

OKLAHOMA AREA AGENCIES ON AGING

Area 1

GRAND GATEWAY AAA **800-482-4594**
 333 S Oak St **918-783-5793**
 P.O. Box Drawer B www.grandgateway.org
 Big Cabin, OK 74332
 Craig, Delaware, Mayes, Nowata, Ottawa, Rogers, Washington

Area 2

EODD AAA **918-682-7891**
 1012 N. 38th St. www.eoddok.org
 P.O. Box 1367
 Muskogee, OK 74402
 Adair, Cherokee, McIntosh, Muskogee, Okmulgee, Sequoyah,
 Wagoner

Area 3

KEDDO AAA **800-722-8180**
 Vo-Tech Administration Addition **918-465-2367**
 1002 Highway 2 North www.keddo.org
 P.O. Box 638
 Wilburton, OK 74578
 Choctaw, Haskell, Latimer, LeFlore, McCurtain, Pittsburg,
 Pushmataha

Area 4

SODA AAA **580-920-1388**
 2704 N. First St. www.soda-ok.org
 P.O. Box 709
 Durant, OK 74701
 Atoka, Bryan, Carter, Coal, Garvin, Johnston, Love, Marshall,
 Murray, Pontotoc

Area 5

COEDD AAA **405-273-6410**
400 N Bell **800-375-8255**
P.O. Box 3398 www.coedd.net
Shawnee OK 74801

Area 6

INCOG AAA **918-584-7526**
 Two West 2nd St., Suite 800 **918-579-9486**
 Tulsa, OK 74103 www.incog.org
 Creek, Osage, Tulsa

Area 7

LONG TERM CARE **580-234-7475**
AUTHORITY OF ENID **888-858-9628**
 202 W. Broadway Ave., Suite A www.ltcaenid.org
 Enid, OK 73701
 Alfalfa, Blaine, Garfield, Grant, Kay, Noble, Kingfisher, Major

Area 8

AREAWIDE AGING AGENCY **405-942-8500**
 4101 Perimeter Center Dr., Suite 310 **405-943-4344**
 Oklahoma City, OK 73112 www.areawideaging.org
 Canadian, Cleveland, Logan, Oklahoma

Area 9

ASCOG AAA **800-658-1466**
 802 Main St. **580-736-7036**
 P.O. Box 1647 www.ascog.org
 Duncan, OK 73534
 Caddo, Comanche, Cotton, Stephens, Jefferson, Grady, McClain,
 Tillman

Area 10

SWODA AAA **800-627-4882**
 P.O. Box 569 **580-562-4882**
 Burns Flat, OK 73624 www.swoda.org
 Beckham, Custer, Greer, Harmon, Roger Mills, Kiowa, Jackson,
 Washita

Area 11

NW PSA 11 AAA **800-627-4882**
 P.O. Box 569 **580-562-4882**
 Burns Flat, OK 73624 www.oeda.org
 Beaver, Cimarron, Dewey, Ellis, Harper, Texas, Woods, Woodward

**Hughes, Lincoln, Okfuskee, Pawnee,
 Payne, Pottawatomie, Seminole**

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COEDD AREA AGENCY ON AGING

RESOURCE DIRECTORY FOR OLDER OKLAHOMANS

This directory includes a wide range of services from both public and private sectors, and every reasonable effort has been made to produce as accurate a directory as possible. In case of error or omission, please let us know and we will correct it in the next update of this directory. **Inclusion of an agency or service in this book does not imply endorsement. This directory may be reproduced.**

"Information and Assistance" service is offered by COEDD Area Agency on Aging (AAA) to provide information on services in our 7-county Planning & Service Area for older Oklahomans and their families. This is the first step toward self advocacy by linking senior citizens with the resources and services in their communities, to enable them to maintain as independent a lifestyle as possible. The AAA **Long Term Care Ombudsmen** visit residents at nursing homes, assisted living facilities, and residential care homes to monitor the care and quality of life residents receive there and help resolve complaints.

The COEDD AAA receives funds annually from the Special Unit on Aging, Department of Human Services through a matching fund agreement with the Central Oklahoma Economic Development District (COEDD). Services currently funded through COEDD-AAA are **Nutrition** through Project H.E.A.R.T., Inc. and New Age Project, Inc.; **Senior Law Project** through Legal Aid of Oklahoma; and **Caregiver Services and Outreach Services** through the AAA. These services are available without charge for all citizens age 60+ regardless of race, color, sex, handicap or national origin. Funded projects accept donations, in the attempt to serve as many as possible.

Our office is located at 400 N. Bell in Shawnee and is open Monday-Friday from 8:00 am-12:00 pm and 1:00 pm-5:00 pm. **For more information, please call our office at 405-273-6410 or toll-free 1-800-375-8255, Press 2 for Aging Services.**

Aging Services

Programs administered under the Older Americans Act

NATIONAL ELDERCARE LOCATOR

National Network of Aging Services

1-800-677-1116
www.eldercare.acl.gov

OKLAHOMA SENIOR INFORMATION LINE

Statewide Network of Aging Services (nearest AAA)

1-800-211-2116

OKLAHOMA AGING SERVICES DIVISION

Department of Human Services, Aging Services Division
PO Box 53159
Oklahoma City, OK 73152

405-521-2281
www.okdhs.org

OKLAHOMA STATE OMBUDSMAN PROGRAM

405-521-6734

Abuse Protection

Oklahoma law makes it mandatory that citizens report all suspected physical or emotional abuse, neglect or financial exploitation of elderly and incapacitated persons. All names kept confidential.

ADULT ABUSE HOTLINE (Adult Protective Services)

1-800-522-3511

FAMILY CRISIS CENTER

P.O. Box 2274, Ada, OK 74820

580-436-3504

FAMILY RESOURCE CENTER

211 N Timmons, Seminole, OK 74868

1-844-863-0270
405-382-5979

PROJECT S.A.F.E.

PO Box 465, Shawnee, OK 74802

1-800-821-9953
405-273-9953

SAFELINE—Statewide Domestic Violence & Sexual Assault Referrals

1-800-522-7233

WINGS OF HOPE FAMILY CRISIS SERVICES

3800 N. Washington, Stillwater, OK 74075

405-377-2344
(24 Hour Crisis Line) **1-800-624-3020**
or **405-624-3020**

www.wingsofhopeok.com

Adult Day/Respite Services/Caregiver Services

Weekday programs of health-promoting activities and services in a protective social setting (for those who cannot manage all the tasks of daily living). Transportation. Financial Assistance available.

COEDD AREA AGENCY ON AGING CAREGIVER RESPITE PROGRAM 1-800-375-8255
400 N. Bell, Shawnee, OK 74801 Ext. 130 405-273-6410

LIFESPAN RESPITE PROGRAM 580-291-6730
At Sooner Success: Provides respite for caregivers who might not qualify through COEDD Caregiver Respite 405-271-2710

L.I.F.E. CENTER ADULT DAY SERVICES 405-377-0978
411 W. Mathews, Stillwater, OK 74075 www.lifecenterads.org

NATIONAL V.A. CAREGIVER SUPPORT LINE 1-855-260-3274
For Veterans and Caregivers

Alcohol & Substance Abuse

DEPARTMENT OF MENTAL HEALTH AND SUBSTANCE ABUSE SERVICES 405-522-3908
2000 N Classen Blvd, Suite 2-600, OKC, OK 73106 405-248-9200
www.ok.gov/odmhsas

AL-ANON 1-888-425-2666
3801 NW 63rd St., Bldg. 3, Suite 129, OKC, OK 73116-1930 405-767-9071
(To schedule a meeting call toll free) www.okcalanon.org

ALCOHOLICS ANONYMOUS 405-524-1100
2701 N. Portland, Suite E, OKC, OK 73107
(Call main office for your location)

CLAY CROSSING FOUNDATION (Males Only) 405-374-1225
PO Box 8, Maud, OK 74854 www.claycrossing.com

COMMUNITY ALCOHOLISM SERVICES PROGRAM 918-762-3686
501 6th St., Pawnee, OK 74058

GATEWAY TO PREVENTION & RECOVERY
1010 E. 45th, Shawnee, OK 74801 405-273-1170
710 Manvel, Chandler, OK 74834 405-240-5333
919 Jefferson, Seminole, OK 74868 405-395-4357
www.gatewaytoprevention.org

OKLAHOMA BUREAU OF NARCOTICS AND DANGEROUS DRUGS 1-800-522-8031
419 NE 38th Terrace, OKC, OK 73105

FEDERAL SUBSTANCE ABUSE & MENTAL HEALTH SERVICES ADMINISTRATION 1-877-726-4727
NATIONAL REFERRAL LINE FOR SUBSTANCE ABUSE & MENTAL HEALTH TREATMENT FACILITIES 1-800-662-4357
1-800-662-HELP

