# KNOX UNITED CHURCH FALL NEWSLETTER 2022





Meet the new office administrator—Kenda Carnegie Naturkatch! Kendra is a longstanding member of Knox, so knows a bit about us! She has a young family, and is looking forward to working hours that work around school hours. Stop by the office and introduce yourself and welcome Kendra to Knox!

#### Flower Beds at Knox

We had a great garden crew again this year. Norm collected donations for flowers and we were pleased with how generous people were. Thanks to the planters - Duncan Waddell, Jim Cobb, Pat Beech, Brian & Lynn Manns, Cec Foster and David Paul. Thanks to the people who signed up to water and weed: Pat Beech, Nancy Strahl, David Paul, Jill Hannah Kayes; Betty Kelly, David & Peggy Barrows, Brian & Lynn Manns, Duncan & Audrey Waddell, Debby & Garth Dandy, Jim & Maureen Cobb





Bernie donated 15 tomato and 5 pepper plants which were planted at Westridge Community Gardens. The tomatoes were prolific!
Unfortunately the peppers were too tempting and they were picked by unknowns. Duncan & Jim have harvested approximately 80 pounds, most of which were taken to Samaritan House was pleased to receive fresh produce.



Kids from Spirit Kids Club also got into gardening this past summer. They planted and tended several garden plots over the summer, and shared their harvest with those who are unable to purchase or grow enough food for their families.



If you are new to Knox or what to retake your picture for the picture board at the back of the Church Sanctuary! Please see or ask someone to point out Coleen Wall and we will get a picture for the board. This board is a good resource for everyone to get to put names to faces.







#### KAIROS FALL GATHERING, OCT 15

Elder Ellen Cook, originally from Grand Rapids shared pictures of the devastation in northern communities due to Hydro flooding. This is the picture every spring. Loss of fishing, unsafe waterways, polluted water affect citizens of the north.

Check out the Interfaith Hydro Justice video:

#### <u>Dam Shame Lyric Video - YouTube</u>

The United Church and 10 other national churches belong to KAIROS—working to promote a more just and sustainable world. Kairoscanada.org - Take a look!



Do you have a laptop or iPad & aren't comfortable with some of the technology. like how to get onto zoom? what is chat? Changing or adding your name in zoom? Maybe you would like to know more about emailing... what are benefits to cc, bcc, reply all? subject lines? how to get on YouTube? how to navigate some websites? If you're interested in something like this let Coleen Wall know. We will look at having a one on one session at the church. If you want to

© www.ClipProject.info

help let me know. This will be basic beginners not meant to overwhelm!

# **BRANDON TRUTH AND RECONCILLIATION WEEK**

Members of Knox walked to the site of the Brandon Residential School. Over 650 people participated in the walk.

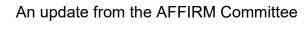






The Brandon Residential School Mobile Learning Display was shared at the Elder's gathering, and along the path of those who walked to the site of the Residential School on Sept 30.

Over 250 orange hearts stand on the hill below the school to commemorate children who died at the school.





**Rainbow sidewalk** After many delays (due to Covid and weather), creating our "rainbow sidewalk" finally took place on August 26. Thanks to the Knox Spirit Kids Club Youth group and Antoinette for

all their efforts! The youth really enjoyed themselves and clearly understood the importance of this project. A donor has covered the cost of the paint and supplies.

**Trans Day of Remembrance** The TDOR service this year is scheduled for Friday, November 18 from 12:00 noon – 1:00 pm in the Knox sanctuary. It will be an in person service that will livestreamed as well. The brief memorial service

will feature a guest speaker and a reading of the names as we remember and honour the lives of trans and gender-diverse people reported murdered in the past 12 months. This will be followed by a light lunch provided by Knox Inbetweeners and PFLAG. It is always a moving service. Our attendance at the service is very much appreciated by members of the LGBTTQIA community - it is one way we can reach out and show our support.



#### From the Minister's desk.....

The following article is from Rev. Craig's new blog, "In Process," on our website. Go to <a href="https://knoxunitedbrandon.ca">https://knoxunitedbrandon.ca</a> for at least one new entry each month.

