



Health

Nurturing You & Your Garden

3 Months - starting @ \$444 |

6 Months - starting @ \$777 beyond 6

months - customized pricing available

Includes: Weekly Accountability Calls

*WEEKLY (30 minute sessions) EVERY OTHER
WEEK (1 hour sessions) or MONTHLY(90
minute sessions)*

**Tools & Resources include recommendations
of books, videos, articles, experiences or other
providers**

*Re-memembering our innate capacity to heal = self responsibility, self
care and empowerment*