Alcohol & Substance Abuse (continued)

REACH OUT <i>Mental Health & Substance Abuse Statewide Hotline</i>	1-800-522-9054
ST. ANTHONY HOSPITAL - CENTER FOR BEHAVIORAL MEDICINE 1000 N. Lee, OKC, OK 73102	405-272-6216
TOBACCO HELPLINE	1-800-784-8669 1-800-QUIT-NOW
ADDICTION AND BEHAVIORAL HEALTH CENTER 230 E 12th St, Ada, OK 74820	580-332-3001
V.A. HOSPITAL SUBSTANCE ABUSE 921 N.E. 13th, OKC, OK 73104	405-456-3278
VALLEY HOPE ALCOHOL & SUBSTANCE ABUSE TREATMENT CENTER 100 S. Jones, Box 472, Cushing, OK 74023	1-800-722-5940 918-225-1736 www.valleyhope.org

Consumer Services

ATTORNEY GENERAL'S OFFICE MEDICAID FRAUD CONTROL UNIT CONSUMER PROTECTION UNIT 313 NE 21st St., OKC, OK 73105	405-521-3921 405-521-4274 405-521-2029 www.oag.ok.gov
BETTER BUSINESS BUREAU (<i>complaints</i>) 17 S. Dewey, OKC, OK 73102	405-239-6081 www.oklahomacity.bbb.org
CONSUMER CREDIT COUNSELING SERVICE OF CENTRAL OK (AKA GREEN PATH, INC.)	1-866-476-7284 www.greenpath.org
CONSUMER CREDIT DEPARTMENT 3613 NW 56th St, Suite 240, OKC, OK 73112 <i>Investigates Complaints on Credit Purchases (Examples—Loans, Sales Contracts, Credit Cards & 2nd Mortgage)</i>	405-521-3653 www.ok.gov/okdocc
DEPARTMENT OF HEALTH—STATE OF OKLAHOMA CONSUMER PROTECTION DIVISION 1000 NE 10th, OKC, OK 73117-1299 <i>Provides information and answers consumer complaints regarding food service establishments, healthcare fraud, medical devices, bottled water, food manufacturers, etc.</i>	405-271-5600 405-271-5243
HOME HEALTH CARE/MEDICAL FACILITY COMPLAINTS	1-800-234-7258 405-271-6576 www.health.ok.gov
FEDERAL TRADE COMMISSION-CONSUMER RESPONSE CENTER	1-877-382-4357 www.ftc.gov

Consumer Services (continued)

INTERNAL REVENUE SERVICE (IRS) <i>Tax Fraud Referral Hotline</i>	1-800-829-0433
FRAUD AND ABUSE NATIONAL HOTLINES	
NATIONAL ELDER FRAUD HOTLINE (US Dept. of Justice)	1-833-372-8311
IDENTITY THEFT VICTIM LINE, Federal Trade Commission	1-877-438-4338
IDENTITY THEFT VICTIM LINE, Internal Revenue Service	1-800-908-4490
INSPECTOR GENERAL'S OFFICE	
Department of Health & Human Services	1-800-447-8477
Social Security	1-800-269-0271
OKLAHOMA TAX COMMISSION	1-800-522-8165 405-521-3160 www.tax.ok.gov
OKLAHOMA CORPORATION COMMISSION	1-800-522-8154

Education and Employment

EQUAL EMPLOYMENT OPPORTUNITY COMMISSION 215 Dean A. McGee Ave, Suite 524, OKC, OK 73102	1-800-669-4000 405-231-4911 www.eeoc.gov
GORDON COOPER TECHNOLOGY CENTER One John C. Bruton Blvd., Shawnee, OK 74804 <i>Adult & Continuing Education (Senior Citizens free if space available)</i>	405-273-7493 www.gctech.edu
SENIOR COMMUNITY SERVICES EMPLOYMENT PROGRAM (SCSEP) - 55 & Above State Contact (Oklahoma Aging Services Division)	405-521-2281
<u>AARP Oklahoma City Project Site</u> Serves Lincoln County	405-879-3899
<u>AARP Tulsa Project Site</u> Serves Pawnee, Payne Counties	918-621-4480
<u>AARP McAlester Project Site</u> Serves Hughes, Okfuskee, Pottawatomie, Seminole Counties	918-302-1068
<u>NICOA (National Indian Council on Aging)</u> Serves Hughes, Pottawatomie, Seminole Counties	405-951-9240
OSU COUNTY EXTENSION OFFICES: <i>provide programs such as Home Economics Education and Financial Planning</i>	www.extension.okstate.edu
<u>Hughes County</u> 200 N Broadway Suite 2, Courthouse, Holdenville, OK 74848	405-379-5470
<u>Lincoln County</u> 811 Manvel, Suite 2, Courthouse, Chandler, OK 74834	405-258-0560

<i>Education and Employment (continued)</i>
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OSU COUNTY EXTENSION OFFICES continued:

<u>Okfuskee County</u> 1201 E Columbia, Ste. A, PO Box 107, Okemah, OK 74859	918-623-0641
<u>Pawnee County</u> 500 Harrison St., Courthouse, Room 103, Pawnee, OK 74058	918-762-2735
<u>Payne County</u> 315 W 6th, Suite 103, Stillwater, OK 74074	405-747-8320
<u>Pottawatomie County</u> 14001 Acme Rd., Shawnee, OK 74804	405-273-7683
<u>Seminole County</u> 12827 NS 3650, Wewoka, OK 74884	405-257-5433
POTTAWATOMIE COUNTY LITERACY PROGRAM Shawnee Public Library, 101 N. Philadelphia, Shawnee, OK 74801	405-273-3334
OSHER LIFELONG LEARNING INSTITUTE UNIVERSITY OF OKLAHOMA 1700 Asp Ave, Suite 202, Norman, OK 73072	405-325-3488 www.oli.outreach.ou.edu
OKLAHOMA STATE UNIVERSITY 139 Human Sciences, Stillwater, OK 74078 www.education.okstate.edu/outreach/osher-lifelong-learning-institute	405-744-5868
WORKFORCE OKLAHOMA <i>Statewide Referral Line</i> <i>(Job referral, testing, counseling, training, benefits & claims)</i>	1-888-980-9675 www.oklahomaworks.gov
<u>Hughes County</u> 205 E Main St, Holdenville, OK 74848	405-379-7444
<u>Lincoln County</u> 722 Manvel Ave., Chandler, OK 74834	405-258-2870
<u>Okfuskee County</u> Contact Hughes, Seminole or Lincoln County Offices	
<u>Pawnee County</u> 3006 E 6th St., Stillwater, OK 74075	405-624-1450
<u>Payne County</u> 3006 E 6th St., Stillwater, OK 74075	405-624-1450
<u>Pottawatomie County</u> 2 John C. Bruton Blvd., Shawnee, OK 74804	405-275-7800
<u>Seminole County</u> 229 N 2nd, Seminole, OK 74868	405-382-4670

Financial & Emergency

AMERICAN RED CROSS	1-800-733-2767
24 Hour Disaster Services Line	1-855-891-7325
<u>Hughes County</u> (Southeastern Oklahoma Chapter)	918-423-0481
502 E Chickasaw, McAlester, OK 74501	
<u>Okfuskee County</u> (Tulsa Chapter)	918-831-1100
10151 E 11th, Tulsa, OK 74128	1-800-494-0275
<u>Payne County & Lincoln County</u> (North Central Oklahoma Chapter)	405-372-1833
408 S Main, Stillwater, OK 74074	
<u>Pawnee County</u> (Ponca City Chapter)	580-762-3280
2304 N Ash Ponca City, OK 74601	
<u>Pottawatomie & Seminole Counties</u> (Central Oklahoma Chapter)	405-273-8800
232 N. Broadway, Shawnee, OK 74801	
COMMUNITY ACTION: <i>assists the needy with emergency food, clothing, shelter, utilities, prescriptions, weatherization, job bank.</i>	<i>www.cocaa.org</i>
COCAA, INC. - <u>Lincoln County</u>	
820 N Jim Thorpe Blvd, Prague, OK 74864	405-695-1630
COCAA, INC. - <u>Payne County</u>	
410 S. Lewis, Stillwater, OK 74074	405-624-2533
COCAA, INC. - <u>Pottawatomie County</u>	
131 N Bell, Shawnee, OK 74801	405-275-6060
COCAA, INC. - <u>Seminole County</u>	
101 W Park St, Wewoka, OK 74884	405-382-1800
DEEP FORK COMMUNITY ACTION - <u>Hughes County</u>	918-756-2826
223 W. 6th St., Okmulgee, OK 74447	918-759-1898
	918-752-8840
DEEP FORK COMMUNITY ACTION - <u>Okfuskee County</u>	918-756-2826
223 W. 6th St., Okmulgee, OK 74447	918-759-1898
	918-752-8840
UNITED COMMUNITY ACTION - <u>Pawnee County</u>	
501 6th St, Pawnee, OK 74058	918-762-3041
FOOD BANKS:	
<u>COMMUNITY MARKET OF POTTAWATOMIE COUNTY</u>	405-788-4957
120 S. Center St, Shawnee, OK 74801	www.ourcommunitymarket.org
<i>Serves Pottawatomie County, as well as provides mobile outreach services to Seminole County & part of Lincoln County—check website or their Facebook page for hours</i>	

