

Our sympathy is extended to the family of Diane Shepherd upon the death of her sister, Marlene. May the Spirit of God wrap her arms around you and give you peace.

Calendar

- 20 March - SKC grades 3-8, Dodgeball, 6 pm
- 20 March - Son Jarocho Workshop with Ana, 6:30 pm Lounge
- 22 March - Repair Café, 1 pm Lower Level
- 25 March - SKC grades 3-8, Park Clean up/Fun, 6 pm
- 27 March - BU Chorale & Concert Choir, 7:30 pm at Knox
- 28 March - Trans Day of Visibility at the Green Spot, 7 pm
- 28 March - BU Orchestra in Concert, 7:30 pm at Knox
- 29 March - Palm/Passion Sunday with Communion
- 29 March - Son Jarocho Workshop with Ana, 6:30 pm Lounge
- 31 March - Lunch with Cong. Care & Riverheights Residents
- 3 April - Good Friday 10:30 AM at Knox with Trinity

NEW: Mission & Service

Local Knowledge, Global Transformation

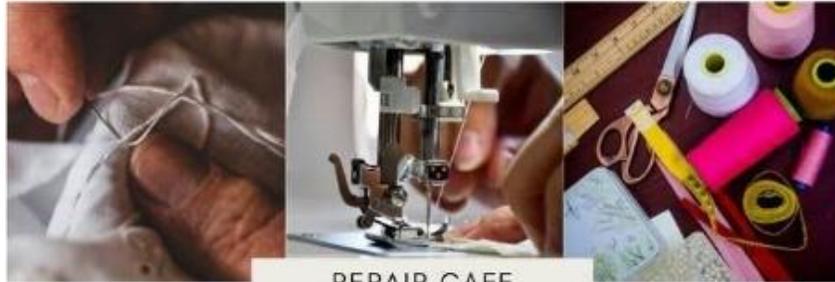
[Local Knowledge, Global Transformation | The United Church of Canada](#)

NEW: Chairs for the Sanctuary

Knox has had the good fortune to be the recipient of 260 padded, stackable chairs to replace some pews in the sanctuary. As Churchill Park United in Winnipeg prepares to amalgamate with another Winnipeg church, they were looking for a church that would take these chairs. It has always been a dream of Council to be able to remove some pews to provide different space opportunities and activities in the sanctuary, so we are excited about the change. It does mean, however, that we will be looking to give away the pews that are no longer needed. Anyone with an interest in pews should contact the office, and any ideas about where they could go would also be welcome. The chairs will arrive in early June.

D. Dandy

NEW: The Repair Café Returns this Sunday!
RSVP: bdnworkshop23@gmail.com

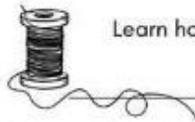


REPAIR CAFE

Let's Get Mending

Come join Sustainable Brandon and Knox Green Team for our second instalment of our Repair Cafe!

Learn how to extend the life of your clothing with different mending and repair options.



Come out for an introduction to sewing and mending your clothing.

What can we help you with?

- How to hem pants/shirts
- Resize shirts
- Put patches on clothing
- Simple sewing and mending projects
- and more!

There will be sewing machines available for use as well as a selection of buttons, hand sewing supplies and various other tools!

When: March 22, 2026

Time: 1pm - 4pm

Cost: FREE

RSVP via email

bdnworkshop23@gmail.com

Where: Knox United Church
451 18th st, Brandon



Get help with simple mending projects and learn the basics of sewing!

LET US KNOW YOU'LL BE JOINING BY EMAILING
BDNWORKSHOP23@GMAIL.COM

NEW: Just A Green Minute

Tool For Climate Change

Are you confused about the difference between climate mitigation and climate adaptation? It's easy to become confused as often people will say we need to do one or the other as if these were the only options at this point in time.

The Drawdown Project argues that we don't need to choose; adaptation and mitigation are all along the same road that takes us to the same destination - a livable climate in a world with clean air and clean water and green spaces.

Let's back up...what is the difference? Climate mitigation is where we put the technologies and practices together to bring down greenhouse gas emissions. Climate adaptation is where we build more resilient physical and social infrastructure to survive the extreme weather events coming our way.

