|  |  |
| --- | --- |
| Full Name: | Preferred method of contact**\*** ***phone / mobile / email*** |
| Mobile: | Home Address: |
| Email: |
| T-Shirt Size: |

\***please circle or delete, as appropriate**

|  |
| --- |
| What role are you applying for?  MenWalkTalk Campaigner [ ] MenWalkTalk Group Leader [ ] |
| Why would you like to volunteer for MenWalkTalk? |
| What is your experience of working with mental health/lived experience that you could bring to this role? |

Have you volunteered before? **Yes/No\***

If yes, in what capacity?

Do you have any experience of facilitating and motivating people? **Yes/No\***

Do you use social media? **Yes/No\***

If yes, what platforms do you use? Please list below

- -

- -

If you are applying to be a MenWalkTalk Group Leader, what time commitment are you able to offer?

One walk monthly One walk fortnightly One walk weekly. other, please specify ……..

Have you any idea of what day/time you would be prepared to start a group (eg. days/evenings etc) and location?

Time Commitment: …………………………………………………………… Location: ………………………….…………………

**Health and Safety**

Do you have a disability or a health issue which you would like us to take into account?

(If yes, please give details below) **Yes / No\***

**\*This will be treated confidentially and will be stored securely.**

**References - Please provide the following details of 2 references.**

|  |  |
| --- | --- |
| **Referee 1** | **Referee 2** |
| Name: | Name: |
| Job title: | Job title: |
| Mobile Tel: | Mobile Tel: |
| Email: | Email: |
| Relationship to you: | Relationship to you: |

**AGREEMENT**

I confirm that:

* the information I have given above is correct.
* I agree to follow the steps of the process and to adhere to the Mission, Vision and Values of MenWalkTalk [see next page].
* I am able to commit my time to this project for at least 6 months.

I understand that completing the application form does not guarantee a role with MenWalkTalk, and that my participation is also subject to referencing.

**Signed:**   **Date:**

***Thank you for filling out this application.***

***Please return:***

by email to:

Matt Pollard, Director/Founder, [Hello@menwalktalk.co.uk](mailto:Hello@menwalktalk.co.uk)

or by post to:

MenWalkTalk c/o Matt Pollard, Wickbourne Centre, Clun Road, Littlehampton, West Sussex, BN17 7DZ

**MenWalkTalk Mission, Vision & Values**

Mission: To provide support to any adult male, whether they may have experienced, or are experiencing, a mental health issue or not. To listen to them, support them, walk with them and signpost them to specialist support where appropriate. We want to raise the awareness of mental health issues that men currently face, promoting a better understanding of this area.

Vision: “For men to feel able to speak out, feel heard, understood and supported. To promote a positive change in people’s lives through mutual support and advice”

Values: Welcoming; We understand it can be difficult, we are here for you. Approachable; We are available without judgement. Partnership; We understand there is strength in numbers and will support you to further support. Positive; We will try to find the positive in every situation.