

The 10 Scout Outdoor Essentials

See your *Boy Scout Handbook*, pages 207-210 and 289 for more details

• Personal First Aid Kit

- ✓ 6 – Adhesive Bandages (Band-Aids)
- ✓ 2 – Gauze Pads (3" x 3" or 4" x 4")
- ✓ Mole Skin (3" x 6")
- ✓ Adhesive Tape
- ✓ Soap and Antiseptic
- ✓ Scissors
- ✓ Latex Gloves
- ✓ Plastic Goggles
- ✓ Pencil and Paper
- ✓ CPR Mouth-Barrier Device for Rescue Breathing

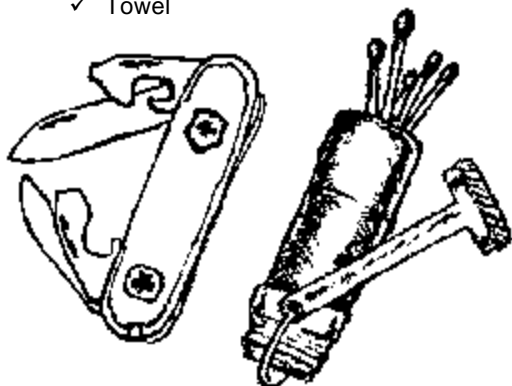
• Insect Repellant (Deet)

#11 added by Troop 139

- Water Bottle
- Sun Protection
Sun block and a hat
- Extra Clothing
- Pocketknife
- Rain Gear
- Flashlight
Including an extra light bulb and extra batteries
- Trail Food
- Matches and fire starters
Get a waterproof match holder
- Map and Compass
Get the flat, rectangular map-type compass

Personal Overnight Camping Gear

- 10 Scout Outdoor Essentials
(including your personal First Aid Kit)
- Backpack
- Rain cover for backpack
- Eating kit
 - ✓ Spoon
 - ✓ Plate
 - ✓ Bowl
 - ✓ Cup
- Cleanup kit
 - ✓ Soap
 - ✓ Toothbrush
 - ✓ Toothpaste
 - ✓ Dental floss
 - ✓ Comb
 - ✓ Washcloth
 - ✓ Towel
- Sleeping bag, or 2-3 blankets
- Sleeping pad
- Plastic ground cloth or tarp
- Clothing for the season
- Personal extras (optional)
- Watch
- Camera and film
- Notebook
- Pencil or pen
- Sunglasses
- Swimsuit
- Gloves
- Hat
- Pillow
- Camp stool or chair



Reminder

YOU MAY NOT carry or use a knife, axe, saw or matches until you earn Totin' Chip and Firem'n Chit privileges. Classes are held periodically. Ask your Scoutmaster about Totin' Chip and Firem'n Chit training.