

**Plant YOUR new Health Paradigm Garden
(A 3, 5 or 7 month “Life shop”)**



*Re-mem-bering our innate capacity to heal =
self responsibility, self care and empowerment*

*Re-mem-bering who you truly are creates
YOUR new Health Paradigm*

Value:

\$444, \$ 666, \$ 888

Exchange options

**(share in full, in advance,
in weekly or monthly payments,
or upon completion of the lifeshop)**

- *Testimonials /references/ connection to ask questions of those that have Planted their new health garden available upon request*

* * Exchanging of value brings forward the opportunity to explore the relationships we have with money, with value and with exchanging.

Exchange offers the opportunity to explore relationships to giving and to receiving .

Re -membering YOU are worth it

This offer:

A 3 month (minimum) deep and sustainable commitment to YOU

Why 3 months? :

Dreaming into being, plotting and planning, weeding, fertilizing, watering , planting seeds, nurturing seedlings, watering and fertilizing again and again and ultimately reaping what YOU sow takes time.

What is required?

- Patience, a willingness to re-member what may have been forgotten
- A resounding, reverberating and consistent commitment to YOU.

FIRST STEP:

Schedule your **90 -minute**” Garden” plot planning session (this can be on site or virtually on ” whereby”)

The Garden Plot and Planning session includes

- an individualized muscle testing /intuition honing experience
(to support the remembering and to assures you are listening to
YOUR guidance)

You will Identify:

With who and with which tools you wish to prepare/ plot/ plan
,fertilize, water and plant your garden with - This session begins to
create your new health “gardening” team and tool belt.

We will together explore ways to assure that your garden
(YOU) becomes and remains authentically YOURS

HOW?

-by Identifying YOUR new health paradigm team
(create YOUR community)

Remembering that
“Community is our Immunity”

By Asking questions:

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- Question asking assists in identifying the team and
the tools that are aligned with YOUR “garden” plot and
plan

How to begin:

During the **90 -minute** plot planning session

Your gardening intentions, plot and plans will be created.

After the initial 90- minute connection time

YOU Get get to CHOOSE:

-Schedule your check in/ **accountability sessions** (visits/calls/or
whereby)

(These check in sessions offer the opportunity for YOU to be
witnessed and heard as you make choices and decisions throughout
and

-These sessions offer accountability to YOU by YOU

You may Choose to have your accountability sessions:

WEEKLY (30 minute sessions)

EVERY OTHER WEEK (1 hour sessions) or

MONTHLY(90 minute sessions)

My offer to YOUR garden planning plotting and planting:

55 + years of experiencing this life in this body

Inclusive of Mothering and honoring of all of the

Children, animal ,plants, and the relationships with the elements and
our ancestors

40 + years of Nursing training and “practicing” of nursing
experiences. (see the Guides,clarity and disclosure page)

22 + years of Holistic Health, Wellness and Ancient healing studies
and inquiry

Through living life and by planting my own new health paradigm
garden new awareness and some blind spots have been revealed.

“Birth and death,,and the in between,
the before and the after ,
are all equally honorable transitions.

No longer are they moments or events
Believed to always *require* medical intervention.”
My offerings continued:

-The many life and professional and educational experiences I
have had ,and you have had, will be drawn from as we plot and plan
and plant and sow YOUR garden.

I remain and am committed to living in a forever and always
re-consideration and re-framing phase.

Get in touch to START !!!!! 207-459-5113

Interviews/podcast:

1. What does it mean to feel safe with Lois Hermann

<https://www.loishermann.com/2021/01/17/inspiring-hope-show-with-carrie-klaiber-what-does-it-mean-to-feel-safe/>

2. Remembering who you are through the elements with Gail Kraft

<https://m.youtube.com/watch?v=rc3SrXuxHAc>

**These messages Shared with care,
By :Carrie Lee**