<i>Financial & Emergency (continued)</i>

OKLAHOMA DEPARTMENT OF HUMAN SERVICES:

www.okdhs.com

Senior citizens may qualify for supplemental income, assistance with food stamps, home health aide/provider, in-home services

Hughes County, Okfuskee County, Pawnee County & Seminole County**405-522-5050**

Local physical location offices closed, call Statewide Line to apply for services

Press 2

You can also apply for benefits online

www.okdhslive.org

To apply for Advantage Program, you can contact the

ADVANTAGE ADMINISTRATION LINE**1-800-435-4711****Lincoln County DHS****1-800-493-7984**

2020 E 1st, Chandler, OK 74834

405-258-6800**Payne County DHS****1-800-270-0797**

711 E. Krayler, Stillwater, OK 74074

405-707-3700**Pottawatomie County DHS****1-800-270-0793**

1400 N Kennedy, Shawnee, OK 74801

405-878-4000**OKLAHOMA HOUSING FINANCE AGENCY (OHFA)****1-800-256-1489***Apply for rent assistance/HUD & Section 8***405-848-1144**

www.ohfa.org

PRESCRIPTION ASSISTANCE*See Also Community Action Agencies (page 9) - they administer the RX Oklahoma Program***NeedyMeds.org****1-800-503-6897****SALVATION ARMY PROGRAMS***Emergency assistance with food, clothing, shelter, transportation, utilities, prescriptions, etc.; missing persons and disaster relief***Lincoln County****405-275-2243**

200 East 9th, Shawnee, OK 74801

Pawnee County**918-762-3041**

501 6th St, Pawnee, OK 74058

Payne County**405-372-1554**

1101 S Lowery, Stillwater, OK 74074

Pottawatomie County**405-275-2243**

200 East 9th, Shawnee, OK 74801

Seminole County**405-275-2243**

200 East 9th, Shawnee, OK 74801

SHELTERS FOR HOMELESS**MISSION OF HOPE****405-332-5521****EMERGENCY & TRANSITIONAL HOUSING****1804 S Perkins Rd, Stillwater OK 74074**

<i>Financial & Emergency (continued)</i>

SHAWNEE URBAN RENEWAL AUTHORITY 227 N Broadway, Suite C, Shawnee, OK 74801 <i>Housing Rehabilitation Programs for eligible senior citizens</i>	405-273-1276 www.shawneeok.org
SOCIAL SECURITY ADMINISTRATION	1-800-772-1213 www.ssa.gov
<u>SSA - Hughes County</u> 902 S. George Nigh Expressway, McAlester, OK 74501	1-877-893-4665
<u>SSA - Pottawatomie, Seminole & Lincoln Counties</u> 909 E Federal, Shawnee, OK 74804	1-877-897-0604
<u>SSA - Okfuskee County</u> 308 Creek Pl., Okmulgee, OK 74447	1-855-287-4791
<u>SSA - Pawnee & Payne Counties</u> 518 E Lakeview Rd, Stillwater, OK 74075	1-888-366-6143
USDA RURAL DEVELOPMENT <i>Provides home purchase and repair grants and loans for eligible senior citizens</i>	www.rd.usda.gov
State Office (Can apply statewide) Stillwater, OK	405-742-1000
<u>Loan Processing Centers (Can apply statewide)</u> 1328 Craddock Rd, Ada, OK 74820	580-332-3070 Ext. 4
1216 W Willow Rd, Enid, OK 73703	580-237-4321 Ext. 4
800 W 11th St, Hobart, OK 73651	580-726-3347 Ext. 4
VETERANS BENEFITS ADMINISTRATION VETERANS HEALTH ADMINISTRATION Regional Office, 125 S. Main, Muskogee, OK 74401	1-800-827-1000 1-877-222-8387 1-888-655-2838 www.va.gov
NATIONAL CALL CENTER FOR HOMELESS VETERANS SUPPORTIVE SERVICES FOR VETERAN FAMILIES (SSVF) <i>For Homeless Veterans or At Risk of Becoming Homeless</i>	1-877-424-3838 In Oklahoma Call 2-1-1
OKLAHOMA DEPARTMENT OF EMERGENCY MANAGEMENT AND HOMELAND SECURITY <i>(call for local/county Emergency Managers)</i> P.O. Box 53365, OKC, OK 73152	405-521-2481 www.ok.gov/oem
FEDERAL EMERGENCY MANAGEMENT AGENCY (FEMA) HELPLINE <i>To apply for individual assistance after a disaster</i>	1-800-621-3362 www.fema.gov www.disasterassistance.gov

Funeral Services

CREMATION SOCIETY OF OKLAHOMA **405-843-3345**
1145 W. Britton Road, OKC, OK 73114

DEATH CERTIFICATE: **405-271-5108**
Obtain certificate from funeral director, or send \$15.00 and details to Oklahoma State Department of Health, Box 53551, Oklahoma City, OK 73152. Person ordering must send a COPY of photo i.d.

OKLAHOMA FUNERAL BOARD **405-522-1790**
4545 N. Lincoln Blvd., Suite 175, OKC, OK 73105 www.okfuneral.com

Health & Disability

AIDS /HIV/STD STATEWIDE HOTLINE **1-800-535-2437**

AIDS SUPPORT PROGRAM **405-232-2437**
RAIN—REGIONAL AIDS INTERCOMMUNITY NETWORK **1-800-285-2273**

ASSISTIVE TECHNOLOGY

ABLE Tech **1-800-257-1705**
Oklahoma State University **405-744-9748**
Seretean Wellness Center, 1514 W Hall of Fame, Stillwater, OK 74078 www.okabletech.org
ABLE Tech Reutilization Program **1-833-431-9706**
3325 N Lincoln Blvd, Suite B, OKC, OK 73105 **405-523-4810**

ALZHEIMER'S ASSOCIATION:

(All of the following provide free brochures, information and educational materials. Also see listings under "Support Groups")

National Alzheimer's Association **1-800-272-3900**
225 N. Michigan Ave Fl. 17, Chicago, IL 60601 www.alz.org

Central Oklahoma Regional Center **405-319-0780**
6601 Broadway Ext., Suite 120, OKC, OK 73116

Oklahoma Chapter **918-392-5000**
2448 E 81st St., Suite 3000, Tulsa, OK 74137

ADEAR CENTER (Alzheimer's Research Information) **1-800-438-4380**
www.nia.nih.gov/alzheimers

AMERICAN CANCER SOCIETY **1-800-227-2345**
www.cancer.org

AMERICAN DIABETES ASSOCIATION **1-800-342-2383**
4334 NW Expressway, Suite 265, OKC, OK 73116 **405-840-3881**
www.diabetes.org

<i>Health and Disability (continued)</i>

AMERICAN <u>HEART</u> ASSOCIATION	1-800-242-8721
3401 NW 63rd St, Ste 200, OKC, OK 73116	405-415-3030
	www.heart.org
AMERICAN <u>LUNG</u> ASSOCIATION	1-800-548-8252
710 W Wilshire Blvd #101, OKC, OK 73116	405-748-4674
	www.lung.org
CENTERS FOR DISEASE CONTROL INFORMATION LINE	1-800-232-4636
CENTERS FOR INDEPENDENT LIVING:	
<i>Working for accessibility & inclusion in all areas of life for people who have disabilities</i>	
PROGRESSIVE INDEPENDENCE, INC. (serves Pottawatomie County)	405-321-3203
121 N. Porter, Norman, OK 73071	www.progind.org
OKLAHOMANS FOR INDEPENDENT LIVING (serves Hughes County)	918-426-6220
601 E. Carl Albert Parkway, McAlester, OK 74501	1-800-568-6821
	www.oilok.org
COLLEGE OF <u>DENTISTRY</u>, University of Oklahoma	405-271-7744
1201 N. Stonewall Ave., OKC, OK 73117	
<i>(Public Access - discounted dental services- call for an appointment)</i>	
D-DENT (<u>Dental</u> program for eligible senior citizens)	1-800-522-9510
	405-424-8092
	www.d-dentok.org
EMERGENCY ALERT SYSTEMS	
<i>Wrist or necklace pendant worn in home that alerts operator when pushed that help is needed</i>	
<u>HALO</u>	1-877-747-4256
	580-747-1315
FREE OR SLIDING FEE SCALE HEALTH CLINICS	
<i>Community programs that provide free exams & prescriptions or sliding fee scale for persons without health insurance</i>	
<u>HUGHES COUNTY</u>	
EAST CENTRAL OKLAHOMA FAMILY MEDICAL CENTER	405-452-5400
109 S Main St, Wetumka, OK 74883	
TRINITY CLINIC OF CALVIN	405-645-1055
312 Canadian St, Calvin, OK 74531	
<u>LINCOLN COUNTY</u>	
DOROTHY M. SMITH FAMILY MEDICAL CENTER	405-865-2020
105 E Santa Fe Ave, Carney, OK 74832	

