

Calendar

15 February - Lydia Glawson leads worship
15 February - SKC grades 3-8, Lunch & Fun Time Pottery, 12 pm
16 February - Office Closed
17 February - Council, 6:30 pm
17 February - Shrove Tuesday, Pancake Supper, 5-6:30 pm
20-22 February - Zeebu Youth Retreat, Grades 7-12, Harrow UC (Wpg)
22 February - Robert Brown leads worship
25 February - Lenten Study Begins, 2 pm Chapel
27 February - SKC grades 3-8, Ping Pong Tourney, 6 pm
28 February - Blanket Exercise, Forrest UC, Doors open at 9:30 am
28 February - Coldest Night of the Year Walk

SHROVE Tuesday Pancake Supper

17 February, 5 to 6:30 PM, Knox auditorium

Come out and enjoy all the pancakes you can eat, sausages (3/person), fruit topping, whipped cream, hot/cold beverages, regular and diabetic syrups, and gluten-free options. Adults - \$10.00, under 12 - \$5.00, and preschoolers are free. All are welcome, bring your friends, neighbors, colleagues, etc.

If you are interested in helping, please see the signup sheet in the narthex.



The Way Lent 2026 at Knox

"You don't choose a life, you live a life." – The Way

I will make a way in the wilderness and rivers in the desert. – Isaiah 43:19

Lent is a time of reflection, and there's nothing like a pilgrimage to conjure that up. Making intentional journeys has been a ritual of humankind across time and traditions. Inspired by passages in the Judeo-Christian scriptures that talk about the journeys, roads, and pathways of life, we will make our way together through this season. The popular and poignant movie *The Way*, about a father's pilgrimage in honour of his late son, who died on the famed Camino de Santiago in France and Spain, serves as a modern-day inspiration to live the life we've been given to the fullest.

The Way is currently available to watch on Netflix Canada. If you have a chance to watch the movie prior to Lent One, it will deepen your experience as we make this journey together. Plus, it features one of my favourite actors and social justice advocates, Martin Sheen.

"The Wandering Way" - Lent One
"The High Way" - Lent Two
"The Way Around" - Lent Three
"The Way Home" - Lent Four
"The Free Way" - Lent Five
"The Other Way" - Lent Six/Palm Sunday
"The Loving Way" - Good Friday
"Make Your Way" - Easter Sunday

New: Broadview Live

Are you concerned about what is happening in the USA at the moment?

Many of us are. Last week, Broadview Magazine, (which is still well connected to the United Church of Canada by the way) hosted a Broadview Live session on the topic with Lloyd Axworthy and Charlie Angus. It's a powerful and informative conversation with two well respected Canadian statesmen and is well worth watching. If there is enough interest, Outreach may organize a lunch and learn session to discuss it further. You will find the link to their conversation in the clip below:

<https://www.youtube.com/watch?v=WHUE5TymBXU>

Reminder
The Assiniboine Affirming Cluster Invites You To
National Affirming PIE Day 2026
Crafting Community
With Guest Artist Rev. David Cathcart

Saturday, March 14, Knox United

Line & Wash Watercolour Workshop 10:45 am to 12:00 pm

Line & Wash is a fun and easy way to enter the world of watercolours and turn them into simple yet beautiful paintings. You will learn to sketch and draw in ink and combine it with watercolour washes to create unique and intricate works of art. When you're done, you'll have four unique bookmarks to share.

All the materials you need will be provided.

Cost: \$25 (some scholarships available)

Register by Wednesday, 4 March

Lunch available from Komfort Kitchen for \$22.50 Wraps/Side Salad/Cookie/Soda

THIS WORKSHOP IS LIMITED TO 20 PARTICIPANTS. IF YOU ARE INTERESTED, PLEASE REGISTER ASAP, AS IT WILL FILL QUICKLY. PAYMENT IS DUE AT THE TIME OF REGISTRATION.

To register online visit: <https://form.jotform.com/260355697097066>

Art Talk 1 PM

Embracing the Wonky Line and Following Happy Accidents: What Art Taught Me About Creating Community

Reminder: New Lenten Study

Bless, Break, Share: Recipes for Faithful Living
With Rev. Craig

Wednesdays at 2 pm. In the Chapel at Knox.

