Mark Mathews

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Summary A highly experienced and passionate poet and author dedicated to promoting mental health awareness through literature and community engagement. Mark is the published author of the critically acclaimed non-fiction memoir, *?QuestionMark?*, published audiobooks, *Triple Threat Love Letter* and *Christmas in July: The White Lie.* He is a dynamic speaker and performer who uses his personal experiences to foster dialogue on mental health, systemic issues, and human connection.

Experience

Founder & Advocate, KEEP PACE (Promoting All Causes Everywhere) 2014 – Present

- Founded and actively promote a community-based initiative focused on mental health awareness and social justice.
- Foster open conversations about mental health issues across diverse communities and cultures, using personal experiences to help others.
- Organize and coordinate monthly donations and volunteer efforts for various causes, including health & wellness, food security, community support, and social justice.
- Organized a KEEP PACE Community Potluck, developed a KEEP PACE Basketball Guide, and organized a Carnival for Kids in partnership with Autism Speaks and Western Michigan University.
- Promoted a "Coffee, Hip-Hop & Mental Health" event.
- Served as a brand ambassador and Team Captain for Autism Speaks for ten years.

Vendor Representative, Costco Wholesale Kalamazoo, MI February 2025

- Managed a successful vendor roadshow, generating over \$9,000 in sales in three days.
- Praised by management for high engagement, leadership skills, and charisma in promoting products.
- Recognized as a top-performing vendor representative.

Published Works

Non-Fiction Memoir

• ?QuestionMark? (FLUSH Publishing)

Audiobooks

- Triple Threat Love Letter (Spoken Poem Audiobook)
- Christmas in July: The White Lie (Non-Fiction Memoir Audiobook)

Audio Zines & Multimedia Works

- Death Before Achievement (Multimedia Collection)
- The Fake Reality Escape 2 (Multimedia Collection)

Speaking & Event Engagements

• Featured Artist | Gail Sydnor Gallery Exhibit, Black Arts and Cultural Center, Kalamazoo,

- MI | July 2025
- Featured Artist | FRAME BY FRAME: A MONTH OF PHOTOGRAPHY, Black Arts and Cultural Center, Kalamazoo, MI | July 2025
- Kalamazoo Poetry Festival | October Washington Arts and Culture Crawl, Edison Neighborhood, Kalamazoo, MI | October 2025
- Da Book Joint | Chicago, IL | October 2025
- Exclusive Book Vendor | Semicolon Books Indie Bookstore Day Bookish Block Party, Chicago, IL | April 2025
- Artist Spotlight | Black Arts & Cultural Center, Kalamazoo, MI | February 2025
- PRE KWANZAA BAZAAR | Black Arts & Cultural Center, Kalamazoo, MI | December 2024
- Rooted | Juneteenth Celebrating Afro-Caribbean Culture | Kalamazoo, MI | June 2024
- C-U Small Press Fest | Urbana, IL | October 2023
- Printers Row Lit Fest | Chicago, IL | September 2023

Skills

- Creative Writing & Poetry
- Public Speaking & Spoken Word Performance
- Mental Health Advocacy
- Community Outreach
- Sales & Vendor Management
- Literary Events & Vendor Management
- Collaboration & Networking