

Ripples to Re-membering Wellness Menu

***Call for a 15 minute complementary discovery call with
Carrie Lee Klaiber, Holistic Nurse ***

before you make your choices

Schedule a Monday call:

207-977-3034

Choices:

Colon hydrotherapy

initial visit \$175.00 total

includes:

Intake session (45-60 minutes) (before initial cleanse- this
can be done on line or on site) \$100.00

+

the Initial cleanse session(45-60 minutes) on site
\$75.00

TOTAL : 175.00

****Follow up/Subsequent sessions** (45-60 minutes)**

****\$90.00- \$100.00****

(follow up consultation offered during session included)

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Bodywork/Energy (on site)

- - 60-90 minutes \$100.00-\$140.00
- Craniosacral Therapy/
- Somatoemotional Release
- *** *DISTANCE ENERGY* work negotiated separately

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Tea and Toes FOOT SOAK

For a 30-minute experience \$20.00

**Wellness Consultation/ Concierge Connecting
Intake session: (Holistic Nursing Consultation)**

Includes: On line or onsite intake for 90 minutes - \$110.00
(you will be asked to complete an intake form in advance)

Follow up sessions:

-Accountability support and continuation of focused progress
planning

60-90 minutes \$100-140.00

*Session Includes : Review of symptoms you are experiencing
and then the Co creation of a focused plan that aligns with
your lifestyle and schedule.*

*Focused goal plan is co -created together :to match your
lifestyle and schedule:*

*Example: reviewing the organs of elimination and ways to
support them and reason why issues/symptoms arise and
possible remedy considerations
(minerals, vitamins, foods, habit changes, healing approach
options)*

**~~~~~Plant your new health paradigm garden -
3 month program- and YOU are the garden**

Health and Wellness Nursing Consultation with regularly
scheduled accountability follow up calls.

(Ask for details- see tab/flier)

3 month individualized plan start at \$444.

(**ask for Details)