



Bring a mat, blanket, pillow or whatever you need to relax comfortably on the floor.



Chairs are provided if you prefer.

LET LOVE FILL YOUR HEART WITH A HEALING SONG!







Relax and breathe in a new rhythm as Joious plays Tibetan & Crystal Singing Bowls,

bells, drums, and rattles, enhanced with Toning and Light Language.

Connect with a deeper part of your Beingness, releasing old patterns and opening to

