Oct 6	7:30–9:00 PM	Virtual — Zoom
Wk 1	Thu, Oct 8	7:30–9:00 PM	Virtual — Zoom
Special	Sun, Oct 11	TBD	Team Building Day — Canobie Lake Park
Wk 2	Tue, Oct 13	7:30–9:00 PM	Virtual — Zoom
Wk 2	Thu, Oct 15	7:30–9:00 PM	Virtual — Zoom
Special	Sun, Oct 18	TBD	Team Building Day - Canvas Painting
Wk 3	Tue, Oct 20	7:30–9:00 PM	Virtual — Zoom
Wk 3	Thu, Oct 22	7:30–9:00 PM	Virtual — Zoom
Wk 4	Tue, Oct 27	7:30–9:00 PM	Virtual — Zoom
Wk 4	Thu, Oct 29	7:30–9:00 PM	Virtual — Zoom
Wk 5	Tue, Nov 3	7:30–9:00 PM	Virtual — Zoom
Wk 5	Thu, Nov 5	7:30–9:00 PM	Virtual — Zoom
Wk 6	Tue, Nov 10	7:30–9:00 PM	3 Pounds of Pressure - Private Screening (TBA)
Closing	Sat, Nov 14	TBD	3 Pounds of Pressure - Community Event -BC High School

Locations for 10/18 and 10/10 will be shared. Ad-hoc Team Building activities announced throughout the cohort..

THE LIFE AFTER PRISON

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