

REIKI

Circle/Share

Date: Wednesday, October 15th

Tuesday, October 28th

Tuesday, November 4th

Time: 6-7:30 pm

Location: Ripples to Remembering
342 Sanford Road Alfred, ME

Join us for a relaxing and healing Reiki share where practitioners and newcomers can give and receive Reiki, no experience needed.

Reiki is an ancient healing method of transferring energy to the recipient through the practitioner's hands to help clear energy, promote relaxation, and reduce stress.



Cost: Suggested \$5. Donation

**Contact to register: Call Carrie Lee 207- 977-3034
or Jackie at 207-590-7516**