<i>Health and Disability (continued)</i>

FREE OR SLIDING FEE SCALE HEALTH CLINICS *continued***Payne County**

STILLWATER COMMUNITY HEALTH CENTER	405-743-3171
821 S Pine, Stillwater, OK 74074	

Pawnee County

PAWNEE COUNTY FREE HEALTH CLINIC	918-290-0228
<i>(Held once a month at two sites: Cleveland Health Dept. and Old Head Start Building in Pawnee)</i>	

Pottawatomie County

COMMUNITY HEALTH CENTERS INC	405-395-0399
SHAWNEE FAMILY MEDICAL CENTER	
130 N Broadway Ave, Suite 300, Shawnee, OK 74801	

ENGAGE MEDICAL FREE CLINIC	405-915-9110
<i>(Serves uninsured in Northern Pottawatomie & Southern Lincoln counties)</i>	
10201 N Harrison, Shawnee, OK 74804 (south end of church) www.engagefreeclinic.com	

VOLUNTEER HEALTH CLINIC OF POTTAWATOMIE COUNTY	405-273-2157
<i>(Thursday evenings only - call coordinator on weekdays other than Thursdays, 8am- noon)</i>	
1904 Gordon Cooper Dr., Shawnee, OK 74801	

Seminole County

CENTRAL OKLAHOMA MEDICAL CENTER—KONAWA	580-925-3286
527 W 3rd St, Konawa, OK 74849	

EAST CENTRAL OKLAHOMA FAMILY HEALTH CENTER	405-257-5422
121 N Mekusukey Ave, Wewoka 74884	

SEMINOLE FREE CLINIC	405-382-2424
<i>(1st and 3rd Thursdays of month, open at 5pm)</i>	
206 N 4th, Seminole, OK 74868	

HEALTH DEPARTMENTS:**Hughes County**

200 McDougal Dr., Holdenville, OK 74848	405-379-3313
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Lincoln County

101 Meadow Lane, Chandler, OK 74834	405-258-2640
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Okfuskee County

125 N. 2nd, Okemah, OK 74859	918-623-1800
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Payne County

1321 W. 7th, Stillwater, OK 74074	405-372-8200
1026 N. Linwood, Cushing, OK 74023	918-225-3377

<i>Health and Disability (continued)</i>

HEALTH DEPARTMENTS *continued*:**Pawnee County**

639 7th Street, Pawnee, OK 74058
1390 W. Cherokee, Cleveland, OK 74020

918-762-3643
918-358-2546

Pottawatomie County

1904 Gordon Cooper Drive, Shawnee, OK 74801

405-273-2157

Seminole County

200 S Brown, Wewoka, OK 74884
1900 Boren Blvd. Seminole, OK 74868

405-257-5401
405-382-4369

NATIONAL INSTITUTE OF NEUROLOGICAL DISORDERS AND STROKES **1-800-352-9424**
P.O. Box 5801, Bethesda, MD 20824 www.ninds.nih.gov

AMERICAN STROKE ASSOCIATION **1-800-787-6537**
www.stroke.org

OFFICE OF DISABILITY CONCERNS **1-800-522-8224**
11212 N May Ave, Suite 103A, OKC, OK 73120 **405-521-3756**
www.ok.gov/odc

OKLAHOMA BLOOD INSTITUTE **405-297-5700**
Sylvan H. Goldman Center, 1001 N. Lincoln Blvd., OKC, OK 73104 www.obi.org

OKLAHOMA DEPT. OF REHABILITATION SERVICES **1-800-845-8476**
3535 NW 58th St, Ste 500, OKC, OK 73112 **405-951-3400**
www.okdrs.gov

THE PARKINSON FOUNDATION OF OKLAHOMA **405-810-0695**
720 W. Wilshire Blvd., Suite 109, OKC, OK 73116 www.parkinsonoklahoma.com

SOUTH CENTRAL INDUSTRIES INC. **405-275-3851**
(*job training for disabled*) 130 N. Louisa, Shawnee, OK 74801

OU PHYSICIANS SENIOR HEALTH CLINIC **405-271-3050**
825 N.E. 10th, Ste. 4E, OKC, OK 73104 **405-271-3445**

V.A. MEDICAL CENTER **405-456-1000**
921 N.E. 13th, OKC, OK 73104 **1-866-835-5273**
www.oklahoma.va.gov

V.A. NATIONAL CAREGIVER SUPPORT LINE **1-855-260-3274**
www.caregiver.va.gov

DISABLED AMERICAN VETERANS OF OKLAHOMA (D.A.V.) **405-521-0758**
Can help veterans apply for benefits www.okdav.org

Hearing Resources

JOHN W. KEYS SPEECH & HEARING CENTER **405-271-2866**
 1200 N. Stonewall, OKC, OK 73117
United Way Hearing Aid Bank
Discounted hearing aids for those who qualify

SENIOR CITIZEN HEARING AID & EQUIPMENT DISTRIBUTION PROGRAM
 Dept. of Rehabilitation Services (V/TTY) **1-866-309-1717**
 Oklahoma School for the Deaf, 1100 E Oklahoma, Sulphur, OK 73086 **580-622-4913**
Free Hearing Aid Available to Those Who Qualify

TSHA (Statewide Interpreters and Services for the Deaf) **918-832-8742**
 Tulsa, OK **1-888-211-3523**
24/7 Emergency Interpreter **1-888-311-3523**
Video Phone **1-918-925-9760**

Home Care

A wide variety of programs and agencies that bring health care, therapy and homemaker services into the home. For a complete listing of area private home health agencies or private pay caregiver services, please refer to the yellow pages in your local telephone directory or contact COEDD AAA.

DHS HOMEMAKER/PROVIDER SERVICES: *Qualify through local DHS office (see listings by county, "Financial & Emergency")*

ADVANTAGE WAIVER PROGRAM
(Federally funded in-home services to older Oklahomans and adults with disabilities who are medically and financially eligible to receive nursing facility care under Medicaid guidelines. Contact local DHS for information and eligibility.)

OKLA. STATE DEPT. OF HEALTH **1-800-234-7258**
(Home Health Hotline for complaints and information)

OKDHS ADVANTAGE ADMINISTRATION UNIT **1-800-435-4711**

Hospice

Medical, psychological and spiritual services for the terminally ill and their families at home or in a nursing facility setting. It does not offer 24-hour care. Hospice services are fully covered by Medicare. The Hospice Foundation of America offers a website to help locate a local hospice. That website is www.hospicedirectory.org. For a complete listing of hospice agencies in your area please refer to the yellow pages in your local telephone directory or contact COEDD AAA.

Housing

HUGHES COUNTY:

HOLDENVILLE HOUSING AUTHORITY 301 Crestview, Holdenville, OK 74848	405-379-3375
SAVANNAH PARK SENIOR APARTMENTS 50 Warren Pl., Holdenville, OK 74848 604 S. Washita St., Wetumka, OK 74883	405-379-7351 405-452-5122
WETUMKA HOUSING AUTHORITY 121 N. Canadian, Wetumka, OK 74883	405-452-3444

LINCOLN COUNTY:

GREENRIDGE PLACE SENIOR APARTMENTS 209 W. Green St., Meeker, OK 74855	405-279-4226
PARKLAND TOWNHOMES 1823 Sherry Ln., Prague, OK 74864	1-800-378-9366 405-714-0037
PRAGUE HOUSING AUTHORITY 607 Mitacek Ave, Prague, OK 74864	405-567-3337
STROUD HOUSING AUTHORITY P.O. Box 368, Stroud, OK 74079	918-968-3485

OKFUSKEE COUNTY:

BOLEY HOUSING AUTHORITY P.O. Box 573, Boley, OK 74829	918-667-3632
CREEK NATION HOUSING DIVISION P.O. Box 297, Okmulgee, OK 74447	918-549-2500
WELEETKA HOUSING AUTHORITY 300 S. Choctaw, P.O. Box 756, Weleetka, OK 74880	405-786-2156

