



# Re-Opening Guidelines

## GemNastics Safety & Social Distancing Protocol

We remain committed to protecting our Gems Families & Employees by creating a specific plan that will help prevent the spread of the disease.

<p><b>Gems Phase 1</b></p> <p>~Team &amp; Advanced Classes ~Adult Gymnastics</p>	<p><b>Lobby Etiquette &amp; Social Distancing Guidelines &amp; General Guidelines</b></p>	<ul style="list-style-type: none"> <li>• We are discouraging spectators in the lobby – lobby space will be limited</li> <li>• No chairs in lobby</li> <li>• Lobby and offices will be clearly marked with visual aids for 6’ social distancing</li> <li>• 1 parent or guardian per family if viewing class</li> <li>• Parents of children under 4 have priority lobby space</li> <li>• Please adhere to 6’ physical distancing etiquette</li> <li>• All adults in facility may be required to wear face masks</li> <li>• No food or beverages</li> <li>• Toys and other shared resources will be removed from lobby</li> <li>• The drinking fountains will not be used – please bring a water bottle clearly marked with gymnasts name</li> <li>• We strongly urge families to use the parent portal for all financial transactions</li> </ul>
<p><b>Gems Phase 2</b></p> <p>~My Gem &amp; Me, Preschool, Ruby ~Tumbling ~Family Open Gym ~Gymnastics Summer Fun Pgm</p>	<p><b>Building Preparation</b></p>	<ul style="list-style-type: none"> <li>• Facility Team will clean &amp; disinfect gym prior to opening according to CDC guidelines</li> <li>• All surface areas will be sanitized before, during and after each class</li> <li>• Hand sanitizer throughout facility and monitored for refills</li> <li>• All high touch point areas disinfected multiple times per day</li> </ul>
<p><b>Gems Phase 3</b></p> <p>~All Regular Gems Activities ~Birthday Parties ~Open Gym</p>	<p><b>Prior to Class</b></p>	<ul style="list-style-type: none"> <li>• Gym will have specific drop off and pick up plan in place</li> <li>• Students may be temperature checked prior to entering facility –             <ul style="list-style-type: none"> <li>• students who appear ill or have a temperature &gt;99.5 degrees will be sent home</li> </ul> </li> <li>• Students are required to sanitize their hands upon entering the facility</li> </ul>
	<p><b>During Class</b></p>	<ul style="list-style-type: none"> <li>• Students and staff will sanitize/wash hands after every rotation</li> <li>• Lesson plans will be modified to omit partner activities and to allow safe distancing</li> <li>• Each rotation will be sanitized after each class passes through</li> <li>• Stations and activities will adhere to 6’ social distancing guidelines</li> <li>• Students will remain with the same classmates and instructor for the entire class</li> <li>• Class ratios will be 6:1 for mommy &amp; me and preschool; 8:1 for school aged</li> <li>• Stuffed animals and other cloth covered props will not be used</li> </ul>
	<p><b>After Class</b></p>	<ul style="list-style-type: none"> <li>• Students &amp; parents will use separate exit to control flow</li> <li>• Employees will begin disinfecting/sanitizing all areas to get ready for the next group</li> </ul>

\*Subject to Change