

Wellness Days

Come enjoy this wonderful group of wellness practitioners offering mini wellness sessions & a variety of products & experiences for purchase

Saturday October 18th ~ 10-2
**Ripples to Re-Membering
Wellness Center**

**342 Sanford Road Alfred
Maine
207-977-3034**



Grace Gooby~ Blissful Journey Wellness

Offering free breath analysis and mini consults.
Available for breathwork retreat coordination and 1:1 sessions
blissfuljourneywellness.com



Carrie Lee Klaiber, Holistic Nurse and Wellness Center Founder~

Colonhydrotherapy, Craniosacral and Somatic emotional therapy, Shamanic lifeshops, foot soaks and Wellness Center space to share.
ripplestorerememberingwellness.com



Lori Michaud~Bravenly Global Partner-

Offering samplings of products that support muscle recovery, repair bones, joints, ligaments, and tendons, support Fat loss and appetite control
hair, skin, and nail care, daily vitamins, gut health and bloating
natural energy, boost athletic performance, boost immune system and helps with wound healing
facebook.com/lori.hussey.5/

**Wellness Days
are held the 3rd
Saturday of
EVERY MONTH.**

*Let's make a ripple
together*

**CALL CARRIE LEE
@207-977-3034**

**IF YOU WOULD LIKE
TO HAVE A VENDOR
TABLE SPACE on this
day**

**\$10.00
(nonrefundable)
payment
to hold a space**

**+\$20.00 paid on the
day of the event**

**(3 tables available
for rent for an
additional \$10.00)**