PAWNEE COUNTY:

PAWNEE HOUSING AUTHORITY 406 4th St., P.O. Box 66, Pawnee, OK 74058	918-762-3316
PAWNEE NATION HOUSING AUTHORITY P.O. Box 408, Pawnee, OK 74058	918-762-3454

<i>Housing (continued)</i>

PAYNE COUNTY:

CEDAR LANE SENIOR APARTMENTS 2309 Anna St., Cushing, OK 74023	918-225-1516
CIMARRON TOWERS 214 E Broadway, Cushing, OK 74023	918-225-0322
CUSHING HOUSING AUTHORITY 1713 Cherry Lane, Cushing, OK 74023	918-225-7205
IOWA TRIBE OF OKLAHOMA HOUSING AUTHORITY 335588 E 750 Rd, Perkins, OK 74059	405-547-2402
LEGACY PARK SENIOR APARTMENTS 498 E Virginia Ave., Stillwater, OK 74074	405-780-7358
MOCKINGBIRD ESTATES 3020 East 6th Ave, Stillwater, OK 74074	405-372-1500
SENIOR RESIDENCES APARTMENTS 1501 S. Main St., Stillwater, OK 74074	405-743-1838
STILLWATER HOUSING AUTHORITY 807 S. Lowry, Stillwater, OK 74074	405-372-4906
YALE HOUSING AUTHORITY 601 Watson Dr., P.O. Box 265, Yale, OK 74085	918-387-2181

POTTAWATOMIE COUNTY:

THE ALDRIDGE SENIOR APARTMENTS 20 East 9th St., Shawnee, OK 74801	405-275-9500
ABSENTEE-SHAWNEE TRIBE HOUSING AUTHORITY 107 N. Kimberly, Shawnee, OK 74801	405-273-1050
CITIZEN POTAWATOMI NATION HOUSING AUTHORITY 1601 S. Gordon Cooper Drive, Shawnee, OK 74801	405-273-2833
KICKAPOO TRIBE HOUSING AUTHORITY P.O. Box 120, McLoud, OK 74851	405-964-6262
LEGACY PARK SENIOR APARTMENTS 1701 Airport Drive, Shawnee, OK 74804	405-878-8787
MAUD HOUSING AUTHORITY 320 E. Oak St., Maud, OK 74854	405-374-2800

<i>Housing (continued)</i>

POTTAWATOMIE COUNTY continued:

SAC & FOX HOUSING AUTHORITY	405-275-8200
201 N. Harrison, Shawnee, OK 74801	
<i>Serves portions of Pottawatomie, Payne & Lincoln counties</i>	
SHAWNEE HOUSING AUTHORITY	405-275-6330
601 W 7th St., P.O. Box 3427, Shawnee, OK 74801	
TECUMSEH HOUSING AUTHORITY	405-598-3244
601 Leisure Dr., Tecumseh, OK 74873	

SEMINOLE COUNTY

KONAWA HOUSING AUTHORITY	580-925-3955
401 N. East St, P.O. Box 186, Konawa, OK 74849	
STONEBROOK VILLAS	1-800-378-9366
One Block South of Intersection of West St. & South St., Konawa 74849	
	405-714-0037
SEMINOLE HOUSING AUTHORITY	405-382-3081
111 Randolph Dr., P.O. Box 1253, Seminole, OK 74868	
SEMINOLE NATION HOUSING AUTHORITY	405-257-6604
101 S. Hitchite, Wewoka, OK 74884	
WEWOKA HOUSING AUTHORITY	405-257-5717
316 West 4th, PO Box 877, Wewoka, OK 74884	
WHISPERING MEADOWS	1-800-378-9366
Indian Rd. & Tamara Lane, Wewoka, OK 74884	
	405-714-0037

<i>Insurance Assistance</i>

For Insurance Information & Assistance including: Medicare, Medicaid, other health insurance, and volunteer counselor training, call COEDD Area Agency on Aging in Shawnee at 405-273-6410 or toll-free 1-800-375-8255. For complaints, also see listings at "Consumer Services."

KEPRO QUALITY IMPROVEMENT ORGANIZATION	1-888-315-0636
5201 W Kennedy Blvd, Suite 900, Tampa, FL 33609	
<i>Helps Medicare beneficiaries receive necessary, appropriate and quality health care. Medicare rights, appeals</i>	
	www.keproqio.com

Insurance Assistance (continued)

MEDICARE

1-800-633-4227
www.medicare.gov

MEDICARE ASSISTANCE PROGRAM (MAP)

1-800-763-2828
Offers Free Medicare Counseling. Claims and complaints. Provides volunteer counselor training & to Report Suspected Medicare/Medicaid Fraud, Abuse & Waste
405-522-6270

OKLAHOMA STATE INSURANCE COMMISSIONER

1-800-522-0071
405-521-2828

SOONERCARE HELPLINE

1-800-987-7767
www.MySoonerCare.org

VETERANS INSURANCE INFORMATION

1-800-827-1000

Legal Services

LEGAL AID SERVICES OF OKLAHOMA, INC. (Statewide Intake Line)

1-888-534-5243

OKLAHOMA SIXTY-PLUS LEGAL AID SERVICES HELPLINE (SPLASH)

1-855-488-6814

2901 N Classen, OKC OK 73106

www.oklaw.org

Senior Law Project

1-800-421-8017

316 N. Broadway, Ste. C,
Shawnee, OK 74801

405-275-6870

(OAA funded "Senior Law Project" serves all persons age 60+ in Hughes, Seminole, Lincoln & Pottawatomie counties)

Tulsa Law Office

1-888-534-5243

907 S. Detroit, Ste. 725, Tulsa, OK 74120

918-428-4357

(serves Pawnee and Okfuskee counties)

918-584-3338

Stillwater Law Office

405-624-1734

312 S. Duck, Stillwater, OK 74074

(serves Payne and Lincoln counties)

OKLAHOMA BAR ASSOCIATION (for complaints)

405-416-7000

1901 N. Lincoln Blvd., PO Box 53036, OKC, OK 73105

www.okbar.org

OKLAHOMA DISABILITY LAW CENTER

405-525-7755

5600 N May Ave, Suite 260, OKC, OK 73112

1-800-880-7755

www.okdlc.org

OKLAHOMA INDIAN LEGAL SERVICES

1-800-658-1497

4200 Perimeter Center Dr., Suite 222, OKC, OK 73112

405-943-6457

www.oilsonline.org

Mental Health

AUTUMN LIFE BEHAVIORAL CENTER	1-855-625-1680
<i>Edmond Medical Center, 1 South Bryant, Edmond, OK 73034</i>	
<i>Senior Adult Mental Health</i>	
CARL ALBERT MENTAL HEALTH CENTER	405-379-6668
<i>117 Rogers Dr., Holdenville, OK 74848</i>	
CREOKS BEHAVIORAL HEALTH SERVICE, INC	918-623-2922
<i>209 W. Broadway, PO Box 149, Okemah, OK 74859</i>	
<i>429 N Union, Shawnee, OK 74801</i>	
DISASTER DISTRESS HELPLINE	1-800-985-5990
SUBSTANCE ABUSE & MENTAL HEALTH SERVICES ADMINISTRATION	
GAMBLING HELPLINE	1-800-522-4700
GAMBLERS ANONYMOUS	1-855-222-5542
	www.gamblersanonymous.org
GRAND LAKE MENTAL HEALTH CENTER	Crisis Line 1-800-722-3611
<i>Payne County Clinic—Adult Services</i>	
<i>1624 Cimarron Plaza, Stillwater, OK 74075</i>	
<i>Stillwater—Urgent Recovery Clinic</i>	1-800-722-3611
<i>Pawnee County Clinic</i>	918-308-5511
<i>907 W Caddo St, Cleveland, OK 74020</i>	
H.O.P.E. PROGRAM	918-758-3308
<i>Okmulgee Memorial Hospital, 1401 Morris Dr., Okmulgee, OK 74447</i>	
	1-877-821-0082
LIGHTHOUSE BEHAVIORAL WELLNESS CENTER—SEMINOLE	405-382-4507
<i>2010 Boren Blvd, Seminole, OK 74818</i>	
MIDWEST REGIONAL HOSPITAL	405-610-8275
<i>Mental Health Diagnostic & Treatment Center</i>	
<i>2825 Parklawn Dr., 2nd Floor, MWC, OK 73110</i>	
OKLAHOMA ALLIANCE FOR THE MENTALLY ILL	1-800-583-1264
	www.namioklahoma.org
DEPARTMENT OF MENTAL HEALTH AND SUBSTANCE ABUSE SERVICES	405-522-3908
<i>2000 N Classen Blvd, Ste 2-600, OKC, OK 73106</i>	
	www.oklahoma.gov/odmhsas
ST. ANTHONY HOSPITAL - CENTER FOR BEHAVIORAL MEDICINE	405-272-6216
<i>1000 N Lee, OKC, OK 73102</i>	
	405-713-5706
ST. ANTHONY GERIATRIC DIAGNOSTIC CENTER	405-713-5733
<i>St. Anthony South, 2129 SW 59th, OKC, OK 73119</i>	
	(Intake) 405-713-5706
REACH OUT <i>Mental Health Statewide Hotline</i>	1-800-522-9054