25 February: The Table

4 March: The Table of Invitation

11 March: The Table of Longing

18 March: The Broken Table

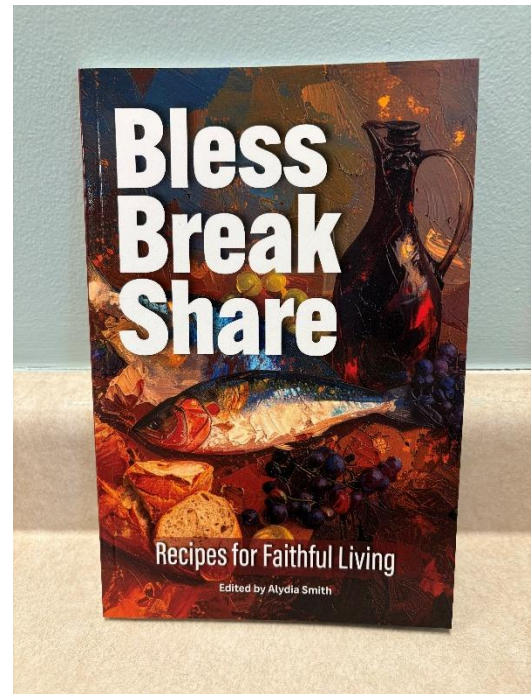
25 March: The Table of Justice

1 April: The Table of Solidarity

To purchase a hard copy for \$15, contact Kendra in the office.

To purchase an e-book, visit the UCRD website:

<https://ucrdstore.ca/collections/bless-break-share>



NEW: JAGM

Consider Climate in all policy decisions, all the time.

This campaign ran through the election but now that it's budget time it seems totally appropriate to bring it back.

Right now the government is asking for our input into the priorities that we feel money should be spent on. Tonight is an opportunity if you're so inclined. From 6-8pm at the Backyard on Aberdeen there will be a public consultation here in Brandon. If you want to speak, you'll need to register: [Budget 2026 | EngageMB](#)

Here's an opportunity to use your Superpower as a Citizen. Only 12% of people in the world live in a democracy and have this opportunity to have their voices heard. As we watch our neighbors to the south, struggle to hold on to their democratic government, it is a stark reminder that democracy is a form of government that we have to work at to keep. It is important to stay engaged, use our voice, and keep our MP's, MLA's and city government accountable and aware of our vision for the future of our country, province and community.

Where we spend our money says a lot about where our priorities are. Where we spend our money tells us what is important to us and our communities. Do we prioritize health care? Safety? Education? Homeless folks? Arts and culture? Affordability? Climate Crisis?

I would argue, that the climate crisis touches all aspects of our lives. Our Premier Wab Kinew is fond of telling Manitobans that the economy is the horse that pulls the social cart. In his telling of this story, Climate, is just another bucket on the social cart. Climate is not a part of the social cart, but actually an integral part of the horse that is pulling that cart. Our environment and climate are the foundation on which the economy is built. If we pay attention to the climate crisis, lower emissions and take the steps necessary to mitigate this crisis we will also be helping our communities be healthier, safer, more affordable.

Whatever your priorities are for the way our province spends our money, it's important that you use the voice that you are so fortunate to have in our political system. Contact your MLA and let them know what your priorities are; what your vision is for our future.



FORREST UNITED CHURCH
KAIROS Blanket Exercise

Saturday, February 28, 2026 at 10am
(doors open at 9:30am)

Blanket Exercise will take 2 - 3 Hours
Lunch to follow

The KAIROS BlanketExercise™ program is a unique, participatory history lesson – developed in collaboration with Indigenous Elders, knowledge keepers and educators – that fosters truth, understanding, respect and reconciliation among Indigenous and non-indigenous peoples.

Please email to register: kwp.4est@gmail.com

Reminder: Rev. Craig Away

Rev. Craig will be away for study leave from 9-16 February and for vacation from 17-23 February.

Reminder: 2025 Givings Receipt

Please collect your givings receipt from your mailbox in the Narthex. If you need your copy mailed, contact Kendra. All others are in the office for pickup, during office hours.

NEW: Mission & Service

Support That Grows with Families

[Support That Grows with Families | The United Church of Canada](#)

Reminder: Coldest Night of the Year

The Coldest Night of the Year is a Canada-wide, family-friendly fundraising walk. In Brandon, funds are raised in support of Samaritan House Ministries, taking place on February 28, at Knox United Church. Walkers check-in at 4:00 pm, walk the designated route from 5:00 - 6:00 pm, then return to the church for a light meal if they wish, ending at 7:00 pm.

Reminder: Getting Better Together with Prairie Mtn Health

A **FREE** six-week program for living better with ongoing health conditions. Learn to manage pain, start exercise, and increase energy levels.

Available on-line, March 12 - April 16, Thursdays 1:30-4 pm

Or in-person, April 7 - May 12, Tuesdays 1:30-4 pm at Knox United Church.

For more info or to register rcullen@pmh-mb.ca or call 1-877-509-7852

Reminder: New Email Address for Knox

For email & e-transfer, please update your records.

admin@knoxunitedbrandon.ca

Reminder: Greenspot & Sobeys Gift Cards

Greenspot Home & Garden and Sobeys gift cards are restocked and available in the church office. A portion of every card supports our church's outreach ministries throughout the community.

Sunday Morning Worship on YouTube

Join our Sunday worship at 10:30 AM on YouTube

<https://www.youtube.com/c/TheKnoxKonnexion>

Or search *The Knox Konnexion*