

Keith Sampson

Growth-focused Speaker and entrepreneur. Creator of the Grow Through It Mindset



Keith Sampson is a professional, “inspirational” speaker that has built and applied the Grow Through It Mindset as a foundational building block to create lasting change in business and individual lives.

Keith has a passion for people and unlocking their maximum potential. What started as a single question asked of him at the age of 19, permanently changed his life and the way that he approaches business.

“Are you going to choose to go through it or grow through it?”

With unapologetic passion, Keith believes that each of us can live more fulfilling lives when we wake up with a purpose of contributing to something larger than ourselves.

As the owner and CEO of multiple businesses, Keith uses more than 25 years in business development, sales training, customer service and a passion for creating incredible experiences, to bring unique insights, ideas and perspectives that will help any organization build incredible customer experiences, increase sales results and change business culture that will help them grow and achieve purpose along the way.

Keith Sampson is passionate about servant leadership, bringing value to others. “When you give without expectations and live to impact a world bigger than your own, amazing things can happen.”

Connect with Keith

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 Keith Sampson

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 I am Keith Sampson

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