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NEWSPAPER

Multiple Threats From the Coronavirus – and Concerns Are Growing



Florida is a closed primary election state. Only voters who are registered members of political parties may vote for respective party candidates or nominees for an office in a primary election, including a presidential preference primary election.

Who is running for election?

U.S. House District 18

- Brian Mast (R) incumbent
- Nick Vessio (R)
- Pam Keith (D)
- Oz Vazquez (D)
- KW Miller (NPA)

Florida Senate District 25

- Gayle Harrell (R) incumbent
- Reinaldo Diaz (D)
- Corinna Robinson (D)

Florida House District 54

- Erin Grall (R) incumbent
- Albert Griffiths (D)

Florida House District 55

- Kaylee Tuck (R)
- Ned Hancock (R)Linda Tripp (D)
- Jacob Hensley (write in)

Florida House District 83

- Toby Overdorf (R) incumbent
- Edgar Bernier (D)

Florida House District 84

- Delores Johnson (D) incumbent
- Dana Trabulsy (R)
- Eileen Vargas (R)

19th Circuit Court Judge Group 11

- Victoria Griffin incumbent
- Lou Larsen

Sheriff

- Ken Mascara (D) incumbent
- Kevin Carter (R)
- Richard Williams (R)

Property Appraiser

- Michelle Franklin (D) incumbent
- Ghazanfar Saeed (R)

19th Circuit Court Clerk

- Joseph Smith (D) incumbent
- Michelle Miller (R)

Elections Supervisor

- Gertrude Walker (D) incumbent
- Sheritta Johnson (D)

County Commission District 1

- Chris Dzadovsky (D) incumbent
- Robin Bynoe (D)
- Betty Jo Starke (R)
- Rolin Dorsainvil (R)
- Ryan Collins (R) (Continued on page 4)



We're in the midst of COVID-19 and there are still concerns

By: TERRY HUGHEY

As Americans continue to process a steady flow of information about the Coronavirus outbreak – from changing infection and death rates to new testing protocols and evolving social distancing guidelines – they give the Centers for Disease Control and Prevention and other public health organizations the highest rating when it comes to getting the facts right.

And they give Donald Trump and his administration the lowest rating for "getting the facts right" among five key sources of COVID-19 information, according to a Pew Research Center survey of 9,654 U.S. adults conducted June 4-10, 2020, as part of the American News Pathways project.

Nearly two-thirds of U.S. adults (64%) say the CDC and other public health organizations get the facts right "almost all" or "most" of the time when it comes to the Coronavirus outbreak, while about half as many (30%) say the same about President Trump and his administration. Instead, a solid majority of Americans (65%) say the White House gets the facts right only "some of the time" (29%) or "hardly ever" (36%).

Republicans and Democrats disagree sharply on how often each of these five sources for news and information get the facts about the Coronavirus outbreak right. Majorities of Democrats and Independents who lean toward the Democratic Party say the CDC and other health groups (76%), governors and state governments (62%), local news media (62%) and the national news media (60%) usually get the facts right.

Just 9% of Democrats say this about Trump and his administration. It's a different story among Republicans and Republican leaders: About half of Republicans (54%) say Trump and the White House get the facts right at least most of the time – about on par with how many say the same about the CDC (51%). Republicans are less likely to say the same of governors and state governments (45%), the local news media (38%), and the news media in general (25%).

Increasing shares of Americans, led by Republicans, believe the outbreak has dropped from late April, when the pandemic dominated the national news conversation, to early June, when demonstrations to protest the death of George Floyd began getting widespread attention, the share of Americans who say the Coronavirus outbreak has been exaggerated – i.e., "has been made a bigger deal than it really is" – increased from about three-in-ten (29%) to nearly four-in-ten (38%).

The increase is particularly stark among Republicans: Just under half (47%) said this in late April, compared with nearly two-thirds (63%) in early June. The share of Democrats who say the outbreak has been overhyped increased just slightly, from 14% to 18%.

After three months, fewer Americans 'very closely' following COVID-19 news in addition, as the outbreak grinds on, the share of Americans who say they are following the news about the coronavirus outbreak very closely continues to decline. Nearly six-in-ten (57%) were very closely following COVID-19 news in late March, but that figure has declined steadily since. As of early June, about four-in-ten (39%) say they are following this news story very closely – roughly the same percentage who said in that time period that they were very closely following news of the protests following the killing of George Floyd, a Black man who was killed by a white police officer during an arrest.

Still, the overwhelming majority of Americans (86%) continue to follow news about the outbreak at least "fairly" closely, a figure that has remained largely stable since mid-March (when 89% said the same).