Project Drawdown has created the [Drawdown Explorer](#). A great tool to help you explore each potential solution. Each technology or solution is given a rating; highly recommended, worthwhile, keep watching and not recommended. Using research and data created and compiled by thousands of scientists around the globe, Drawdown has analyzed over 140 solutions. It's exciting to see the many different solutions available!

Interestingly, nature-based solutions are way ahead of most technologies because they both protect ecosystems (and those that live within or near those eco-systems) and they store carbon. This is why protecting ecosystems such as wetlands, forests, grasslands and peatlands is so very important.

We encourage you to click on the link to [Drawdown Explorer](#). There's always so much to learn and this will bring you hope and we can all use a little of that!

[We don't have to choose between climate adaptation and mitigation - we can do both | Project Drawdown®](#)

NEW: BU Concerts at Knox

27 March @ 7:30 pm

BU Chorale & Concert Choir

Healing songs from indigenous, gospel, and western traditions in support of Mood Disorders Association of Manitoba. There will be a Silver Collection at the door with all proceeds supporting MDAM.

28 March @ 7:30 pm

Brandon University Orchestra in Concert. All are welcome!

Tickets available at the door:

Adults \$15

Ages 13-18 \$5

Under 12 no charge

Reminder: Son Jarocho Community Workshop

Weekly group classes begin Friday, March 13th,
March, 20, 29 (Sunday), April 3, 10, 17, 24, May 1, 8, 15
6:30-7:30 PM in the Knox Lounge

We are pleased to offer a Son Jarocho Workshop, an interactive introduction to a vibrant musical tradition from Veracruz, Mexico.

Son Jarocho brings together rhythm, poetry, dance, and community in a joyful and welcoming way. Participants will explore basic footwork (zapateado), traditional songs, rhythmic exercises, and elements of Mexican cultural heritage in a relaxed and inclusive environment. The workshop is open to all ages and experience levels, everyone is invited to join. Participation is by voluntary contribution, and we look forward to sharing this beautiful tradition with the community. Feel welcome to bring your ukulele or percussion instrument if you have one (not required).

Any questions, please contact Ana: espinoaa07@BrandonU.ca

The Way Lent 2026 at Knox

"You don't choose a life, you live a life." – The Way

I will make a way in the wilderness and rivers in the desert. – Isaiah 43:19

Lent is a time of reflection, and there's nothing like a pilgrimage to conjure that up. Making intentional journeys has been a ritual of humankind across time and traditions. Inspired by passages in the Judeo-Christian scriptures that talk about the journeys, roads, and pathways of life, we will make our way together through this season. The popular and poignant movie *The Way*, about a father's pilgrimage in honour of his late son, who died on the famed Camino de Santiago in France and Spain, serves as a modern-day inspiration to live the life we've been given to the fullest.

The Way is currently available to watch on Netflix Canada. If you have a chance to watch the movie prior to Lent One, it will deepen your experience as we make this journey together. Plus, it features one of my favourite actors and social justice advocates, Martin Sheen.

"The Wandering Way" - Lent One

“The High Way” - Lent Two
“The Way Around” - Lent Three
“The Way Home” - Lent Four
“The Free Way” - Lent Five
“The Other Way” - Lent Six/Palm Sunday
“The Loving Way” - Good Friday
“Make Your Way” - Easter Sunday

Reminder: New Hymn Book Order

The United Church of Canada has released a new hymn book called “Then Let Us Sing”. Knox will be collecting names to place a group order. If you are interested in purchasing a copy, please let Kendra or Diane Shepherd know. The soft cover version with music and lyrics is \$32.95, accompanist copy with a coil spine is \$49.95 (this is a larger book). We would like to order before Easter, April 5th.
Thank you!

Reminder: New Email Address for Knox

For email & e-transfer, please update your records.
admin@knoxunitedbrandon.ca

Reminder: Greenspot & Sobeys Gift Cards

Greenspot Home & Garden and Sobeys gift cards are restocked and available in the church office. A portion of every card supports our church’s outreach ministries throughout the community.

Sunday Morning Worship on YouTube

Join our Sunday worship at 10:30 AM on YouTube
<https://www.youtube.com/c/TheKnoxKonnexion>
Or search *The Knox Konnexion*