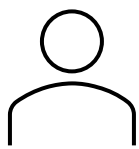
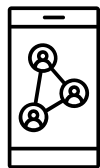


Coming Out to Friends

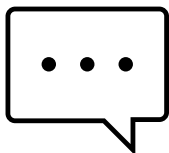
Suggested ways to Come Out



In person



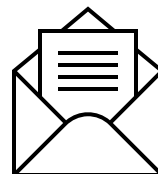
Social Media



DM or Text



Bake a Cake



Email



Play Music

Consider these Questions!

How do I know I'm ready to come out?

Best Case Scenario

Worst Case Scenario

How do I want to Come Out?

Who Do I want to Come Out to?

How will I Respond to My Friends?

Who Can I rely on if I need support?

What Am I Comfortable Telling My Friends?

What do I Need from My Friends?

3 Things I am Grateful for

1. _____

2. _____

3. _____