Protective Prayers O Lord Almighty, you have suffered Death at the Cross for our sins. O Holy Cross of Jesus, be True light. O Holy Cross, have pity on me. O Holy, be my hope, O Holy Cross of Jesus, guard me from danger. O Holy Cross of Jesus, Fill my soul with good thoughts. O Holy Cross, help me to my salvation. O Holy Cross let me not fear death, all unholy things, and worldly danger, that I may worship the Holy Cross of Jesus forever. O Jesus of Nazareth crucified, have mercy on me forever and ever. Amen.

Or

In Honor of the Precious Blood of Jesus, and His fearful death and of His Resurrection and of His Glorification, by which He leads us to everlasting life. As true as Joseph and Nicodemus took Jesus from the Cross. As true as Jesus ascended into Heaven, may he preserve me from my enemies visible and invisible forever and ever. Amen. Lord Almighty, into your hands, I give my soul, Mary, Joseph, Anna, Joachim, Lord Jesus, by all you have suffered, for me at the Holy Cross. Principally, when your soul left your body and O Lord Jesus, grant me strength to bear the cross as yourself.