



Potluck and Sound Bath

With Rachel Rivera M.F.A., B.M., Reiki Master
at Ripples to Re-membering in

Alfred, Maine

June 12th

5:00 pm to 7:15 pm

Cost
\$35

per person

Join us for a meditative gathering beginning with an optional potluck (bring something to share if you'd like) and tea (provided by Ripples to Re-member) from 5pm to 6pm and ending with a sound bath by Rachel Rivera from 6pm to 7:15pm

Bring your own mat, pillows, etc for comfort! RVSP through email/text or website! You will be given more information once RVSPed.

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