**Morning Set Ups 9:35AM to Noon**

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| --- | --- | --- | --- | --- | --- | --- | --- |
| **Stock**  **05/31/**24 | **Long**  **Short** | **#**  **Shares**  **Options** | **Option strike**  **Next week 40/50 delta**  **Stop 50% opt** | **Insert**  **Target** | **SOLD**  **COVERED** | **Profit**  **Loss** | **Profit**  **Loss** |
| CAT | **340.55** | **400** |  |  |  |  |  |
|  |  | **8** |  |  |  |  |  |
| **ROKU** | **57.45** | **400** |  |  |  |  |  |
|  |  | **8** |  |  |  |  |  |
| **MCD** | **251.66** | **400** |  |  |  |  |  |
|  |  | **8** |  |  |  |  |  |
| **META** | **467.10** | **400** |  |  |  |  |  |
|  |  | **8** |  |  |  |  |  |
| **MSFT** | **414.70** | **400** |  |  |  |  |  |
|  |  | **8** |  |  |  |  |  |
| **NVDA** | **1105.10** | **50** |  |  |  |  |  |
|  |  | **8** |  |  |  |  |  |
| **CRM** | **217.95** | **400** |  |  |  |  |  |
|  |  | **8** |  |  |  |  |  |

**Winning Trades: $ Losing Trades: $All trades use 400 shares or 4 options. If I DO NOT call out the trigger, it is NOT a trade.**

**Today’s Signals 1 Profits$230.00 Losses $000.00 Net$230.00**

**Month to date 18 Profits$6360.00 Losses $000.00 NET$6360.00**

**If I don’t call out the trade, then I am not taking it.**

**I post in the chat room my entry and exit.**

**Profit/loss explanation:**

**1st Column is Name of Stock**

**2nd Column is Price Trigger. If a long, it must come up to trigger, if above must drop .10 below trigger, reverse and come to entry.**

**If short, it must come down to trigger, if below must go above by .10 above trigger, reverse and come to entry. If the stock goes .20 above the short price, exit the trade.**

**3rd Column is number of shares or options that I buy per trade. I will announce which strike to purchase prior to trigger.**

**4th Column is Option strike with Delta.**

**5th Column is the Target. ½ of 1% of stock price. . Example AAPL @ 196.00 x ½ of 1 % = .98 This is to be filled in after taking the trade.**

**6th Column is the stop. Stop is 1.00 below the low for a long or .25 above the short price trigger. Stop for options is 50% of option entry. This is to be filled in after purchase.**

**7th Column is the profit or loss.**

**8th Column is the dollar and cents profit or loss.**

**MORNING SET UPS:**

        **I take each stock on my morning set up and create an order entry ticket on my trading platform using a stop limit with my trigger price.**

        **I use the high short/low long of the stock as of 10:00am E.S.T. to create my stop.**

        **If I am long, the stop is set at $1.00 below the low at at 10AM**

        **If I am short, the stop is $1.00 above the high @ 10AM**

**HOW TO ENTER A TRADE LONG:**

1. If a stock is trading below the buy trigger

* Go long .01 over the buy trigger

HOW TO ENTER A TRADE SHORT:

If a stock is trading above the sell trigger

* Go short .01 below the sell trigger

ALT triggers can be a long or a short depending on the chart and market conditions at that time of entry

A buy trigger is always a LONG. A sell trigger is always a SHORT

THESE ARE MY (Thomas Carson) TRADING RULES ONCE A STOCK SIGNAL TRIGGERS:

**MORNING SET UPS AND STOCK SIGNAL TRIGGERS:**

1. If I take the trade, stock or option I call out in the room and post the price I paid for the trade in the chat room. As the stock moves up, I post my stop. When I sell the stock/option I post it in the chat room. When I take the trade, I purchase 400 shares of stock or 10 options unless I say/post different.
2. My stop for stock is $1.00 below the low of day at 10AM. My stop on options is 50% of the price I paid unless I post it differently in the chat room.
3. I do not lose more than 1% of my account so I am sure the amount of stock/options I purchase if I get stopped out I will lose no more than 1% of my account.
4. **MORNING SET UPS ONLY:**

**I follow the above trading rules.**

**WE REALIZE THAT NOT EVERY TRADER HAS A LARGE ENOUGH TRADING ACCOUNT TO TRADE EACH SIGNAL EACH DAY. THERE IS NO WAY OF TRADING EVERY SIGNAL TRIGGERED.**

**INSTEAD OF TRADING 400 SHARES OF STOCK YOU CAN TRADE 4 OPTIONS (400 SHARES) IN PLACE OF STOCK.**

**THESE RETURNS ARE HYPOTHETICAL ONLY BUT BASED ON SIGNALS TRIGGERED**

**If you use my preferred trading platform, the triggers are placed on TOS each morning.**

**FULL DISCLOSURE: Nora and I trade with our own funds. We trade off the daily chart software and Nora's private chart system that she posts in the room at the time of her trade. We DO NOT take every trade signal. At the request of traders, I do call out signals beginning at 9:35AM, it is up to each trader which if any stocks/options they wish to trade. Aggressive traders begin trading at 9:30AM, moderate traders at 10AM.**

**The charts provided above are for informational purposes only, does not constitute advice or guidance, and is not an endorsement or recommendation for any particular security or trading strategy. This is not an investment advisory service, nor a registered investment advisor or broker-dealer and does not purport to tell or suggest which securities or currencies customers should buy or sell for themselves. The stocks/options are traded by Thomas H. Carson after 10AM each day and Nora Thomas for their individual accounts. We call out the signal trades when they occur between 9:35AM to noon and 2:00PM to 4PM for overnights or swing trades. Trades between 9:35AM to 10AM are for aggressive traders only and for moderate traders after 10AM. Trades should be paper traded until each trader can verify for themselves any profits or losses based on our trades we call out. It should not be assumed that this method or techniques will be profitable or that they will not result in losses, nor should it be assumed that future trades will be profitable or will equal past performance. Each day after NOON all trades both winners and losers will be posted and emailed each day as a P&L for the day.**

**It is up to each trader if they trade the signal to exit based on their own targets.**

**The signals/triggers posted in our charts are made available from a combination of paid software and charts that over time that have been tweaked to give us a 97.4% winning trade average if our rules are followed. Our swing trades are from our own private charts and posted which stocks we are buying or shorting for our own use at the time of posting. Members with <$25K accounts, after a fourth DAY TRADE (not overnights) in five running days will have their accounts locked (as in frozen) for 90 Days by SEC PDT rules, make sure you do not do more than 3-day trades in any 5 running day period**”

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