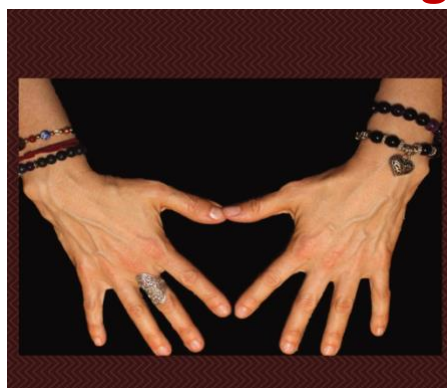


**An invitation to meet and to nourish your
Soul's Heart Song**



Exchange \$77.00 (for a 4-hour experience)

Through connection with:

Community, Sound, Silence, and Touch
our Heart's and Soul's songs are invited
to emerge.

(no experience with music or singing required)

Join us.

Dates: **The last Friday of each month**

Time: 2-6

Location: 342 Sanford Road Alfred, Maine

Ripples to Re-membering Wellness

<https://ripplestorememberingwellness.com>

Contact: Carrie Lee @ 207-459-5133

or 207-977-3034

Listen on sound Cloud:

<https://soundcloud.com/carrie-lee-172715489/let-us-depart>