Republicans are more likely than Democrats to say discerning truth in COVID-19 news is becoming harder as the U.S. hits about three months since the first cities and states ordered residents to stay at home to help slow the spread of the Coronavirus, many Americans are finding it more difficult to separate fact from fiction about the outbreak. A plurality (38%) say that, compared with the first couple of weeks of the outbreak, they now find it harder to identify what is true and what is false, while three-in-ten say they are finding this easier to do. Another 31% say the difficulty of parsing truth from fiction has not changed.

A sizable portion of Americans who have heard this conspiracy theory say it is likely true. Of those who have heard at least something about it, 36% say it is "definitely" or "probably" true — equivalent to a quarter of all U.S. adults. Most of these people, however, do not go so far as to say it is definitely true (8% of those who have heard about it, or 5% of all Americans).

About half of those who have heard about it say this conspiracy theory is "probably not" (28%) or "definitely not" true (23%), while an additional 13% say they are not sure.

Republicans and Democrats are about equally likely to have heard about the conspiracy theory that powerful people planned the pandemic, but Republicans are much more likely to see truth in it.



Are Black Americans Being Targeted? The Unfortunate Reality





By: JAMES S. OFFENHARTZ



There was a controversial encounter with police officers in Aurora, Colorado on August, 2019. A video of a police officer shows the officer in uniform saying to a 23-year-old black man named Elijah McClain: "Stop. I have the right to stop you because you're being suspicious". The first thing that comes to my (James Offenhartz's) mind is what does: "being suspicious" mean? It could mean anything and in this instance, was used as an excuse for racist murder.

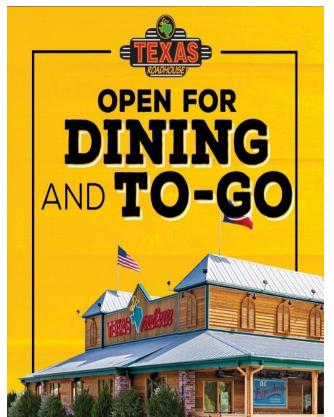
McClain died in a police choke hold, but an investigation by the BIA (Bureau of Internal Affairs) found the police were "following policy," but because of the death of George Floyd, 3 million citizens signed a petition for the reinvestigation of the case of McClain and the governor of Colorado is going to re-examine this case. Sheneen McClain said, "The George Floyd case made it apparent that it (the police killing of innocent black people) was going to keep continuing. It wasn't going to stop".

In New York, a different officer was arrested for strangulation after a video was released over the weekend. A banned choke hold was used on a black suspect. This New York officer pled not guilty to the charges and the officer's attorney said, "It's disheartening to see prosecutors succumb to political pressure".

In January 2020, in Miami Gardens, Florida, an officer was charged with official misconduct and battery after a recording showed the officer putting his knee on a Black woman's neck in January. The police officer claimed the woman refused to get out of her vehicle and that she struck the officer.

Finally, in Wilmington, North Carolina, three officers were fired after the camera in the officers' vehicle recorded the officers using racist language of African Americans. After the protests of the death of George Floyd, one of these officers said, "A Civil War" is coming ". . . we are going to go out and slaughter them . . ." Although there are good police officers in the world, there are also bad ones and we are all paying their salaries through our tax dollars. That's why we're all calling for the defunding of the police.

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NEWSPAPER

Councilor resigns after showering during video meeting



Spanish councilor offers to resign after showering during video meeting. Bernardo Bustillo inadvertently broadcast footage of his shower during online summit

A municipal councilor in northern Spain has offered to resign after inadvertently broadcasting video of himself showering during an online council meeting that was being livestreamed.

Earlier this week councilors in Torrelavega gathered online to hash out some of the latest issues facing the municipality of some 52,000 people.

Following the protocols put in place as the Coronavirus tightened its grip on Spain, half a dozen councilors dialed into the videochat at 8am, streaming it online for journalists and residents.

As the meeting stretched past midday, Bernardo Bustillo, who works part-time with the municipality, began to fret that he wouldn't have time to shower and shuttle his daughter to her commitments before heading to his other job as a swim instructor.

He came up with what seemed to him the perfect solution to multitask; hauling the computer into the bathroom and minimizing the chat screen so that he could listen in on the meeting as he showered.

But like a 2020-specific anxiety dream, as his colleagues considered plans to clean-up a local river, an image of him showering appeared on bottom left of the screen, much of it blurred by a pane of frosted glass.

The sound of running water drowned out the constant ringing of his mobile phone, as frantic colleagues tried to warn him that the camera was still rolling.

A wave of discomfort rippled across the videochat as he got out of the shower. "Say something to Berni. Say something to him quickly," one colleague could be heard saying. Another asked:

"We can't disconnect him or do something?" The mayor swiftly took control, bringing an end to the meeting.

As video of the incident made the rounds online, Bustillo took to social media, saying

As video of the incident made the rounds online, Bustillo took to social media, saying he was at "complete peace" with what had transpired.