Mental Health (continued)

RED ROCK BEHAVIORIAL HEALTH CENTERS	www.red-rock.com
101 N. Union, Shawnee, OK 74801	405-275-7100
112 N McKinley, Chandler, OK 74834	405-258-3040
SENIOR LIFE SOLUTIONS (Outpatient Behavioral Health Program for Seniors)	918-382-2317
Drumright Regional Hospital, 610 W Bypass, Drumright, OK 74030	918-382-2300
<i>(service area includes parts of Payne county, transportation provided)</i>	
SENIOR STRONG MIND (Outpatient Behavioral Health Program for Seniors)	918-287-5174
Pawhuska Hospital, 1101 E 15th St, Pawhuska, OK 74056	
<i>(service area includes parts of Pawnee county, transportation provided)</i>	
SUICIDE PREVENTION LIFELINE (National)	1-800-273-8255
	1-800-273-TALK

Native American Information

Native Americans offer a variety of services to tribal members (financial, legal, burial, housing, health care, meals, etc.) Listed are only those whose boundaries overlap those of COEDD AAA.

ABSENTEE SHAWNEE TRIBE OF OKLAHOMA	405-275-4030
2025 S. Gordon Cooper Drive, Shawnee, OK 74801	www.astribe.com
CITIZEN POTAWATOMI NATION	405-273-5236
1601 S. Gordon Cooper Drive, Shawnee, OK 74801	www.potawatomi.org
IOWA TRIBE OF OKLAHOMA	405-547-2402
335588 E750 Rd., Perkins, OK 74059	www.iowanation.org
KIALEGEE TRIBAL TOWN	405-452-3262
P.O. Box 332, Wetumka, OK 74883	
KICKAPOO TRIBE OF OKLAHOMA	405-964-2075
400 N. Highway 102, P.O. Box 70, McLoud, OK 74851	
MUSCOGEE (CREEK) NATION	918-756-8700
P.O. Box 580, Okmulgee, OK 74447	www.muscogeenation-nsn.gov
PAWNEE NATION OF OKLAHOMA	918-762-3621
P.O. Box 470, Pawnee, OK 74058	www.pawneenation.org
SAC & FOX NATION OF OKLAHOMA	1-800-259-3970
920883 S. Hwy 99, Bldg. A, Stroud, OK 74079	918-968-3526
215 N. Harrison, Shawnee, OK 74801	405-275-1262
	www.sacandfoxnation-nsn.gov

Native American Information (continued)

SEMINOLE NATION OF OKLAHOMA P.O. Box 1498, Wewoka, OK 74884	405-257-7200 www.sno-nsn.gov
THLOPHLOCCO TRIBAL TOWN P.O. Box 188, Okemah, OK 74859	918-560-6198

Nursing Home Information

Information on skilled nursing facilities, nursing homes, boarding homes, residential care. Complaints are confidential. To obtain a complete listing of nursing homes in the area, please contact COEDD AAA Ombudsman Supervisor.

COEDD AAA OMBUDSMAN PROGRAM 400 N. Bell, Shawnee, OK 74801	1-800-375-8255 405-273-6410 Press Option 2 for Aging Services
LIVING CHOICE PROGRAM <i>This program assists Oklahomans who want to transition out of a nursing home and back into a residence of their own.</i>	1-888-287-2443
LONG TERM CARE INVESTIGATION	405-521-3440
OKLAHOMA STATE OMBUDSMAN PROGRAM Department of Human Services, OKC, OK 73164	405-521-6734
OKLAHOMA STATE DEPT. OF HEALTH License and Certification Division, OKC, OK	405-426-8200

Nutrition Programs

Counties: Lincoln, Pawnee, Payne, Pottawatomie

PROJECT H.E.A.R.T., INC.
830 West Ford, P.O. Box 3667
Shawnee, OK 74802

1-800-837-2044
405-214-1972

*Congregate meals, transportation, home-delivered meals and outreach services are available through 29 nutrition sites under two Projects, funded by COEDD AAA under the Older Americans Act. *Meals-on-Wheels are local programs not funded under OAA.*

LINCOLN COUNTY:

CHANDLER NUTRITION SITE 1121 N. Hwy. 18, Chandler, OK 74834	405-258-0324
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Nutrition Programs (continued)

LINCOLN COUNTY continued:

MEEKER NUTRITION SITE 313 S. Dawson, Meeker, OK 74855	405-279-2381
PRAGUE NUTRITION SITE 615 Ayers Ave., NBU 2712, Prague, OK 74864	405-567-3605
STROUD NUTRITION SITE 212 W. Main, Stroud, OK 74079	918-968-3482

PAWNEE COUNTY:

PAWNEE NUTRITION SITE 304 Kansas Place, Pawnee, OK 74058	918-762-2405
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PAYNE COUNTY:

CUSHING NUTRITION SITE 203 E. Cherry, Suite B, Cushing, OK 74023	918-225-0222
"MEALS-ON-WHEELS" - Stillwater Cushing Regional Hospital	405-742-5765 918-225-8188
STILLWATER NUTRITION SITE 312 W. 9th St., Stillwater, OK 74074	405-372-1201

POTTAWATOMIE COUNTY:

MAUD NUTRITION SITE 307 W. Main, P.O. Box 165, Maud, OK 74854	405-374-9022
"MEALS-ON-WHEELS," Shawnee (V.I.P.)	405-275-7910
SHAWNEE NUTRITION SITE 804 S Park, Shawnee, OK 74801	405-275-4530
TECUMSEH NUTRITION SITE 710 N. 6th, P.O. Box 559, Tecumseh, OK 74873	405-598-5733

<i>Nutrition Programs (continued)</i>
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Counties: Hughes, Okfuskee and Seminole	
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NEW AGE PROJECT, INC.	405-379-5404
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323 Broadway of America	
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Holdenville, OK 74848	
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HUGHES COUNTY:**CALVIN NUTRITION SITE**

113 N. Canadian, P.O. Box 4, Calvin, OK 74531

405-645-2520**DUSTIN NUTRITION SITE**

30 N. Broadway, P.O. Box 390193, Dustin, OK 74839

918-656-3561**HOLDENVILLE NUTRITION SITE**

124 N. Creek, Holdenville, OK 74848

405-379-3252**LAMAR NUTRITION SITE**

3238 Walnut St., Unit 2 Box 3, Lamar, OK 74850

405-379-2005**STUART NUTRITION SITE**

827 Roosevelt St., P.O. Box 102, Stuart, OK 74570

918-546-2456**WETUMKA NUTRITION SITE**

601 S. Alabama, Wetumka, OK 74883

405-452-3264**OKFUSKEE COUNTY:****BOLEY NUTRITION SITE**

12 N. Pecan, P.O. Box 223, Boley, OK 74829

918-667-3392**OKEMAH NUTRITION SITE**

116 S. 3rd, Okemah, OK 74859

918-623-2660**PADEN NUTRITION SITE**

724 1/2 S. Main, P.O. Box 68, Paden, OK 74860

405-932-5500**WELEETKA NUTRITION SITE**

118 W. 8th, P.O. Box 433, Weleetka, OK 74880

405-786-2198

Nutrition Programs (continued)

SEMINOLE COUNTY:

CROMWELL NUTRITION SITE 102 W. Jenkins, Cromwell, OK 74837	405-944-5995
KONAWA NUTRITION SITE 426 E. 1st, Konawa, OK 74849	580-925-3650
SEMINOLE HERITAGE HOUSE NUTRITION SITE 210 W. College, Seminole, OK 74868	405-382-2156
WEWOKA NUTRITION SITE 214 S. Brown, Wewoka, OK 74884	405-257-6230

Senior Citizens Centers

HUGHES COUNTY:

CALVIN (GLEN JOHNSON) SENIOR CITIZEN CENTER 113 N. Canadian, P.O. Box 4, Calvin, OK 74531	405-645-2520
DUSTIN SENIOR CITIZEN CENTER 30 N. Broadway, P.O. Box 390193, Dustin, OK 74839	918-656-3561
GERTY SENIOR CITIZEN CENTER (currently closed) 406 Elder Ave., Calvin, OK 74531	580-892-3921
HOLDENVILLE SENIOR CITIZEN CENTER 124 N. Creek, Holdenville, OK 74848	405-379-3252
LAMAR SENIOR CITIZEN CENTER 3238 Walnut St., Unit 2 Box 3, Lamar, OK 74850	405-379-2005
STUART SENIOR CITIZEN CENTER 827 Roosevelt St., P.O. Box 102, Stuart, OK 74570	918-546-2456
WETUMKA SENIOR CITIZEN CENTER 601 S. Alabama, Wetumka, OK 74883	405-452-3264

