



Some activities can you do with your child at home

Co-active and modelling play

Jobs around the house such as:

- Putting clothes in washing machine and dryer
- Putting plastic dishes into cupboard
- Making the bed
- Helping to tidy up
- Making simple foods together like smoothies, popcorn, sandwich, pancakes, cookies or fruit skewers

Imaginative play

- Dolls and doll house
- Home corner
- Puppet scenes
- Tea party
- Office scene
- Dress ups
- Play with cars, trains and trucks

Arts and craft

- Drawing
- Painting
- Stickers
- Stamps
- Textas
- Crayons
- Cutting



Sensory play

- Playdough
- Shaving cream
- Goop/slime
- Kinetic sand
- Leaves and flowers
- Rice/ beans/lentils

Cognitive play

- Puzzles
- Card matching and memory games
- Play with blocks and Lego
- Cause and effect toys
- Eye tracker toys

Outdoor play

- Trampoline
- Balls
- Balloons
- Swings
- Slide
- Bubbles
- Music and dancing
- Climbing
- Reading books
- Going for a nature walk and observing flowers, plants, what's on the ground and what's in the air
- Build with blocks
- Ride, bike or scooter
- Running races