

ANCIENT ESTHETICS

CLIENT CONSENT FORM

Appointment Date: _____

Esthetician: Aileen Leyba-Hernandez

CLIENT DETAILS

Name: _____

Sensitive Skin: Yes _____ No _____

Please Explain: _____

FACIAL TREATMENT INFORMED CONSENT

I do hereby consent to receive facial treatment services performed by an esthetician at Ancient Esthetics.

_____ I understand that my facial treatment may include cleansing, exfoliation, masks, massage, extractions, serums, moisturizers, and other professional skincare applications.

_____ I understand that temporary redness, sensitivity, irritation, or breakouts may occur following treatment.

_____ I understand that treatment results vary from person to person and no guarantee has been made regarding treatment outcomes.

_____ I understand that I am responsible for following all post-treatment instructions provided by my esthetician.

_____ I understand that multiple treatments may be necessary to achieve desired results.

_____ I understand that I may notify my esthetician at any time if I experience discomfort during treatment.

AGREEMENT

By signing below, I acknowledge that I have read, understood, and consent to the above checklist and facial treatment procedure.

Client Signature _____ Date _____

Technician Signature _____ Date _____

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Client Copy – Facial & Back Facial Pre- & Post-Care Instructions (Please Keep This Page)

Pre-Care Instructions

- Avoid excessive sun exposure and tanning for 48 hours prior to treatment.
- Avoid waxing, chemical peels, microdermabrasion, or aggressive exfoliation for 5–7 days before treatment.
- Discontinue retinol, Retin-A, tretinoin, and exfoliating acids for 3–5 days prior.
- Notify your esthetician of medications, allergies, pregnancy, or recent cosmetic procedures.
- Men should shave at least 4–6 hours before treatment if desired.

Post-Care Instructions

For 24–48 hours following treatment:

- Avoid excessive heat, sweating, hot tubs, saunas, and steam rooms.
- Avoid exfoliating products and active ingredients.
- Avoid picking at the skin.
- Wear SPF 30 or higher daily.
- Stay hydrated and follow your recommended home care routine.

Mild redness following extractions is normal and temporary.