He stressed that it had been an innocent accident – a failure of technological know-how rather than anything nefarious.

"I've spent half of my life half-naked and have never been ashamed of nudity, whether my own or that of others," he said.

"I can't help but regret that the end of my political life ... has to do with my nakedness, which isn't a big deal."

He's far from the only cautionary tale on the perils of remote working: Last month Irish MEP Luke "Ming" Flanagan beamed out images of himself without pants on the European parliament's official live broadcast after positioning his iPad in portrait rather than landscape mode after hastily throwing on a shirt after a run.

Bustillo chalked up the incident to the pandemic-era struggle of balancing remote work with parenting.

Who is running for elections (continued)

County Commission District 5

- Cathy Townsend (R) incumbent
- Henry Duhart (D)
- Fritz Alexandre (D)
- Kurt Holden (D)

School Board District 2

- Jack Kelly
- James Monds
- Lennox Wyllie

School Board District 4

- Kathryn Hensley incumbent
- Jason Palm
- Jennifer Richardson

Fort Pierce Mayor

- Linda Hudson incumbent
- Rick Reed
- Alonzo Watkins
- James Mason
- Donna Benton
- Harold Albury III

JUST MY OPINION

BY: TERRY HUGHEY



"Inspirational"

As you all may or may not know, Terry & Cheryl Hughey are the Founders of **Rising Up From Silence (Rufs Foundation)** located in Port St Lucie, Florida. Our Organization provide services for Victims & Survivors of Domestic Violence & Sexual Assault.

We are Embarking on the very first Long Term Permanent, Transitional Housing Program, that will include Counseling/Therapy, Education Asst., Financial Asst. and Childcare. The Community has been very supportive and encouraging. This underserved group deserves a Real opportunity to restore their life.

A Temporary Shelter is not the answer, we must look for 21st century innovative measures to resolve abusive behaviors within our communities. The Rufs Foundation has strong leadership and the ability to execute our objectives. It's important that we inform the community of the effects these behaviors have on everyone within our community.

We are asking for the continued support of our Fundraisers. You can also volunteer, donate, and become a member. Offer "A Brighter Future" for the Victims & Survivors that we serve. This journey that started in 2018 has brought a new meaning to our lives and has giving even more insight on the need to provide the necessary services in our community and beyond. It's Important! voice be heard! Stay encouraged.

Fort Pierce City Commission District 1

- Reggie Sessions incumbent
- Curtis Johnson
- Kenneth Robinson
- Charles Bryant

Fort Pierce City Commission District 2

- Jeremiah Johnson incumbent
- Michael Perri

Port St. Lucie City Council District 2

- John Haugh
- Chauncey Howell (Chauncelor Roosevelt Howell)
- David Pickett

Port St. Lucie City Council District 4

- Jolien Caraballo incumbent
- Thomas Vincent

Soil & Water District Group 4

- Stephen Koppelman incumbent
- Daniel Dust ***

PAGE 4

Don't Give Up On Writing

BY: Author CHERYL M. HUGHEY



You will often feel like your writing is amazing one day and the worst the next.

Some days, you might feel like you're going to be able to finish the whole book in a few days.

Others, you might feel like you can't write a single word and you're just going to give up.

Here's the thing: When you're writing, feelings are unreliable.

You should always listen to your feelings. They're often trying to show you something important, perhaps letting you know to change tactics or go deeper.

Some days, you feel amazing, others, you might feel like you can't write a single word and you're just going to give up.

But don't base your writing decisions on feelings alone, especially feelings of excitement or despair about your ideas.

Writing comes with many emotional ups and downs. And whatever you do, don't let your feelings lead you to giving up.

> Choose a topic you can write about quickly Writing your first book is invaluable because it's a serious learning experience.

> The process of actually writing a book and completing it will make this book a personal success for you, because of how much you will learn about yourself and your craft in the process.

At any point in this process I could have given

At any point in this process I could have given up. I almost did give up, several times actually, and I probably would have, too, if I hadn't used four strategies that I've discovered to help me stay focused on my writing:

An idea, A plan, A team, A consequence.

Remember: You CAN write a book. If you sometimes feel doubt or insecurity, that's normal. I truly believe that anyone can write a book if they use these four strategies.

But you have to do the work. It won't be easy, but it will be worth it.



The Face Masks Theory



BY: CHERYL HUGHEY

COVID-19 can kill. Now, according to a misguided Internet-fueled theory, masks can kill, too.

All it takes is a mask-wearer who inhales freshly exhaled carbon dioxide repeatedly until dizzy, unconscious or dead. That, no doubt, would be a shocking development. In the real world, the average mask user without preexisting respiratory illness has nothing to worry about — except COVID-19.