# Way to Live Sharing Faith and Spirituality with Children and Teens

It's that time of year when children and teens are heading back to school. During their K-12 years, they'll be introduced to new subjects and learn new skills. But where do our children go to learn about faith and spirituality?

In multiple surveys of Canadian teens, a majority of youth said they wished they had an adult to talk with about their spirituality.

Did you know that your family – not your faith community or religious leader – is the most influential source regarding your child's concept of God and faith development? What will you do with this knowledge if you are a parent, grandparent, or guardian?

Children absorb and act out the practices we model for them as parents and caregivers. At a young age, children already have faith questions like: "What does God look like?" "Why do bad things happen?" "Will my hamster go to heaven?" Unfortunately, research suggests that families of faith rarely speak about issues of faith at home.

There is hope. Simple faith practices in the home, making time for faithful conversation, and honouring the sacred in daily life will make an enormous difference.

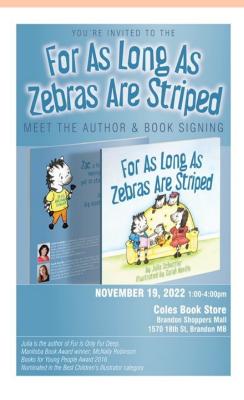
There are many resources to help busy families. Suggestions for families are available in our Spirit Kids' Club resources and may be picked up in the sanctuary. Our library has many books that offer stories, prayers, and rituals. There are also some great blogs, including <a href="https://www.holytroublemakers.com/">https://www.holytroublemakers.com/</a><a href="https://cindywangbrandt.com">blog liberchristianmom.com</a> <a href="https://cindywangbrandt.com">https://cindywangbrandt.com</a>.

Start slow. Set aside time at the beginning and end of one or two days a week to pray together as a family. Just a moment to give thanks, express concern for others, and seek guidance. Add days as you are able.

Look at your weekly flow of activities. Is there space once or twice a week to incorporate a practice from your faith community like worship, scripture reading, service to others, listening, or telling faith stories?

Of course, spiritual growth and maturation are essential not only for our children but for all members of the family. Take time to be challenged and grow in faith. Get equipped to put your faith into practice.

Participating in a child's spiritual awakening and maturation is always a gift. Approaching your efforts that way will be a wonderful gift to our world and your family.







# The treasurer says.....

Shelley Tataryn, our treasurer, reports that donations are up over last year at this time, and so far, our expenses are under what is budgeted. M&S is also doing better than anticipated. All good news!!

Knox was happy and grateful to receive funds from Central United Church as they closed. A donation of approximately \$127,000 was received with some of the donation intended for Christian Education and Music ministries. The balance was placed in our general fund. We thank Central United for this gift and their support for the work of Knox.

# And an invitation from Chair of Council, Sharon Chrismas

All Women from Knox are invited to join us in the food court at the Shoppers Mall every Tuesday morning around 10:30 AM. We sit on the side closest to A&W, normally a group between 10-12 ladies. Buy a coffee/tea/treat and add to the lively conversation around the table(s). Sometimes we have stragglers that stay for lunch too!!!! This group is fondly known as "JAVA JABBERS".

Have you heard of a group at Knox United Church called "The InBetweeners"?

We are a group of women InBetween: mature/coming mature, tall/thin, working/retired, children at home/grandchildren, fully blossomed/not quite there yet!!! you get the point. We are all InBetween something!!!!

Before Covid hit we would meet the last Tuesday of the month in the evening between 7-7:30 PM, usually in the lounge at Knox. The gathering starts with a short meeting followed by a guest or accomplishing a craft or meet somewhere for a tour or ????? In Sept. we would gather at Clear Lake for a day of fun and in June have a potluck at a country "estate".

When Covid hit, all this stopped! We are trying to get things up and running again, we did have our day at Clear Lake in September.

If you are interested in joining our lively group please call 204-728-0541. We hope some new members of Knox will try us out and become an "InBetweener". There is no obligation to come every month!!!!



Join a facilitated online discussion about

Antiracism over 7 weeks, beginning October 26.

7pm—9 pm on zoom.

More information or to register contact:

Lydia Glawson lydiamae1953@gmail.com