<i>Senior Citizens Centers (continued)</i>

LINCOLN COUNTY:

AGRA SENIOR CITIZEN CENTER 3 South Main St., P.O. Box 278, Agra, OK 74824	918-375-2464
CARNEY SENIOR CITIZEN CENTER 102 E. Maple, P.O. Box 484, Carney, OK 74832	405-865-2678
CHANDLER SENIOR CITIZEN CENTER 1121 N. Hwy. 18, Chandler, OK 74834	405-258-0324
DAVENPORT SENIOR CITIZEN CENTER 210 Broadway, P.O. Box 83, Davenport, OK 74026	918-377-4188
MEEKER SENIOR CITIZEN CENTER 313 S. Dawson, Meeker, OK 74855	405-279-2381
PRAGUE KEENER CITIZENS CLUB 615 Ayers, NBU 2712, Prague, OK 74864	405-567-3605
SPARKS SENIOR CITIZEN CENTER 209 S. 6th St., P.O. Box 148, Sparks, OK 74869	918-866-2606
STROUD SENIOR CITIZEN CENTER 212 W. Main, Stroud, OK 74079	918-968-3482
WELLSTON SENIOR CITIZEN CENTER 206 Cedar Ave., P.O. Box 312, Wellston, OK 74881	405-356-0012

OKFUSKEE COUNTY:

BOLEY SENIOR CITIZEN CENTER 12 N Pecan, P.O. Box 223, Boley, OK 74829	918-667-3392
OKEMAH SENIOR CITIZEN CENTER 116 S. 3rd, Okemah, OK 74859	918-623-2660
PADEN SENIOR CITIZEN CENTER 724 1/2 S. Main, P.O. Box 68, Paden, OK 74860	405-932-5500
WELEETKA SENIOR CITIZEN CENTER 118 W. 8th, P.O. Box 433, Weleetka, OK 74880	405-786-2198

<i>Senior Citizens Centers (continued)</i>

PAWNEE COUNTY:

CLEVELAND AREA SENIOR CITIZEN CENTER 211 E. Wichita St., Cleveland, OK 74020	918-358-5898
JENNINGS SENIOR CITIZEN CENTER 301 N. Main, P.O. Box 475 Jennings, OK 74038	918-757-2976
MARAMEC SENIOR CITIZEN CENTER 513 Ash St., P.O. Box 82, Maramec, OK 74045	918-454-2498
PAWNEE SENIOR CITIZEN CENTER 304 Kansas Pl., Pawnee, OK 74058	918-762-2405
PAWNEE INDEPENDENT SENIOR CITIZEN CENTER 606 5th St., Pawnee, OK 74058	405-714-2199
RALSTON SENIOR CITIZEN CENTER 180 S. 7th, Ralston, OK 74650	918-738-4285
TERLTON SENIOR CITIZEN CENTER 128 W. Main, P.O. Box 75, Terlton, OK 74081	918-757-7704
WESTPORT-KEYSTONE PENINSULA SENIOR CITIZEN CENTER 1008 Leroy Rd, Suite A, Cleveland, OK 74020	918-243-7868

PAYNE COUNTY:

CUSHING SENIOR CITIZEN CENTER 203 E Cherry, Suite A, Cushing, OK 74023	918-225-5333
GLENCOE SENIOR CITIZEN CENTER 114 N. Broadway, P.O. Box 93, Glencoe, OK 74032	580-669-2271
INGALLS ACTIVITY CENTER 1817 S. Ingalls Rd., Stillwater, OK 74974	405-612-5154
PERKINS SENIOR CITIZEN CENTER 114 E. Kirk, Perkins, OK 74059	405-547-2646
STILLWATER ACTIVITY CENTER 1015 E. 12th Street, P.O. Box 1449, Stillwater, OK 74076	405-747-8080

<i>Senior Citizens Centers (continued)</i>

PAYNE COUNTY continued:

STILLWATER NUTRITION SITE 312 W 9th, Stillwater, OK 74074	405-372-1201
YALE SENIOR CITIZEN CENTER 111 North B, Yale, OK 74085	918-387-2561

POTTAWATOMIE COUNTY:

ASHER SENIOR CITIZEN CENTER 110 N. Division, P.O. Box 97, Asher, OK 74826	405-784-2244
MACOMB SENIOR CITIZEN CENTER 28794 Miller St., P.O. Box 55, Macomb OK 74852	405-598-3450
MAUD SENIOR CITIZEN CENTER 307 W. Main, P.O. Box 165, Maud, OK 74854	405-374-9022
MCLLOUD (ALFRED RUTLEDGE) SENIOR CITIZEN CENTER 647 S. 8th, P.O. Box 722, McLoud, OK 74851	no phone
PINK SENIOR CITIZEN CENTER 22065 Pink Lane, Tecumseh, OK 74873	405-598-1622
SHAWNEE SENIOR CITIZEN CENTER 401 N. Bell, Shawnee, OK 74801	405-878-1528
SOUTH POTTAWATOMIE COUNTY SENIOR CITIZEN CENTER 101 E. Main, P.O. Box 227, Wanette, OK 74878	405-383-2216
TECUMSEH (GOLDEN AGE) SENIOR CITIZEN CENTER 710 N. 6th, P.O. Box 559, Tecumseh, OK 74873	405-598-5733
TRIBBEY SENIOR CITIZEN CENTER 313 W. Jack Roberts Lane, Tribbey, OK 74852	405-899-7153

SEMINOLE COUNTY:

CROMWELL SENIOR CITIZEN CENTER 102 W. Jenkins, Cromwell, OK 74837	405-944-5995
KONAWA SENIOR CITIZEN CENTER 426 East 1st, Konawa, OK 74849	580-925-3650

Senior Citizens Centers (continued)

SEMINOLE COUNTY continued:

SEMINOLE INDEPENDENT SENIOR CITIZEN CENTER 322 N. 4th Street, Seminole, OK 74868	405-382-3233
SEMINOLE HERITAGE HOUSE SENIOR CITIZEN CENTER 210 W. College, Seminole, OK 74868	405-382-2156
WEWOKA SENIOR CITIZEN CENTER 214 S. Brown, Wewoka, OK 74884	405-257-6230
LIMA SENIOR CITIZEN CENTER PO Box 1202, Wewoka, OK 74884	405-257-5763

Senior Organizations

AARP (American Association of Retired Persons) 601 E Street NW, Washington, D.C. 20049 <i>(call for membership information; write for free publications)</i>	1-888-687-2277 www.aarp.org
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AARP OKLAHOMA INFORMATION CENTER 126 N Bryant, Edmond, OK 73034	1-866-295-7277
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AARP LOCAL CHAPTERS:

AARP Shawnee—#2654: meets 3rd Saturday 10:30 a.m. at Liberty Baptist Church,
711 E. Federal St., Shawnee, OK 74804.

ADVISORY COUNCILS: *Representatives meet regularly to advise all non-profits funded under Older Americans Act on issues and concerns of area older persons.*

COEDD AREA AGENCY ON AGING ADVISORY COUNCIL— *meets quarterly, the last Monday of January, April, July & October. Representatives from seven counties, 50% senior citizens. Call COEDD AAA at 405-273-6410 Ext. 128 for location.*

Senior Organizations (continued)

NARFE (National Active and Retired Federal Employees Association)

405-424-3488
www.narfe.org

Okmulgee and Okfuskee Co. - #730: meets 2nd Thursday 11:00 a.m. at Colonial Pancake House, Henryetta

Payne County - #183: meets 3rd Friday 11:00 a.m. at New China Restaurant, Stillwater

Shawnee - #542: meets 3rd Wednesday 11:00 a.m. at Senior Center, Shawnee

OKLAHOMA RETIRED EDUCATORS ASSOCIATION

323 E Madison, OKC, OK 73105

1-800-310-2230
www.orea.org

OKLAHOMA SILVER HAired LEGISLATURE (OSHL) and other groups such as the Alliance on Aging are state-wide organizations that advocate to improve the quality of life of older Oklahomans. OSHL Senators and Representatives are elected and participate in the legislative process at the State Capitol. For information, call COEDD AAA, 273-6410 or 1-800-375-8255.

Support Groups/Programs

(Listings under "Health & Disability Assistance" may also have support groups in and around the Oklahoma City area, or call COEDD AAA for more information).

