

Ripples to Re-membering Wellness Menu

***Call for a 15 minute complementary discovery experience with
Carrie Lee Klaiber, Holistic Nurse ***

207-977-3034

(342 Sanford Road Alfred, Maine)

Choices:

Colon hydrotherapy

initial visit \$175.00 total

includes:

Intake session (45-60 minutes) (before initial cleanse- this
can be done on line or on site) \$100.00

+

the Initial cleanse session(45-60 minutes) on site
\$75.00

TOTAL : 175.00

****Follow up/Subsequent sessions** (45-60 minutes)**

****\$90** (follow up consultation during session included)**

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### Bodywork (on site)

- - 60 minutes Craniosacral Therapy \$80
- - 90 minutes Craniosacral Therapy \$110
- - 90 minutes Somato-emotional Release \$110
- \*\*\* *DISTANCE ENERGY work negotiated separately*

### FOOT SOAKS

- - 30 minute experience \$20.00
  - 40 minute experience \$30.00 (includes muscle testing  
technique review) \*\*\* ~ ask about options for groups\*
- Pricing individualized\*

~~~~~Plant your new health paradigm garden -3 month  
program- YOU are the garden

Health and Wellness Consultation with weekly accountability
follow up calls. (Ask for details- see tab/flier)

3 months starts at \$444.

Wellness Consultation/ Concierge Connecting Intake session:

Includes: On line or onsite intake for 90 minutes - **\$110.00**
(you will be asked to complete an intake form in advance)

Follow up sessions:

-Accountability support and continuation of focused progress
planning

60 minutes **\$80**

90 minutes **\$110**

Session Includes : Review of symptoms you are experiencing
and then the Co creation of a focused plan that aligns with
your lifestyle and schedule.

Focused goal plan is co -created together :to match your
lifestyle and schedule:

*Example: reviewing the organs of elimination and ways to
support them and reason why issues/symptoms arise and
possible remedy considerations
(minerals, vitamins, foods, habit changes, healing approach
options)*