Only an airtight mask could possibly cause any breathing difficulty. That eliminates cloth masks, the preferred personal protective equipment in public. It actually eliminates N95 respirators, too, usually reserved for healthcare professionals. They fit tighter than a cloth mask but still not tight enough on the face to kill. Surgeons wear even more substantial face coverings all day without endangering their health.

But who wouldn't want a more comfortable N95? John Xu, a research scientist at Stanford University, is developing a modified N95 mask with his colleagues that includes a small box worn at the waist with a tube extending to the mask.

The box, through an electrochemical process, produces pure oxygen to compensate for the loss of oxygen caused by the mask. The researchers started their project with the assumption that an N95 mask reduces oxygen intake by anywhere from 5 percent to 20 percent.

An N95 mask could possibly cause:

Hypoxia: When body tissue does not get enough oxygen.

Hypercapnia: Elevated levels of carbon dioxide in the blood that can cause dizziness, shortness of breath, headache and, in extreme cases, hyperventilation, seizures and possible death.

But even an N95 mask is unlikely to produce such extreme reactions. A respiratory illness such as chronic obstructive pulmonary disease, or COPD, can cause both hypoxia and hypercapnia.

Those with a preexisting condition who experience breathing difficulties, of course, would almost certainly remove the mask.

A Centers for Disease Control and Prevention representative told Reuters that carbon dioxide, indeed, will collect between the mask and face but not in dangerous amounts and certainly not enough to cause hypercapnia. A mask is designed to trap viral droplets, much larger than tiny carbon dioxide particles. A mask, either N95 or cloth, cannot trap all carbon dioxide particles — they either go through the mask or escape along the mask's perimeter.

The CDC still recommends cloth masks in public, with these exceptions:

Children under age 2.

Anyone exhibiting breathing difficulties or otherwise incapacitated.

SPORTS

CAN THE N.F.L. REALLY RETURN TO NORMAL THIS FALL?



Even as the Coronavirus continued to ravage American communities, the NFL last week released a full schedule of games that on the surface included no obvious backup plan in case the pandemic prevents the season from starting Sept. 10.

But the odds that the league will be able to keep to its schedule are decreasing by the day. Before games can be played, teams must open their offices and training facilities, which have been shut since mid-March, and then hold training camps, which are to begin in mid-July.

To keep what they call "competitive equity," league executives say teams can reopen their offices and training facilities only when it is safe for every team to do so. The NFL is also requiring its teams, scattered across two dozen states, to follow local and state guidelines, including frequent testing and limits on the size of gatherings, to determine when it will be safe enough for coaches, staff and players to return.

Trying to forecast when that will be is difficult. State and local restrictions have been changing rapidly, and human behavior — how many people within a population will travel across state lines, for example — is hard to predict, epidemiologists said. Estimating how conditions will change in the states in which NFL teams are based — and where the number of cases is rising and falling at different rates and at different times — is far more complex.

To understand the hurdles in the way of the NFL's return, Chowell reviewed the number of infections since Jan. 21, when the first COVID-19 case was reported in the United States, as compiled by The New York Times.

The data, sorted by county, shows a wide variety of conditions, with the virus devastating big cities and small communities alike, largely disappearing in some places and refusing to leave others. New hot spots are emerging in places once considered safe.

Despite its resolve, the NFL is starting to acknowledge that the virus may derail its plans to open the season on time and in front of fans.

The league moved its international games back to the United States. Before announcing the new schedule, league and team officials contacted officials in their states to let them know that contingencies had been made in case games must be postponed or canceled.

Next would be plans for the return of players to the facilities. The league is working with infectious disease physicians from Duke and other experts and speaking with the NFL Players Association about how and when they can return.

LOCAL NEWS

Port St. Lucie man accused of having and sending child pornography



Timothy Ferreira, Saint Lucie County Sheriff's Office

BY: JEANNETTE BAECHLE



A Port St. Lucie man was accused of having and sending child pornography to others through the social media app Snapchat.

Timothy Ferreira, 21, of the 600 block of Southwest Haas Avenue,

was arrested June 25th on 21 counts of possession of child pornography and two counts of transmission of child pornography.

Port St. Lucie police officers said they got information on February 21st from the National Center for Missing and Exploited Children with Ferreira's Snapchat name, age, IP address and email address. The agency also sent officers a copy of an inappropriate picture of a child that Ferreira uploaded to Snapchat.

Officers said they used the information to get a search warrant for Ferreira's Snapchat account and get access to what he's sent and received.

Police said he received 21 inappropriate images of children and sent two inappropriate images to other Snapchat users.

Detectives said they found Snapchat messages from Ferreira asking others on the social media platform to send him inappropriate pictures of children.

When officers went to Ferreira's Port St. Lucie home and asked him about the inappropriate images, he told them he didn't want to answer any questions.

He was arrested and taken to the St. Lucie County Jail. He later was released on a \$115,000 bond.