ALZHEIMER'S CAREGIVER SUPPORT GROUPS:
(also see listings under Alzheimer's Association)

THE CARING CONNECTION (Telephone Support Group)

1-800-272-3900

BEREAVEMENT SUPPORT:

GRIEF SUPPORT GROUP– Shawnee

405-214-6442

Heartland Hospice, 2802 N. Kickapoo, Shawnee, OK 74804

Meets 1st and 3rd Tuesday of month at 3pm or 2nd & 4th Tuesday of month at 6pm

OTHER SUPPORT GROUPS:

(also see listings under "Health & Disability")

CAREGIVER SUPPORT GROUP

405-273-6410

COEDD Conference Room, 400 N. Bell, Shawnee, OK 74801

Support Groups (continued)

<u>CAREGIVER SUPPORT GROUP</u>	405-377-0978
<i>L.I.F.E. Adult Day Center, 411 W. Matthews, Stillwater, OK 74075</i>	
FRIENDLY CHAT LINES FOR SENIORS (<i>Volunteers staff the phone lines</i>)	
<u>FRIENDSHIP LINE</u>	1-800-971-0016
<u>AARP FRIENDLY VOICES</u>	1-888-281-0145

Transportation

(Also available through Nutrition Programs - see local listings)

CENTRAL OKLAHOMA TRANSIT SYSTEM (C.O.T.S.)	405-273-3000
<i>A Division of COCAA, Inc. - Serving Shawnee</i>	
CITIZEN POTAWATOMI NATION TRANSIT SYSTEM	405-878-4833
<i>Provides rides free of charge with advance notice in Shawnee/Tecumseh area For tribal or non-tribal, Will transport out of town for medical only</i>	
FIRST CAPITAL TROLLEY	1-888-876-5591
<i>Provides service for Lincoln and Payne counties Must have 48 hour notice—Call before Noon</i>	
KI BOIS AREA TRANSIT SYSTEM (K.A.T.S)	
HUGHES COUNTY	
Holdenville Office	405-379-3203
Wetumka Office	405-452-3011
OKFUSKEE COUNTY	
Okemah Office	1-855-263-1992 918-623-1992
LITTLE DIXIE	1-800-348-7433
<i>(will transport COEDD Area to Oklahoma City with 24 Hour Advance Notice)</i>	
OSU STILLWATER TRANSIT	405-744-2832
OSU PARATRANSIT (Transportation for Disabled)	405-744-7116
BUS TO TULSA CAMPUS	405-744-7100
SEMINOLE NATION PUBLIC TRANSIT SYSTEM	405-716-6200
<i>Provides rides free of charge with advance notice in Seminole County For tribal or non-tribal.</i>	
SOONER RIDE	1-877-404-4500
<i>Provides rides to medical appointments for Medicaid patients only</i>	

Vision Resources

- DEAN MCGEE EYE INSTITUTE** **405-271-6060**
 608 Statton L Young Blvd., OKC, OK 73104 **1-800-787-9012**
- EYE CARE AMERICA** **1-877-887-6327**
AMERICAN ACADEMY OF OPHTHALMOLOGY
For citizens or legal residents who are age 65 or over www.aao.org/eyecareamerica
and have no eye doctor
- NEW EYES** **1-973-376-4903**
 549 Millburn Ave., Short Hills, NJ 07078 www.new-eyes.org
Provides vouchers to receive new eyeglasses to low income individuals who qualify
- OKLAHOMA LIBRARY FOR THE BLIND** **1-800-523-0288**
 300 N.E. 18th, OKC, OK 73105 **405-521-3514**
Talking books and other programs for the visually impaired www.olbph.org
- OLDER BLIND PROGRAM** **1-800-487-4042**
 Visual Services Division, Dept. of Rehabilitation Services (V/TTY) - Referral Line **405-522-3333**
Focuses on independent living skills for visually impaired people 55 and over
- PREVENT BLINDNESS AMERICA** **1-800-331-2020**
Information on eye diseases and eye safety www.preventblindness.org
- PREVENT BLINDNESS OKLAHOMA (Now VIZAVANCE)** **405-848-7123**
 50 Penn Place, 1900 NE Expressway, OKC, OK 73118 www.vizavance.org

Volunteer Programs

Volunteers also needed by most listings under “Nutrition Sites”, “Financial & Emergency Assistance”, and “Hospice”.

- NURSING HOME OMBUDSMAN PROGRAM** **1-800-375-8255**
COEDD AAA, 400 N. Bell, Shawnee, OK 74801 **405-273-6410**
(Serves 7 counties; ask about training/placement with **Ext. 127 or 133**
Ombudsman Volunteer Supervisor)
- V.I.P. (Volunteers Impacting People Program)** **405-275-7910**
 401 N. Bell, Shawnee, OK 74801
(Serves Pottawatomie and Seminole Counties)



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Weatherization Program

It's easy to increase your comfort and reduce your heating and cooling bills at **no additional cost** with OG&E's Weatherization Program. You could receive up to \$2,500 in energy efficient services, from duct sealing to adding attic insulation and more.

Home Energy Efficiency Program

You can qualify for an In-Home (or virtual) Energy Assessment – a \$300 value – that includes an analysis of your home's energy efficiency, up to 15 LED bulbs, power strips (as needed) and a custom Home Energy Report with recommended improvements – **all at no additional cost to you.**

Flexible Billing Options

We have new, more **flexible payment arrangements** and a billing option, called Average Monthly Billing, that can level out your electric bills during months of high electricity use. You have the convenience of a **more consistent bill each month.**

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- Medicare Parts A and B
- Medicare Advantage Plans
- Part D Prescription Drug Benefits
- Medicare Supplemental Insurance
- Medicare Fraud Prevention and Detection
- Low Income Assistance for Prescriptions and Medicare Premiums

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Detecting and preventing Medicare waste, fraud and abuse is as easy as 1, 2, 3 and it starts with **YOU!**

1

PROTECT

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2

DETECT

Read your Medicare Summary Notices and Explanations of Benefits

3

REPORT

Report incorrect billing or suspicious activity

To report fraud, contact the Oklahoma Medicare Assistance Program

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OKLAHOMA LIVING CHOICE PROGRAM

What is The Oklahoma Living Choice Program?

This program assists Oklahomans who want to transition out of a nursing home and back into a residence of their own. This program has helped transition more than 800 residents back into their communities and has saved the state nearly \$8.5 million in rebalancing funds.

Services Offered

Depending on an individual's needs, services may include:

- Assistance with finding a new residence.
- Home-delivered meals.
- Transportation.
- Skilled nursing.
- Therapy services.
- Personal care.
- Medication management.
- Transitional funds (one-time allotment of up to \$2,400).

Eligibility

To qualify, individuals must meet the following requirements:

- Be at least 19 years of age.
- Qualify for SoonerCare (Oklahoma's Medicaid program) for at least one day prior to transition.
- Have lived in an institutional setting (nursing home) for at least 60 consecutive days.
- Voluntarily want to transition back into the community.
- Be willing to play an active role in their plan of care.

Refer a Candidate

Anyone can refer a potential candidate for the Oklahoma Living Choice Program. To access the online referral form go to okhca.org/LTSSreferral.



Populations Served

The Living Choice Program currently serves two populations:

- Members ages 65 and older.
- Members ages 19-64 with a physical disability.

For more information about the Oklahoma Living Choice Program, visit okhca.org/livingchoice, call 888-287-2443 or email oklahoma.livingchoice@okhca.org

SoonerCare



ADDRESS
1500 N. Lincoln Blvd
Oklahoma City, OK 73105



WEBSITES
okhca.org
soonercenter.org



PHONE
Member Care: 800-777-7624
Helpline: 601-987-7797



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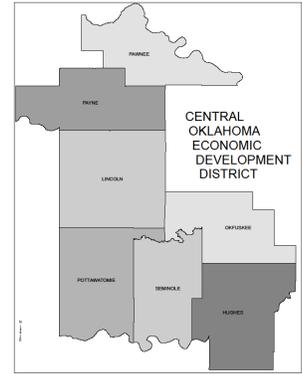
heartlandhospice.org/Shawnee

heartlandhomehealth.org/Shawnee



CENTRAL OKLAHOMA
Economic Development District

400 N. Bell, Shawnee, OK 74801
405-273-6410 1-800-375-8255
David Hinkle, Executive Director
www.coedd.net



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- **Environmental Services**
- **REAP Grant Program**
- **911 System Services**
- **Housing Services**

Counties Served: Hughes, Lincoln, Okfuskee, Pawnee, Payne, Pottawatomie, & Seminole

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- **Oklahoma Insurance Department Medicare Assistance Program (MAP)**
 - **Oklahoma Living Choice Program**
 - **Visiting Angels Living Assistance Services**